



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
ENDOCRINOLOGY/GERIATRICS/NEUROLOGY/  
PULMONOLOGY**

**Walt Disney World® Resort, FL - Disney's Contemporary Resort  
October 9 - 13, 2022**



**Sunday, October 9, 2022**

**2:30 pm**

**Registration**

**3:00 pm - 4:00 pm - Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**4:00 pm - 5:00 pm - Endocrinology**

**Insulin Therapy for Diabetes**

Treating T2DM with insulin; T1DM

**5:00 pm - 6:00 pm - Endocrinology**

**Osteoporosis**

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

**6:00 pm**

**Session Adjourns**



**Monday, October 10, 2022**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Pulmonology**

**Asthma**

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

**8:30 am - 9:30 am - Pulmonology**

**Controversies in the Treatment of Common Respiratory Infections**

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Pulmonology**

**COPD**

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

**10:40 am - 11:40 am - Endocrinology**

**Obesity Management**

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

**11:40 am - 12:40 pm - Endocrinology**

**Thyroid Nodules**

Diagnosis and treatment

**12:40 pm**

**Session Adjourns**

**Tuesday, October 11, 2022**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Neurology**

**The Neurological Exam**

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

**8:30 am - 9:30 am - Neurology**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neurology**

**Cerebrovascular Disorders**

Epidemiology; identifying the high-risk patient; treatment effects; transient neurological deficit: carotid, vertebrobasilar; non-specific cerebral symptoms; migraines vs. TIA; treatment options

**10:40 am - 11:40 am - Pulmonology**

**Lung Cancer Screening & Pulmonary Nodules**

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

**11:40 am - 12:40 pm - Pulmonology**

**Deep Vein Thrombosis & Pulmonary Embolism**

Clinical presentation: The great masquerader; diagnostic controversies; acute treatment; chronic therapy and complications; ACCP Guidelines.

**12:40 pm**

**Session Adjourns**

**Wednesday, October 12, 2022**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Geriatrics**

**Approach to the Geriatric Patient**

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

**8:30 am - 9:30 am - Geriatrics**

**Alzheimer's & Other Dementias**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Geriatrics**

**Urological Disorders**

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

**10:40 am - 11:40 am - Neurology**

**Sleep Disorders**

Epidemiology; assessing sleep patterns; causes and treatment of insomnia; causes, evaluation and treatment of sleep apnea; symptoms and treatment of narcolepsy

**11:40 am - 12:40 pm - Neurology**

**Headaches & Migraines**

Basic headache mechanisms; headache history: characteristics, precipitating factors, medical conditions; migraine: common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; Giant Cell Arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

**12:40 pm**

**Session Adjourns**



**Thursday, October 13, 2022**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Geriatrics**

**Controversies in the Management of Hypertension in Older Adults: How Low is Too Low?**

Best evidence for treatment goals for hypertension in diabetics and those with previous stroke; Controversial evidence for the various guidelines for diagnosing and treating hypertension in older adults; Best evidence based medications for hypertension

**8:30 am - 9:30 am - Geriatrics**

**Managing Behavior Problems in Dementia Patients**

Identification and understanding of undesired behavior; Limiting the impact of destructive behavior on outcomes; Strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection; Understanding the goal of reducing or eliminating medication use

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Develop patient-specific treatment plans for the management of type 2 diabetes
- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Describe the pathophysiology surrounding obesity and the risks and benefits of the various weight management options
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Diagnose and manage patients with asthma
- Design treatment strategies reflective of current evidence-based medicine for common respiratory infections
- Describe the current therapeutic management of COPD
- Discuss diagnosis and screening strategies as well as treatment plans for lung nodules and lung cancer
- Diagnose deep vein thrombosis and pulmonary embolism and discuss appropriate therapeutic options
- Perform a neurological exam
- Utilize history and physical examination to distinguish weakness from non-specific symptoms
- Utilize prevention and treatment strategies for cerebrovascular disorders
- Discuss the spectrum of sleep disorders and current management strategies
- Describe the differential diagnosis of headaches and migraines
- Utilize a comprehensive geriatric assessment to identify potential issues
- Diagnose and treat cognitive impairment, dementias, and Alzheimer's disease
- Describe the primary care workup of incontinence in older adults
- Evaluate hypertension in elderly patients and recommend appropriate treatment based on individual risk factors
- Discuss strategies for the management of difficult behaviors in patients with dementia without the use of psychotropic medications

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Endo/Geri/Neuro/Pulm*, with a beginning date of October 9, 2022 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-22-377-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.