



A NON-PROFIT ORGANIZATION

PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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INTERNAL MEDICINE FOR PRIMARY CARE: ADDICTION MEDICINE/DERMATOLOGY/GYNECOLOGY/ PULMONOLOGY

**Walt Disney World Resort, Florida – Disney's Yacht & Beach Club Resorts
December 26 – 30, 2021**

Sunday, December 26th:

2:30 pm – 3:00 pm

Registration

3:00 pm – 4:00 pm – Dermatology

Dermatitis

Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

4:00 pm – 5:00 pm - Dermatology

Bacterial Infections

Impetigo, ecthyma, folliculitis, furunculosis, necrotizing fasciitis, Lyme disease, syphilis; diagnosis and management

5:00 pm – 6:00 pm – Dermatology

Viral Infections

Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

6:00 pm

Session Adjourns

Monday, December 27th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Addiction Medicine

Addiction 101

An introduction to the disease model of addiction with its underlying neurobiology; A primary care approach to screening for unhealthy substance use; Review of the DSM-5 diagnostic criteria; A brief survey of process addictions

8:30 am – 9:30 am – Addiction Medicine

Certain Substances

Survey of the various classes of addictive substances

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Addiction Medicine

Treatment and Monitoring

The ASAM criteria as a tool to determine the intensity of care; Non-pharmacologic addiction treatments; The role of peer support; Urine drug testing in the addicted population

10:40 am – 11:40 am – Dermatology

Benign Skin Tumors.

Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors

11:40 am – 12:40 pm – Dermatology

Premalignant and Malignant Skin Tumors

Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors

12:40 pm

Session Adjourns

Tuesday, December 28th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Gynecology

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

8:30 am – 9:30 am – Gynecology

Menopausal Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Gynecology

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

10:40 am – 11:40 am - Addiction Medicine

Pharmacotherapy

An in-depth discussion of the medications used to treat substance use disorders

11:40 am – 12:40 pm – Addiction Medicine

Pain and Addiction

The interface between addiction and pain with a focus on treating the patient with opioid use disorder who suffers from either acute or chronic pain

12:40 pm

Session Adjourns

Wednesday, December 29th:

7:00 am – 7:30 am

Hot Breakfast

7:30 am – 8:30 am – Pulmonology

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

8:30 am – 9:30 am – Pulmonology

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

9:30 am – 9:40 am

Coffee Break

9:40 am – 10:40 am – Pulmonology

Everything You Need to Know About COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

10:40 am – 11:40 am – Gynecology

A Primary Care Review of Contraception: Options, Counseling and Controversies

Effectiveness, side effects and non-contraceptive benefits of available contraceptive options; Options for delivering contraceptive counseling that is patient-centric, including communicating without coercion; Management strategies for common medically complex contraceptive decisions (history of VTE, breast cancer, hypertension)



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11:40 am – 12:40 pm – Gynecology

Breast Cancer Screening and USPSTF Guideline Update

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

12:40 pm

Session Adjourns



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Thursday, December 30th:

7:00 am – 7:30 am

Continental Breakfast

7:30 am – 8:30 am – Pulmonology

Deep Venous Thrombosis and Pulmonary Embolism

Clinical presentation: The great masquerader; diagnostic controversies; acute treatment; chronic therapy and complications; ACCP Guidelines.

8:30 am – 9:30 am – Pulmonology

A Primary Care Approach to Lung Cancer Screening and Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discriminate the diagnostic principles and treatment options for dermatitis, as well as viral, and bacterial infections
- Differentiate benign and malignant skin tumors and employ appropriate interoffice procedures
- Describe the management and treatment of abnormal pap smears, uterine bleeding, and HPV
- Discuss the current evidence and recommendations regarding breast cancer screening
- Explain the process of menopausal transition (climacteric) and describe the potential risks/benefits of HRT option, especially in relation to breast cancer and cardiovascular disease
- Describe strategies for identifying and treating substance use disorders
- Discuss options for patients with chronic pain addictions
- Design treatment strategies reflective of current evidence based medicine for asthma, COPD and common respiratory infections
- Discuss systemic consequences and counseling strategies, as well as available treatment options for sleep apnea, deep vein thrombosis and pulmonary embolism
- Perform a range of pulmonary diagnostics and be better prepared to handle pulmonary nodules and lung cancer

Learning Outcome

To provide updates in primary care medicine to office based providers



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care*, with a beginning date of December 26, 2021 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

This activity is approved for 20 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-195-L01-P

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Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.