



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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INTERNAL MEDICINE FOR PRIMARY CARE: ADDICTION/NEUROLOGY/PAIN/PALLIATIVE CARE

**San Diego, CA - Hotel del Coronado
August 4 - 7, 2022**



Thursday, August 4, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Neurology

The Neurological Exam

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

8:30 am - 9:30 am - Neurology

Diagnosis of Epilepsy, Paroxysmal Disorders, and Status Epilepticus

Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Neurology

Treatment of Epilepsy and Status Epilepticus

Treatment of epilepsies; goals of treatment; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

10:40 am - 11:40 am - Palliative

Overview of the Medicare Hospice Benefit

Which patients are eligible? What is palliative care? What does the Medicare benefit provide for patients and families?

11:40 am - 12:40 pm - Palliative

Palliative Care for the PCP: Symptom Management

Symptom management; Symptom management of dyspnea and cough, pain, nausea and vomiting, constipation, and agitation, at the end of life

12:40 pm

Session Adjourns



Friday, August 5, 2022

7:00 am

Registration and Hot Breakfast

**7:30 am - 8:30 am - Palliative
Prognostication for the PCP**

Estimating life expectancy for patients with life-limiting illnesses such as CHF, Alzheimer's dementia, Parkinson's disease, end stage renal disease

**8:30 am - 9:30 am - Palliative
Addressing Goals of Care**

Definition of POA, DNR, DNI, DNH, MOLST, POLST; Techniques on how to address goals of care, both in acute crisis as well as when the patient has chronic issues

9:30 am - 9:40 am

Coffee Break

**9:40 am - 10:40 am - Neurology
Alzheimer's & Other Dementias**

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

10:40 am - 11:40 am - Addiction

Substance Use Disorders: Screening & Identification for Primary Care Providers

Essential information and skills necessary for identifying substance use and addiction in the primary care setting; epidemiology, assessment and screening tools; practical steps for intervention

11:40 am - 12:40 pm - Addiction

The Opioid Crisis and Primary Care Providers

Origin and epidemiology; differentiating other elements contributing to the crisis; opioid effects and pharmacology; common misconceptions about opioid analgesic safety; identifying risk for overdose and addiction; best practices and guidelines for safe prescribing and monitoring use

12:40 pm

Session Adjourns



Saturday, August 6, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Addiction

Pharmacotherapy for Addictive Disorders: Role of Primary Care

This module will review the FDA approved medications for addiction treatment and examine the role of primary care with respect to each of them

8:30 am - 9:30 am - Addiction

Synthetic Drugs of Abuse

State of the art review on what the primary care provider should know about the novel synthetic drugs; Defining the synthetic drugs and the origins of the compounds; Clinical features of intoxication and withdrawal; Dangers and treatment strategies

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Pain

Non-Opioid Pharmacologic Options in Pain Management

NSAID's, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

10:40 am - 11:40 am - Pain

Opioid Pharmacologic Options in Pain Management

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

11:40 am

Session Adjourns



Sunday, August 7, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Pain

Interventional Pain Management Options

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners

8:30 am - 9:30 am - Pain

Update on Cannabis as Medicine for Primary Care

Cannabis mechanism of action; Clinical effects on pain; Addiction, withdrawal and dependency; Adverse effects

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Perform a neurological exam
- Explain the differential diagnosis of seizures
- Compare the side effect and clinical pharmacology profiles of anti-epileptic drugs
- Discuss evidence-based management options for Alzheimer's disease
- Describe strategies for identifying and treating substance use disorders
- Identify therapies, including nonpharmacological pain treatment strategies, that can reduce the dose of opioids to control pain
- List FDA approved medications for addiction treatment and examine the role of each
- Discuss clinical features of both intoxication and withdrawal for emerging novel synthetic drugs
- Describe how to maximize hospice care for all patients
- Describe the primary care approach to palliative medicine including symptom management
- Recognize the importance of prognosis in decision making for seriously ill patients
- Define and establish goals of care with patients and their families
- Design non-opioid pain management strategies
- Design opioid pain management strategies
- Describe interventional pain management strategies
- Discuss current evidence regarding the use of cannabis for pain management



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Addiction/Neuro/Pain/Palliative*, with a beginning date of August 4, 2022 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-350-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.