



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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## **INTERNAL MEDICINE FOR PRIMARY CARE: DERMATOLOGY/NUTRITION/VASCULAR**

**Yosemite, CA - Tenaya Lodge at Yosemite  
August 12 - 14, 2022**

Friday, August 12, 2022

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Dermatology**

**Dermatitis**

Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

**8:30 am - 9:30 am - Dermatology**

**Papulosquamous Diseases**

Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; how to tell one scaly rash from another

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Dermatology**

**Fungal Infections of the Skin**

Dermatophytes, tinea versicolor, candidiasis, selected deep fungal infections; diagnosis and management

**10:40 am - 11:40 am - Nutrition**

**Myths vs. Science in Nutritional Trends: Approach for the Medical Professional**

Discussion of how to scientifically navigate the nutritional maze of popular diets and nutritional trends; The potential nutrition benefits and pitfalls of various dietary preferences and related patient concerns; Ways nutrition affects healthy lifestyles

**11:40 am - 12:40 pm - Nutrition**

**Cutting Edge Nutrition Innovation: A Personalized Approach**

How to critically evaluate nutrition tools that patients can use to promote optimal health; Review the "latest and greatest" nutrition applications and technologies that can be used to greatly improve patients' nutrition and health pursuits; Creation of personalized health plans based on unique, patient-specific plans, tests, and analyses

**12:40 pm**

**Session Adjourns**

**Saturday, August 13, 2022**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Nutrition**

**Medical Nutrition Therapy: A Practical Approach to Diet and Disease**

Science-based Nutrition and Behavioral Guide to Treating “The Big” Medical Problems that are taking over your practice; Essential (and proven) strategies to help guide patients' diet and behaviors in the treatment of diabetes, cardiovascular disease, and GI health; Travel through the google-mess of what patients hear and why they turn to these as resources; The science-based strategies and resources that can be implemented to help patients take rational control of their health

**8:30 am - 9:30 am - Nutrition**

**Nutrition Through the Ages: Prevention and Potential Pitfalls**

A working guide for a nutritional and behavioral rubric to understand what is expected (and what may undermine) optimal health from infancy through the elderly; Barriers patients face in implementing and sticking with nutritional strategies

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Dermatology**

**Bacterial Infections of the Skin**

Impetigo, ecthyma, folliculitis, furunculosis, necrotizing fasciitis, Lyme disease, syphilis; diagnosis and management

**10:40 am - 11:40 am - Vascular Medicine**

**Peripheral Vascular Disease and Approaching Abdominal Aortic Aneurisms**

Defining the spectrum of maladies included in peripheral vascular disease and understanding underlying arterial pathology including atherosclerosis; abdominal aortic aneurysm diagnosis, evaluation and treatment is also included

**11:40 am - 12:40 pm - Vascular Medicine**

**Stroke: Initial Presentation to Medical and Surgical Treatment**

Carotid occlusive disease and stroke

**12:40 pm**

**Session Adjourns**

**Sunday, August 14, 2022**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Vascular Medicine**

**Venous Thrombosis Through the Eyes of an Interventionalist**

Venous Thrombosis: Diagnosis, evaluation and treatment

**8:30 am - 9:30 am - Vascular Medicine**

**The Dysvascular Limb: How to Approach Swelling and Ulcers**

The swollen limb and the ulcerated foot: organizational approach to the differential diagnosis, data gathering and evaluation, treatment options and follow-up

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Compare the different treatment options for fungal skin infections and nail infections
- Perform a differential diagnosis of common bacterial skin infections and recommend appropriate treatment
- Discuss how popular diets and nutritional science can lead to healthier lifestyles
- Describe options for personalizing a patient-specific nutrition plan to each patient
- List strategies to modify diet and behaviors in patients with a range of health issues
- Identify expectations for optimal nutrition across the patient's expected life span
- Describe the spectrum of maladies included in peripheral vascular disease
- Discuss presentation and interventional treatment of stroke patients
- Describe the evaluation and treatment of venous thrombosis
- Discuss presentation and interventional treatment of swelling and ulcers of dysvascular limbs

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Derm/Nutrition/Vasc*, with a beginning date of August 12, 2022 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-356-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.