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INTERNAL MEDICINE FOR PRIMARY CARE: EMERGENCY MEDICINE/PSYCHIATRY/VASCULAR

Key West, FL - Opal Key Resort & Marina February 4 - 6, 2022



Friday, February 4, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Psychiatry

The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

8:30 am - 9:30 am - Psychiatry

Bipolar Spectrum Disorders

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co- morbidities; evidence-based treatments

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Psychiatry

Substance Abuse

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

10:40 am - 11:40 am - Vascular Medicine

An Introduction to Atherosclerosis and Vascular Medicine

An introduction to pharmacologic options for the management of peripheral vascular disease

11:40 am - 12:40 pm - Vascular Medicine

Stroke: Initial Presentation to Medical and Surgical Treatment

Carotid occlusive disease and stroke

12:40 pm

Session Adjourns



Saturday, February 5, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Vascular Medicine

Venous Thrombosis Through the Eyes of an Interventionalist

Venous Thrombosis: Diagnosis, evaluation and treatment

8:30 am - 9:30 am - Vascular Medicine

The Dysvascular Limb: How to Approach Swelling and Ulcers

The swollen limb and the ulcerated foot: organizational approach to the differential diagnosis, data gathering and evaluation, treatment options and follow-up

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Psychiatry

Suicide and Violence

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

10:40 am - 11:40 am - Emergency Med

Office-Based Emergencies/Approach to the Patient with an Emergency

With the push to expand the scope of practice and reduce the emergency department visits, patients present to clinic with emergency conditions. This lecture will present the necessary education, personnel, equipment and process to safely care for these patients in the clinic. Criteria for transfer to an emergency department will also be discussed.

It is relatively uncommon that a patient becomes unstable in the office, but it is important to be prepared for this possibility. The clinician needs to properly evaluate and treat unstable patients until transfer can be arranged to a higher level of care. Review of the ABCDE of evaluation and stabilization of these

11:40 am - 12:40 pm - Emergency Med

Common Office-Based Emergencies

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

12:40 pm

Session Adjourns



Sunday, February 6, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Emergency Med

Uncommon Office-Based Emergencies

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

8:30 am - 9:30 am - Emergency Med

Office-Based Emergency Procedures

Patients present to the clinic who need basic procedures. Procedures discussed include advanced monitoring procedural sedation, intraosseous access, epistaxis, peritonsillar abscess, incision and drainage of abscesses, posterior molds and treating agitation.

9:30 am

Conference Adjourns



Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Describe strategies for identifying and treating substance use disorders
- Assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Describe peripheral vascular disease and current medical therapy
- Discuss presentation and interventional treatment of stroke patients
- Describe the evaluation and treatment of venous thrombosis
- Discuss presentation and interventional treatment of swelling and ulcers of dysvascular limbs
- Discuss practical steps to prepare the primary care office for emergency situations
- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department

- Describe the in office management of anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns



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Disclosure of Conflicts of Interest

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Accreditation Statements Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation AMA PRA Category 1 Credits[™]

Medical Education Resources designates this live activity for a maximum of 12 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Emergency/Psych/Vasc,* with a beginning date of February 4, 2022 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

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Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-236-H01-P

JA0003680-0000-22-235-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.