



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**PEDIATRIC AND ADOLESCENT MEDICINE FOR
PRIMARY CARE: EMERGENCY MEDICINE/
GASTROENTEROLOGY/ORTHOPEDICS**

**Santa Fe, NM - La Fonda on the Plaza
September 2 - 4, 2022**

Friday, September 2, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Gastroenterology

Chronic Abdominal Pain in Children

Physiology and differential diagnosis of chronic abdominal pain in children; testing (laboratory, radiographic, endoscopic) techniques available for the treatment of chronic abdominal pain in children; treatment options for chronic abdominal pain, including treatment for recurrent abdominal pain of childhood and irritable bowel syndrome

8:30 am - 9:30 am - Gastroenterology

Gastroesophageal Reflux in Children

The Physiology of pediatric gastroesophageal reflux (GER) and how to differentiate GER from gastroesophageal reflux disease (GERD); testing techniques to diagnose pediatric GER; treatment options for pediatric GER and pediatric GERD

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Constipation in Children

The pathophysiology and differential diagnosis of pediatric constipation; testing techniques used to diagnose complications associated with pediatric constipation; treatment options

10:40 am - 11:40 am - Orthopedics

From Little Leaguer's Elbow to Painful Heels: Common Pediatric Sports Injuries: Part 1

A primary care perspective on sports injuries common in children and adolescents

11:40 am - 12:40 pm - Orthopedics

From Little Leaguer's Elbow to Painful Heels: Common Pediatric Sports Injuries: Part 2

A primary care perspective on sports injuries common in children and adolescents

12:40 pm

Session Adjourns

Saturday, September 3, 2022

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Orthopedics

Concussion in Sports: Recognition, Office Evaluation and Management for Primary Care

Those 18 years of age and younger are particularly vulnerable to concussion, its severity and consequences. This topic will cover the current definition, signs and symptoms, their significance and an office-based approach to mild traumatic brain injury that can accompany participation in youth sports. The presentation will include up-to-date return to sport guidelines and decision making and provide concussion management tools for the primary care physician.

8:30 am - 9:30 am - Orthopedics

Exercise as Medicine: Physical Activity Prescription

Current recommendations for physical activity in adults and children will be discussed; discussion of health benefits of exercise in adults; lay out of recommendations for beginning competitive athletics and weight lifting in children; important discussion of evidence-based methods for motivating patients to be active and expose the problems caused by the “no pain, no gain” culture

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Pediatric Gastrointestinal Foreign Body Ingestion

Complications of various gastrointestinal (GI) foreign bodies in children; testing techniques to diagnose GI foreign bodies in children; treatment options (observational versus removal)

10:40 am - 11:40 am - Emergency Med

Overdoses and Intoxications in Pediatric Medicine

Overdoses and intoxications that are increasing in the pediatric population; Common signs and symptoms of overdose to both guide treatment as well as therapy; Toddlers who ingests common household items to the teenager who intentionally overdoses, epidemiology regarding most common agents at each age; Tools to best manage these patients.

11:40 am - 12:40 pm - Emergency Med

Special Considerations in Pediatric Airways

Airway management in children; Basic airway skills; Clear concepts and strategies to maintain oxygenation and ventilation in children; Understanding the differences between pediatric and adult airways; Early assessment and understanding of pediatric airway disease as well as presentation to help guide therapy modalities

12:40 pm

Session Adjourns

Sunday, September 4, 2022

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Emergency Med

Drowning: In the Blink of an Eye

Overview of the pathophysiology around neurologic, respiratory and cardiac impairments related to drowning; Possible management strategies; Prognostic factors to help in difficult drowning cases; Current management guidelines in ER for drowning

8:30 am - 9:30 am - Emergency Med

The First Hour: Preparation for Pediatric Critical Care Transport

Mobile pediatric/neonatal intensive care units that can be brought directly to the referring hospital; Preparation and stabilization in the prehospital setting; Improving overall patient outcomes.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discuss symptoms and treatment of chronic abdominal pain and gastroesophageal reflux in children
- Compare and contrast the clinical presentations of GER vs GERD in pediatric patients
- Present a practical approach for management of constipation
- Review the epidemiology of foreign body ingestions in children
- Diagnose common pediatric sports injuries
- Treat common pediatric sports injuries
- Evaluate and manage concussion in pediatric patients
- List strategies to promote exercise and physical activity in the general patient population
- Describe treatment options for common pediatric intoxications
- Identify the differences between pediatric and adult airways
- Identify respiratory and cardiac impairments related to drowning
- Prepare a pediatric patient for critical care transport



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Pediatric & Adolescent Medicine For Primary Care: Emergency/Gastro/Ortho*, with a beginning date of September 2, 2022 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-361-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.