



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**PEDIATRIC AND ADOLESCENT MEDICINE FOR
PRIMARY CARE:
DERMATOLOGY/PSYCHIATRY/RHEUMATOLOGY**

**Sedona, AZ - Hilton Sedona Resort at Bell Rock
June 10 - 12, 2022**

Friday, June 10, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Dermatology

Dermatitis

Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

8:30 am - 9:30 am - Dermatology

Papulosquamous Diseases

Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; how to tell one scaly rash from another

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Psychiatry

Substance Abuse in Teens and Adolescents

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options

10:40 am - 11:40 am - Rheumatology

Juvenile Idiopathic Arthritis (JIA)

Risk factors for developing JIA; Diagnostic principles, Clinical presentation and diagnosis including inflammatory markers, liver function tests, ANA testing; Radiographic changes and other imaging modalities; Treatment approaches based on severity of the disease

11:40 am - 12:40 pm - Rheumatology

Juvenile Lupus and Other Connective Tissue Diseases

Systemic Lupus Erythematosus (SLE) causes, symptoms, diagnosis and treatment as well as principles of self-care; Pediatric mixed connective tissue disease (MCTD) as a separate autoimmune disorder

12:40 pm

Session Adjourns

Saturday, June 11, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Psychiatry

Depression in Teens and Adolescents

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

8:30 am - 9:30 am - Psychiatry

Eating Disorders

A primary care perspective on treating anorexia nervosa, bulimia nervosa and binge-eating disorder and their variants; treatment strategies for the adverse psychological, physical and social consequences of disturbance in eating behavior and weight regulation

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Psychiatry

Suicide and Violence in Teens and Adolescents

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

10:40 am - 11:40 am - Dermatology

Acne and Acneiform Eruptions

Topical and systemic therapy

11:40 am - 12:40 pm - Dermatology

Viral Infections of the Skin

Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

12:40 pm

Session Adjourns



Sunday, June 12, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Rheumatology

Fibromyalgia in Children and Adolescents

Differential diagnosis and treatment of this difficult-to-manage pain syndrome

8:30 am - 9:30 am - Rheumatology

Juvenile Rheumatic Diseases that Manifest in the Skin

Early recognition of cutaneous signs of rheumatic disease; Differential features of psoriasis and psoriatic arthritis; Cutaneous complications of rheumatic diseases and treatments

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Describe the step-wise approach for the diagnosis and treatment of acne and acneiform eruptions
- Discriminate between various viral skin infections
- Describe diagnostic principles and treatment options of juvenile arthritic
- Describe diagnostic principles and treatment options of connective tissue disorders
- Compare the benefits and side effect profiles of pharmacologic treatment options for pediatric chronic pain syndromes
- Recognize cutaneous signs of rheumatic diseases
- Describe strategies for identifying and treating substance use disorders in pediatric patients
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression in children and adolescents
- Manage adverse psychological, physical and social consequences of eating disorders
- Understand risk factors and assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Pediatric & Adolescent Medicine for Primary Care: Derm/Psych/Rheum*, with a beginning date of June 10, 2022 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-319-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.