



**INTERNAL MEDICINE FOR PRIMARY CARE:
GASTROENTEROLOGY/GERIATRICS/PAIN/
TOXICOLOGY**

**Walt Disney World® Resort, FL - Disney's Yacht & Beach Club Resorts
April 6 - 9, 2023**



Thursday, April 6, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Toxicology

An Office-Based Toxicology Overview

Introduction to the workup of the toxic patient; Obtaining an adequate history and physical exam prior to calling poison control; Review of the classic five toxidromes including: cholinergic, anticholinergic, opiate, hypnotic, and sympathomimetic; The more common toxic ingestions seen in the ED

8:30 am - 9:30 am - Toxicology

Cocaine and Heroin Abuse from an ER Provider's Perspective

The basics of cocaine and heroin intoxication in the acute care setting; The mechanisms of action and signs and symptoms of acute intoxication; The acute phenomena of cocaine induced chest pain, hypertensive emergency, aortic dissection, pneumonitis and placental abruption; Review of the history of heroin abuse in the US, the cutting agents and adulterants being added to heroin and some of the more esoteric sequelae of chronic opiate abuse

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Toxicology

The Danger of "Legal Highs" in Both Adolescents and Adults

Inhalant abuse and legal highs and drugs of abuse not yet scheduled by the DEA; Intoxicating inhalants that are ubiquitous in many households and easily accessed by adolescents; Dextromethorphan abuse and the unique psychoactive plants salvia divinorum, kratom, morning glory (LSA) and Jimsonweed; Mechanisms of action, signs and symptoms of intoxication and treatment

10:40 am - 11:40 am - Gastroenterology

Management of Lower GI Bleeding- From Occult to Massive

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

11:40 am - 12:40 pm - Gastroenterology

Celiac Disease and Chronic Diarrhea

Millions of Americans are now on a gluten free diet. Only some of them actually have Celiac disease. We will review the workup of diarrhea and malabsorption with a focus on celiac disease; We will discuss how to diagnose celiac disease when a patient is already on a gluten free diet and an appropriate differential diagnosis

12:40 pm

Session Adjourns

Friday, April 7, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Gastroenterology

Approach to Abnormal Liver Function Tests and Non-Alcoholic Fatty Liver Disease (NAFLD)

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

8:30 am - 9:30 am - Gastroenterology

Hepatitis C Management

HCV screening: whom to screen; diagnostic testing and evaluation of chronic HCV infection; patient selection for treatment and specific treatment regimens

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Toxicology

Primary Care Update on Synthetic Drugs

History of synthetic drugs of abuse in the US and EU; Synthetic drugs that mimic the effects of marijuana, stimulants, opiates, and hallucinogens; Synthetic cannabinoids (K2-Spice), novel stimulants (Bath Salts, Flakka), and novel hallucinogens (Molly, Benzofury)

10:40 am - 11:40 am - Pain

Non-Opioid Pharmacologic Options in Pain Management

NSAID's, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

11:40 am - 12:40 pm - Pain

Opioid Pharmacologic Options in Pain Management

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

12:40 pm

Session Adjourns



Saturday, April 8, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Pain

Interventional Pain Management Options

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners

8:30 am - 9:30 am - Pain

Update on Cannabis as Medicine for Primary Care

Cannabis mechanism of action; Clinical effects on pain; Addiction, withdrawal and dependency; Adverse effects

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Geriatrics

Approach to the Geriatric Patient

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

10:40 am - 11:40 am - Geriatrics

Vascular Disorders

Peripheral vascular disease; DVT/thromboembolic disease; abdominal aortic aneurysm and related disorders

11:40 am

Session Adjourns



Sunday, April 9, 2023

7:00 am

Registration and Breakfast

**7:30 am - 8:30 am - Geriatrics
Alzheimer's & Other Dementias**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

8:30 am - 9:30 am - Geriatrics

Managing Behavior Problems in Dementia Patients

Identification and understanding of undesired behavior; Limiting the impact of destructive behavior on outcomes; Strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection; Understanding the goal of reducing or eliminating medication use

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- List the classic 5 toxidromes and describe how to approach the poisoned patient
- Describe presentations of cocaine and heroin abuse
- List non-regulated agents of abuse in adolescents and adults and discuss their consequences
- Identify the key characteristics and effects of synthetic drugs, most notably synthetic cannabinoids and synthetic cathinones
- List current treatment recommendations for the management of lower GI bleeding
- Recommend appropriate testing for the workup of celiac disease
- Identify risk factors for the development of non-alcoholic fatty liver disease
- Describe current guidelines for diagnosis and treatment of HCV
- Design non-opioid pain management strategies
- Design opioid pain management strategies
- Describe interventional pain management strategies
- Discuss current evidence regarding the use of cannabis for pain management
- Utilize a comprehensive geriatric assessment to identify potential issues
- Recognize and screen elderly patients for CVD risk factors
- Diagnose and treat cognitive impairment, dementias, and Alzheimer's disease
- Discuss strategies for the management of difficult behaviors in patients with dementia without the use of psychotropic medications



Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Gastro/Geri/Pain/Tox*, with a beginning date of April 6, 2023 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 8.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-23-030-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.