



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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MEN'S & WOMEN'S HEALTH FOR PRIMARY CARE: GYNECOLOGY/MEN'S UROLOGY/OBSTETRICS

**Walt Disney World® Resort, FL - Disney's Contemporary Resort
January 27 - 29, 2023**

Friday, January 27, 2023

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Gynecology

The New Annual Exam for Women

Best practices in offering annual pelvic examinations in asymptomatic non-pregnant women; Determination of who should be offered a clinical breast exam as a routine part of the annual women's health exam; The principal elements of the annual women's health visit: screening, vaccinations, evaluation of health risks and needs, counseling; Evidence-based tools to guide components of the annual women's health visit based on age and health needs

8:30 am - 9:30 am - Gynecology

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gynecology

Menopause Transition and Hormone Replacement Therapy

Symptoms of menopause, including hot flashes, night sweats, and atrophy; Menopause syndromes, including osteoporosis, breast cancer, cardiac disease, and colon cancer; Large scale trials on effectiveness and risks of hormone therapy; Counseling patients on alternatives to hormone therapy

10:40 am - 11:40 am - Men's Urology

Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

11:40 am - 12:40 pm - Men's Urology

Prostate Cancer Screening and Treatment

Review and clarification of the often confusing and political literature regarding prostate cancer screening, risks, and benefits of screening for prostate cancer and strategies for decreasing the risk of over treatment

12:40 pm

Session Adjourns

Saturday, January 28, 2023

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Men's Urology

Androgen Replacement and Sexual Function

Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

8:30 am - 9:30 am - Men's Urology

Sexually Transmitted Infections in Men

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gynecology

Breast Cancer Screening and Recent USPSTF Guidelines Update

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

10:40 am - 11:40 am - Obstetrics

Preconception Care for the Infertile Couple

Improving health prior to conception can improve fertility and obstetric outcomes; Guidelines and recommendation for preconception counseling for all patients; Counseling of infertile couples; Identification of reversible health risks to pregnancy outcomes, emphasizing factors to be acted on before conception

11:40 am - 12:40 pm - Obstetrics

Preexisting Disease and Pregnancy

Review of management of common disorders during pregnancy, such as hypertension, pre-gestational diabetes, asthma, obesity, thyroid disease, depression; Discussion of the impact of pregnancy on disease state as well as impact of the disease on pregnancy well-being and outcomes, with a focus on management recommendations during pregnancy

12:40 pm

Session Adjourns

Sunday, January 29, 2023

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Obstetrics

Guide to Medication Use During Pregnancy and Lactation

Review of the current classification systems; Discussion of medication classes commonly used during pregnancy and lactation; Discussion of commonly used medications that should be avoided during pregnancy and/or lactation

8:30 am - 9:30 am - Obstetrics

Exercise and Nutritional Considerations During Pregnancy and Postpartum

Review of guidelines for weight gain during pregnancy in normal weight, underweight and overweight/obese women; Discussion of recommendations for dietary intake during pregnancy and postpartum/during lactation, including discussion of women post- bariatric surgery; Recommendations for exercise and activity during pregnancy and postpartum period

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Identify evidence-based tools to determine best practices in incorporating pelvic exam, clinical breast exam, and other principal elements in the annual women's health visit
- Assess and manage abnormal uterine bleeding
- Discuss menopausal transition and the risks/benefits of treatment options
- Discuss the current evidence and recommendations regarding breast cancer screening
- Differentiate between benign prostate conditions and prostate cancers
- Discuss the biology, screening, and treatment options of prostate cancer
- Discuss medical management of male sexual health
- Evaluate and manage sexually-transmitted infections in men
- Identify common causes of infertility and when referral is appropriate
- Monitor for preexisting disease and potential complications in pregnancy
- List commonly used medications that could potentially cause complications during pregnancy and lactation
- Evaluate patients in order to make appropriate recommendations regarding weight gain, exercise and activity during pregnancy, postpartum and lactation

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Men's & Women's Health for Primary Care: Gyn/Men's Uro/OB*, with a beginning date of January 27, 2023 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-H01-P

JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.