



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**MEN'S AND WOMEN'S HEALTH FOR PRIMARY
CARE: GYNECOLOGY/MEN'S
UROLOGY/OBSTETRICS/PSYCHIATRY**

**Disneyland® Resort, CA - Disney's Grand Californian Hotel® & Spa
June 2 - 5, 2022**



Thursday, June 2, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - **Men's Urology**

Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

8:30 am - 9:30 am - **Men's Urology**

Male Malignancies (Prostate & Testicular)

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Men's Urology**

Prostate Cancer Screening and Treatment

Review and clarification of the often confusing and political literature regarding prostate cancer screening, risks, and benefits of screening for prostate cancer and strategies for decreasing the risk of over treatment

10:40 am - 11:40 am - **Psychiatry**

Suicide and Violence

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

11:40 am - 12:40 pm - **Psychiatry**

Substance Abuse

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

12:40 pm

Session Adjourns



Friday, June 3, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Psychiatry

Anxiety Disorders

Symptoms and diagnoses; treatment options

8:30 am - 9:30 am - Psychiatry

Depressive Disorders

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Men's Urology

Sexually Transmitted Infections in Men

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

10:40 am - 11:40 am - Obstetrics

Pre-Conception Optimization of Women with Medical Disorders

An overview of preconception health assessment; Proper counseling for endocrine, cardiac, pulmonary, and other medical disorders; Strategies for incorporating healthy habits to minimize preexisting medical conditions

11:40 am - 12:40 pm - Obstetrics

Guide to Medication Use During Pregnancy and Lactation

Review of the current classification systems; Discussion of medication classes commonly used during pregnancy and lactation; Discussion of commonly used medications that should be avoided during pregnancy and/or lactation

12:40 pm

Session Adjourns

Saturday, June 4, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Obstetrics

Exercise and Nutritional Considerations During Pregnancy and Postpartum

Review of guidelines for weight gain during pregnancy in normal weight, underweight and overweight/obese women; Discussion of recommendations for dietary intake during pregnancy and postpartum/during lactation, including discussion of women post- bariatric surgery; Recommendations for exercise and activity during pregnancy and postpartum period

8:30 am - 9:30 am - Obstetrics

Management of Hypertension from Pre-conception to Postpartum

Overview of the dangers of high blood pressure in pregnancy; Complications of pre-eclampsia; Use of blood pressure and protein in the urine, water retention, and swelling in the legs as key indicators; Medications to treat this leading cause of maternal mortality

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gynecology

The New Annual Exam for Women

Description coming

10:40 am - 11:40 am - Gynecology

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

11:40 am

Session Adjourns



Sunday, June 5, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Gynecology

Breast Cancer Screening and Recent USPSTF Guidelines Update

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

8:30 am - 9:30 am - Gynecology

Menopause Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between benign prostate conditions and prostate cancers
- Discuss the biology and screening, and treatment options of prostate and testicular cancer
- Discuss the biology, screening, and treatment options of prostate cancer
- Evaluate and manage sexually-transmitted infections in men
- Assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Describe strategies for identifying and treating substance use disorders
- Review current evidence for the treatment of anxiety disorders
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression
- Discuss medical disorders that may affect conception
- List commonly used medications that could potentially cause complications during pregnancy and lactation
- Evaluate patients in order to make appropriate recommendations regarding weight gain, exercise and activity during pregnancy, postpartum and lactation
- Discuss the dangers of hypertension and high blood pressure in all stages of pregnancy
- Identify patients for which a pap smear should be offered as part of an annual exam
- Assess and manage abnormal uterine bleeding
- Discuss the current evidence and recommendations regarding breast cancer screening
- Discuss menopausal transition and the risks/benefits of treatment options



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Men's and Women's Health for Primary Care: Gyn/Men's Uro/OB/Psych*, with a beginning date of June 2, 2022 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-XXX-H01-P

JA0003680-0000-22-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.