



**INTERNAL MEDICINE FOR PRIMARY CARE:
EMERGENCY
MEDICINE/GASTROENTEROLOGY/MEN'S
UROLOGY/ORTHOPEDICS**

**Hilton Head, SC - The Westin Hilton Head Island Resort &
Spa
8/11/2022 - 8/14/2022**



Thursday, August 11, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Emergency Med

Psychiatric Emergencies in Primary Care

Most patients with a mental illness come to the office for evaluation and treatment of their complaint. This presentation will review those common psychiatric conditions including depression, anxiety, and substance use disorder. Suicide risk assessment is essential to this evaluation process.

8:30 am - 9:30 am - Emergency Med

Common Office-Based Emergencies

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Emergency Med

I Have A Boil on My Back – Infectious Disorders

Patients present to the clinic setting with various infections. Some can be handled in the office and some need to go to the ER. This presentation will include soft tissue, male genital, urinary and foodborne infections.

10:40 am - 11:40 am - Gastroenterology

Approach to Abnormal Liver Function Tests and Non-Alcoholic Fatty Liver Disease (NAFLD)

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

11:40 am - 12:40 pm - Gastroenterology

Assessing Abdominal Pain

The evaluation of abdominal pain requires an understanding of the possible mechanisms responsible for pain, a broad differential of common causes, and recognition of typical patterns and clinical presentations. Reviews the etiologies of abdominal pain in adults.

12:40 pm

Session Adjourns

Friday, August 12, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Gastroenterology

Inflammatory Bowel Disease

Importance of early and positive diagnosis based upon a careful history and the exclusion of other health problems; treatment focused on presenting symptoms recognizing that symptoms and functionality can be improved with a consistent approach

8:30 am - 9:30 am - Gastroenterology

Hepatitis B and C Management

HBV screening: whom to screen, whom to vaccinate; management of patients with decompensated hepatitis B related liver disease; treatment in special populations

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Emergency Med

Uncommon Office-Based Emergencies

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

10:40 am - 11:40 am - Men's Urology

Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

11:40 am - 12:40 pm - Men's Urology

Androgen Replacement and Sexual Function

Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

12:40 pm

Session Adjourns



Saturday, August 13, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Men's Urology

Male Malignancies (Prostate & Testicular)

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

8:30 am - 9:30 am - Men's Urology

Men's Urology Cases

Challenging case presentations in men's urology

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Orthopedics

Physical Exam of the Upper Extremity and Spine and Workshop

Small-group workshops. Please wear tank tops so shoulders are exposed.

10:40 am - 11:40 am - Orthopedics

Hip and Thigh

Emphasizing the tools, physical diagnostic techniques and basic investigations available to the primary care practitioner, a practical approach to the undifferentiated hip problem will be reviewed. Diagnostic triage, historical clues and physical examination pearls pertaining to hip conditions will be covered, and evidence-based management

11:40 am

Session Adjourns



Sunday, August 14, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Orthopedics

Ankle and Foot

This presentation will address a series of common acute and chronic injuries and pain syndromes to the foot and ankle as they would present in the primary care setting. The focus will be on developing a working differential diagnosis based on the historical mechanism of injury and exam findings.

8:30 am - 9:30 am - Orthopedics

Knee Injuries

A case presentation approach to the most common knee injuries physician will see in clinical practice; mechanism of injury, historical features, anatomy of injury, clinical findings evident in the exam; management of problems focused mostly on evidence based conservative interventions but also surgical options available; the top three: ACL, patellofemoral, meniscal

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Outcome

To provide updates in primary care medicine to office based providers

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discuss the importance of suicide risk assessment in patients presenting with psychiatric emergencies
- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department
- When appropriate, diagnose, treat, and/or refer patients with conjunctivitis, nose bleeding, airway infections and jaw problems
- Describe the in office management of anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns
- Identify risk factors for the development of non-alcoholic fatty liver disease
- Discuss the assessment of abdominal pain
- Explain the diagnosis and treatment of IBD
- List current treatment recommendations for HBV and HCV
- Differentiate between benign prostate conditions and prostate cancers
- Discuss medical management of male sexual health
- Discuss the biology and screening, and treatment options of prostate and testicular cancer
- Utilize case-based learning to develop treatment plans for men's urological conditions
- Perform a physical exam of the pediatric spine and upper extremities
- Diagnose and treat orthopedic problems in the hip, thigh, knee and shoulder
- Recognize chronic injuries and pain syndromes to the foot and ankle
- Utilize observation, palpation, range of motion and neurologic exams to diagnose knee injuries



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 AP™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Emergency/Gastro/Men's Uro/Ortho*, with a beginning date of 8/11/2022 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

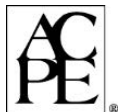
American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.