



**INTERNAL MEDICINE FOR PRIMARY CARE:
ALLERGY AND IMMUNOLOGY/EMERGENCY
MEDICINE/GASTROENTEROLOGY/PSYCHIATRY**

**Hilton Head, SC - The Westin Hilton Head Island Resort &
Spa
6/30/2022 - 7/3/2022**



Thursday, June 30, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - **Psychiatry**

The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

8:30 am - 9:30 am - **Psychiatry**

Bipolar Spectrum Disorders

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Psychiatry**

Substance Abuse

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

10:40 am - 11:40 am - **Emergency Med**

Office-Based Emergencies/Approach to the Patient in an Emergency

With the push to expand the scope of practice and reduce the emergency department visits, patients present to clinic with emergency conditions. This lecture will present the necessary education, personnel, equipment and process to safely care for these patients in the clinic. Criteria for transfer to an emergency department will also be discussed.

11:40 am - 12:40 pm - **Emergency Med**

Common Office-Based Emergencies

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

12:40 pm

Session Adjourns



Friday, July 1, 2022

7:00 am

Registration and Hot Breakfast

**7:30 am - 8:30 am - Emergency Med
Uncommon Office-Based Emergencies**

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

**8:30 am - 9:30 am - Emergency Med
Office-Based Emergency Procedures**

Patients present to the clinic who need basic procedures. Procedures discussed include advanced monitoring procedural sedation, intraosseous access, epistaxis, peritonsillar abscess, incision and drainage of abscesses, posterior molds and treating agitation.

9:30 am - 9:40 am

Coffee Break

**9:40 am - 10:40 am - Psychiatry
Depressive Disorders**

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

**10:40 am - 11:40 am - Allergy & Immuno
Primary Care Management of Asthma**

This presentation will review the diagnostic features of asthma; discuss the management of comorbid complicating conditions; review guideline-driven therapy including the utility of biologics for the management of patients with severe asthma

**11:40 am - 12:40 pm - Allergy & Immuno
Drug Allergies for Primary Care**

Allergic reactions account for up to 10% of all adverse drug reactions; Discussion will include an office-based approach to rashes, hives, difficulty breathing and other immune responses to medication

12:40 pm

Session Adjourns



Saturday, July 2, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Allergy & Immuno

Food Allergies and Hymenoptera Allergies

Primary care focused discussion of food and venom allergies including gaining a working knowledge of how to efficiently and cost effectively manage patients with hymenoptera hypersensitivity

8:30 am - 9:30 am - Allergy & Immuno

Allergic Rhinitis, Sinusitis, and Nasal Polyps

This presentation will discuss the pathogenesis of non-allergic and allergic rhinitis; review the causes and differential diagnoses of rhinitis; and discuss the treatment of non-allergic and allergic rhinitis including sinusitis and nasal polyps

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Management of Lower GI Bleeding- From Occult to Massive

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approached to the spectrum of patients presenting with hematochezia

10:40 am - 11:40 am - Gastroenterology

Irritable Bowel Syndrome

This topic will discuss the pathophysiology, clinical manifestations, diagnosis, and management of IBS.

11:40 am

Session Adjourns



Sunday, July 3, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Gastroenterology

Celiac Disease and Chronic Diarrhea

Millions of Americans are now on a gluten free diet. Only some of them have sprue.

8:30 am - 9:30 am - Gastroenterology

Approach to Abnormal Liver Function Tests and Non-Alcoholic Fatty Liver Disease (NAFLD)

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Outcome

To provide updates in primary care medicine to office based providers

Learning Objectives

Upon completion of this program, participants should be better able to:

- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Describe strategies for identifying and treating substance use disorders
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression
- Discuss practical steps to prepare the primary care office for emergency situations
- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department
- Describe the in office management of anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns
- Employ appropriate procedures for a variety of office-based emergencies
- Discuss advantages and disadvantages of available asthma therapies
- Identify common adverse drug reactions to specific high incidence medications
- Outline the management of anaphylactic reactions and indications for immunotherapy
- Describe how to efficiently and cost effectively manage patients with asthma, rhinitis, and nasal polyps
- List current treatment recommendations for the management of lower GI bleeding
- Evaluate the efficacy of treatment options for IBS
- Recommend appropriate testing for the workup of celiac disease
- Identify risk factors for the development of non-alcoholic fatty liver disease



Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 AP™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Allergy and Immuno/Emergency/Gastro/Psych*, with a beginning date of 6/30/2022 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-H01-P

JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.