



**INTERNAL MEDICINE FOR PRIMARY CARE:
DERMATOLOGY/EMERGENCY/PSYCHIATRY/
RHEUMATOLOGY**

**Oahu, HI - Aulani, A Disney Resort & Spa
March 5 - 9, 2023**



Sunday, March 5, 2023

2:30 pm

Registration

3:00 pm - 4:00 pm - Dermatology

Dermatitis

Overview of the causes and forms of skin irritants; Contact, atopic, irritant, nummular, seborrheic and exfoliative; Treatment of blistering, oozing, crusting and flaking; Diagnostic principles and management strategies

4:00 pm - 5:00 pm - Dermatology

Papulosquamous Diseases

Diagnostic principles of skin lesions consisting of red or purple papules; Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; Discussion of how to tell one scaly rash from another

5:00 pm - 6:00 pm - Dermatology

Fungal Infections of the Skin

Dermatophytes, tinea versicolor, candidiasis; Selected deep fungal infections; Onycholysis; Drug induced nail changes; paronychia, koilonychia, nail discolorations, tumors of the nail; Fungal infections diagnosis and management; Overview and comparison of antifungal treatment options

6:00 pm

Session Adjourns



Monday, March 6, 2023

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Psychiatry
Bipolar Spectrum Disorders

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

8:30 am - 9:30 am - Psychiatry
The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Psychiatry
Anxiety Disorders

Symptoms and diagnoses; treatment options

10:40 am - 11:40 am - Dermatology
Bacterial Infections of the Skin

Impetigo, ecthyma, folliculitis, furunculosis, necrotizing fasciitis, Lyme disease, syphilis; diagnosis and management

11:40 am - 12:40 pm - Dermatology
Acne and Acneiform Eruptions

Topical and systemic therapy

12:40 pm

Session Adjourns

Tuesday, March 7, 2023

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Rheumatology

Evaluating the Patient with Joint Pain

Differentiating between inflammatory and non-inflammatory joint pain; The utility of joint aspiration and lab work-up with interpretation of synovial fluid analysis; Differential diagnosis of joint pain and inflammatory arthritis; Role of point-of-care ultrasound in the evaluation of joint pain

8:30 am - 9:30 am - Rheumatology

Update in Pharmacology for Arthritis

Review risks and benefits of traditional NSAIDs and cox-2 inhibitors; Analgesics (narcotics and tramadol), acetaminophen, conventional-synthetic DMARDs, and bDMARDs; Pre- and post-operative management

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Rheumatology

Osteoarthritis

Pathogenesis, diagnosis and treatment

10:40 am - 11:40 am - Psychiatry

Substance Abuse

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

11:40 am - 12:40 pm - Psychiatry

Suicide and Violence

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

12:40 pm

Session Adjourns



Wednesday, March 8, 2023

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Emergency Med

Approach to the Patient Who Becomes Unstable in the Office

Some patients come to the clinic and become unstable. What needs to be done prior to arrival of the ambulance. This course discusses the evaluation and treatment of unstable patient, initial resuscitation and transfer process.

8:30 am - 9:30 am - Emergency Med

Office-Based Emergencies

With the push to expand the scope of practice and reduce the emergency department visits, patients present to clinic with emergency conditions. This lecture will present the necessary education, personnel, equipment and process to safely care for these patients in the clinic. Criteria for transfer to an emergency department will also be discussed.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Emergency Med

Wound Care for the Primary Care Office

The office is an appropriate setting for the treatment of minor wounds. This presentation will provide an understanding of how to evaluate wounds, to properly suture wounds, and subsequent wound management. Criteria for transfer to an emergency department will also be discussed.

10:40 am - 11:40 am - Rheumatology

Differential Diagnosis of Inflammatory Arthritis

Clinical presentation and laboratory work-up and treatment for rheumatoid arthritis, systemic lupus erythematosus, spondyloarthropathies (SPA), infectious arthritis and systemic sclerosis; Treatment of RA with DMARDs; Treatment principles of SLE, Sjogren's, SPA and PMR

11:40 am - 12:40 pm - Rheumatology

Crystal Disease: Gout & Pseudogout

Properly diagnosing and treating crystal diseases such as gout and pseudogout

12:40 pm

Session Adjourns



Thursday, March 9, 2023

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Emergency Med

OB/GYN and Male Emergencies in the Office Practice

Patients with vaginal bleeding need a pregnancy assessment to determine whether this presentation is an emergency or can be handled in the office. Vaginal bleeding related to pregnancy and unrelated to pregnancy, STDs, toxic shock syndrome and sexual assault will be discussed in this talk. Male sexual disorders such as testicular torsion and epididymitis will also be discussed.

8:30 am - 9:30 am - Emergency Med

Toxicology Emergencies Commonly Seen in the Office

Patients may walk into the clinic who have taken a toxic substance or drug overdose. It is important to do a detailed history, look for physical clues and determine if the patient has a toxidrome. The presentation will aid in determining who needs to go to emergency room and who can be treated in the office.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Compare the different treatment options for fungal skin infections and nail infections
- Perform a differential diagnosis of common bacterial skin infections and recommend appropriate treatment
- Describe the step-wise approach for the diagnosis and treatment of acne and acneiform eruptions
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Review current evidence for the treatment of anxiety disorders
- Describe strategies for identifying and treating substance use disorders
- Assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Compare and contrast inflammatory & non-inflammatory joint pain and their differential diagnoses
- Review the risks and benefits of the treatment options for arthritis (non-selective NSAIDs, cox-2 inhibitors, DMARDs, narcotics and tramadol)
- Utilize current evidence to design treatment strategies for osteoarthritis
- Describe the differential diagnoses of inflammatory arthritis based on clinical presentation and laboratory workup
- Diagnose and treat gout and pseudogout
- Evaluate a patient who becomes unstable in the office and prepare for transport via ambulance
- Discuss practical steps to prepare the primary care office for emergency situations
- Evaluate and manage minor wounds
- Identify when vaginal bleeding can be handled in office and when it requires a referral to the emergency department

Utilize history and physical exam to determine if a patient has a toxic drug

Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Derm/Emergency/Psych/Rheum*, with a beginning date of March 5, 2023 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.