



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
GASTROENTEROLOGY/GYNECOLOGY/
ORTHOPEDICS/PULMONOLOGY**

**Maui, HI - The Westin Maui Resort & Spa Kaanapali
June 26 - 30, 2022**



Sunday, June 26, 2022

2:30 pm

Registration

3:00 pm - 4:00 pm - Gynecology

Abnormal Uterine Bleeding

Overview of normal/abnormal menstrual physiology/profile; menstrual disturbances; ovulatory and anovulatory uterine bleeding; other menstrual abnormalities; diagnosis and appropriate treatment options

4:00 pm - 5:00 pm - Gynecology

Menopause Transition and Hormone Replacement Therapy

Estrogen analogs; options in estrogen therapy; designer estrogens; SERMs; HRTs; risks/benefits, especially in breast cancer and CHD

5:00 pm - 6:00 pm - Gynecology

Breast Cancer Screening and Recent USPSTF Guidelines Update

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

6:00 pm

Session Adjourns

Monday, June 27, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Gastroenterology

Hepatitis B and C Management

HBV: whom to screen; whom to vaccinate; which patients are candidates for anti-viral therapy; management of special populations

HCV: whom to screen; what are the treatment options and who are candidates for current therapy; management of special populations

8:30 am - 9:30 am - Gastroenterology

The PCP Role in Management of Non-Alcoholic Fatty Liver Disease (NAFLD)

A primary care approach to evaluating the at-risk patient for NASH; discussion of current non-invasive tests; treatment options; when to refer

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Liver Tests, Medications and Drug-induced Liver Injury

Discuss interpretation of the common liver tests; define types of drug-induced liver injury (hepatocellular vs cholestatic) and how to diagnose; management and when to refer

10:40 am - 11:40 am - Gynecology

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; algorithm for the appropriate use of HPV testing and managing results; determining appropriate candidates for the use of the HPV vaccine

11:40 am - 12:40 pm - Gynecology

Contraception: A Primary Care Review of Best Practice

Coverage of the effectiveness, side effects and non-contraceptive benefits of available contraceptive options in the U.S.; Discussion of contraceptive counseling that is patient-centric including communicating without coercion; Management strategies for medically complex contraceptive decisions (patients with a history of VTE, breast cancer, hypertension)

12:40 pm

Session Adjourns

Tuesday, June 28, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Pulmonology

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

8:30 am - 9:30 am - Pulmonology

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Pulmonology

COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

10:40 am - 11:40 am - Gastroenterology

Management of Lower GI Bleeding- From Occult to Massive

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

11:40 am - 12:40 pm - Gastroenterology

Irritable Bowel Syndrome

This topic will discuss the pathophysiology, clinical manifestations, diagnosis, and management of IBS.

12:40 pm

Session Adjourns

Wednesday, June 29, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Orthopedics

Shoulder Exam and Injection

Hands on physical assessment with discussion relating to diagnosis through various examination techniques; Specific tests used to examine the shoulder will be discussed; Functional testing performed in the office setting that provide information to the physician as relating to deficiencies that should be addressed when considering treatment.

8:30 am - 9:30 am - Orthopedics

Shoulder Exam and Injection (Continued)

Continuing discussion of common shoulder issues commonly seen in a primary care setting

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Orthopedics

Ankle and Foot

This presentation will address a series of common acute and chronic injuries and pain syndromes to the foot and ankle as they would present in the primary care setting. The focus will be on developing a working differential diagnosis based on the historical mechanism of injury and exam findings.

10:40 am - 11:40 am - Pulmonology

Deep Vein Thrombosis & Pulmonary Embolism

Clinical presentation: The great masquerader; diagnostic controversies; acute treatment; chronic therapy and complications; ACCP Guidelines.

11:40 am - 12:40 pm - Pulmonology

Lung Cancer Screening & Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

12:40 pm

Session Adjourns



Thursday, June 30, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Orthopedics

Knee Injuries

A case presentation approach to the most common knee injuries physician will see in clinical practice; mechanism of injury, historical features, anatomy of injury, clinical findings evident in the exam; management of problems focused mostly on evidence based conservative interventions but also surgical options available; the top three: ACL, patellofemoral, meniscal

8:30 am - 9:30 am - Orthopedics

Knee Injuries (Continued)

Continuing discussion of common knee issues commonly seen in a primary care setting

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Assess and manage abnormal uterine bleeding
- Discuss menopausal transition and the risks/benefits of treatment options
- Discuss the current evidence and recommendations regarding breast cancer screening
- Describe the management of HPV infection and abnormal pap smear results
- Describe approaches to counseling patients for making complex contraceptive decisions
- List current treatment recommendations for HBV and HCV
- Identify risk factors for the development of non-alcoholic fatty liver disease
- Describe common differential diagnoses and management techniques for various drug reactions
- List current treatment recommendations for the management of lower GI bleeding
- Evaluate the efficacy of treatment options for IBS
- Diagnose and manage patients with asthma
- Design treatment strategies reflective of current evidence-based medicine for common respiratory infections
- Describe the current therapeutic management of COPD
- Diagnose deep vein thrombosis and pulmonary embolism and discuss appropriate therapeutic options
- Discuss diagnosis and screening strategies as well as treatment plans for lung nodules and lung cancer
- Perform a physical exam of the shoulder
- Perform a physical exam of the shoulder
- Recognize chronic injuries and pain syndromes to the foot and ankle
- Utilize observation, palpation, range of motion and neurologic exams to diagnose knee injuries
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Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Gastro/Gyn/Ortho/Pulm*, with a beginning date of June 26, 2022 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-333-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.