



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
DERMATOLOGY/ENDOCRINOLOGY/GERIATRICS/  
ONCOLOGY**

**Kauai, HI - Grand Hyatt Kauai Resort & Spa  
October 15 - 19, 2023**



**Sunday, October 15, 2023**

**2:30 pm**

**Registration**

**3:00 pm - 4:00 pm - Dermatology**

**Dermatitis**

Overview of the causes and forms of skin irritants; Contact, atopic, irritant, nummular, seborrheic and exfoliative; Treatment of blistering, oozing, crusting and flaking; Diagnostic principles and management strategies

**4:00 pm - 5:00 pm - Dermatology**

**Papulosquamous Diseases**

Diagnostic principles of skin lesions consisting of red or purple papules; Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; Discussion of how to tell one scaly rash from another

**5:00 pm - 6:00 pm - Dermatology**

**Skin Manifestations of Systemic Disease**

Skin will often reflect signs of systemic diseases, be useful for diagnosis, or suffer from a complication of disease or its treatment; Diagnosis of rheumatologic, endocrine, gastrointestinal, and psychologic conditions based on cutaneous findings

**6:00 pm**

**Session Adjourns**

**Monday, October 16, 2023**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Geriatrics**

**Approach to the Geriatric Patient**

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

**8:30 am - 9:30 am - Geriatrics**

**Alzheimer's & Other Dementias**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Geriatrics**

**Managing Behavior Problems in Dementia Patients**

Identification and understanding of undesired behavior; Limiting the impact of destructive behavior on outcomes; Strategies for working with dementia patients, including communication approaches, environmental changes, the use of both rewards and redirection; Understanding the goal of reducing or eliminating medication use

**10:40 am - 11:40 am - Dermatology**

**Benign Skin Tumors**

Proper diagnosis and treatment of common benign tumors; Biopsies and histopathologic examination; Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors; When to refer

**11:40 am - 12:40 pm - Dermatology**

**Premalignant and Malignant Skin Tumors**

Recognition of precursors of malignancies; Excisional and punch biopsies; Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors; Risk reduction education

**12:40 pm**

**Session Adjourns**

**Tuesday, October 17, 2023**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**8:30 am - 9:30 am - Endocrinology**

**Insulin Therapy for Diabetes**

Treating T2DM with insulin; T1DM

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Endocrinology**

**Osteoporosis**

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

**10:40 am - 11:40 am - Geriatrics**

**Urological Disorders**

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

**11:40 am - 12:40 pm - Geriatrics**

**Heart Failure: Assessment and Management of the Most Expensive Disease in Older Adults**

Recognition of the high mortality associated with heart failure; Understanding how to diagnose heart failure and the difference between reduced ejection fraction and preserved ejection fraction heart failure; Evidence based treatments available for heart failure

**12:40 pm**

**Session Adjourns**

**Wednesday, October 18, 2023**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Oncology**

**Approach to the Patient with Suspected Cancer**

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

**8:30 am - 9:30 am - Oncology**

**Cancer Prevention**

Cancer screening and clinical practices shown to prevent cancer will be reviewed

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Oncology**

**Management of Cancer Survivors**

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

**10:40 am - 11:40 am - Endocrinology**

**Disorders of Thyroid Function**

Prevalence, diagnosis and treatment

**11:40 am - 12:40 pm - Endocrinology**

**Thyroid Nodules**

Diagnosis and treatment

**12:40 pm**

**Session Adjourns**



**Thursday, October 19, 2023**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Oncology**

**A Primary Care Review of New Antiplatelet Agents**

Mechanisms of action, clinical indications, effectiveness, safety and peri-procedure management of current antiplatelet agents will be reviewed

**8:30 am - 9:30 am - Oncology**

**A Primary Care Review of New Oral Anticoagulants**

Mechanisms of action, clinical indications, therapeutic indices, perioperative management and approaches to reversal of new anticoagulant and antiplatelet medications will be reviewed

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Identify cutaneous findings that serve as surrogates of internal diseases
- Differentiate benign and malignant skin tumors and employ appropriate interoffice procedures
- Detect pre-cancerous and cancerous skin lesions
- Utilize a comprehensive geriatric assessment to identify potential issues in the elderly patient
- Diagnose and treat cognitive impairment, dementias, and Alzheimer's disease
- Discuss strategies for the management of difficult behaviors in patients with dementia without the use of psychotropic medications
- Describe the primary care work-up of incontinence in older adults
- Describe the assessment and management of heart failure in older adults
- Develop patient-specific treatment plans for the management of type 2 diabetes
- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Identify the risks of abnormal thyroid function
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Discuss the diagnostic approach to the patient with suspected cancer
- Identify clinical practices shown to prevent cancer
- Evaluate and manage risks of the cancer survivor
- Describe the mechanism of action of new antiplatelet agents
- Manage patients on new oral anticoagulants

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Derm/Endo/Geri/Onc*, with a beginning date of October 15, 2023 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-23-098-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.