



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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## **INTERNAL MEDICINE FOR PRIMARY CARE: ADDICTION/NEUROLOGY/PAIN**

**San Diego, CA - Hotel del Coronado  
December 1 - 3, 2023**

Friday, December 1, 2023

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Neurology**

**The Neurological Exam**

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

**8:30 am - 9:30 am - Neurology**

**Diagnosis of Epilepsy, Paroxysmal Disorders, and Status Epilepticus**

Types of paroxysmal disorders; diagnosis of seizures; seizures vs. epilepsy; classification of seizures and epileptic syndrome; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neurology**

**Treatment of Epilepsy and Status Epilepticus**

Treatment of epilepsies; goals of treatment; initiation and discontinuation of drug therapy; therapeutic monitoring; intractable epilepsy

**10:40 am - 11:40 am - Addiction**

**Substance Use Disorders: Screening & Identification for Primary Care Providers**

Essential information and skills necessary for identifying substance use and addiction in the primary care setting; epidemiology, assessment and screening tools; practical steps for intervention

**11:40 am - 12:40 pm - Addiction**

**Managing Opioids in Primary Care**

Origin and epidemiology; differentiating other elements contributing to the crisis; opioid effects and pharmacology; common misconceptions about opioid analgesic safety; identifying risk for overdose and addiction; best practices and guidelines for safe prescribing and monitoring use

**12:40 pm**

**Session Adjourns**

**Saturday, December 2, 2023**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Addiction**

**Psychopharmacology for Substance Use Disorder**

Psychopharmacologic interventions and overdose and addiction; Medication-assisted Treatment (MAT) with FDA approved medications for treating addiction-indications and contraindications; Medication management for co-occurring psychiatric disorders

**8:30 am - 9:30 am - Addiction**

**Chronic Pain and Alternatives to Opioids**

Epidemiology of pain; risk factors and comorbidity; pain management concepts; patient factors affecting the analgesic response; the relationship between stress and chronic pain; the range of therapeutic options for management including non-pharmacologic approaches

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neurology**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic- induced movement disorders; chorea

**10:40 am - 11:40 am - Pain**

**Chronic Pain Types and Osteoarthritis**

Chronic pain is much more complex than just acute pain that lasts a long time; The physiology and categorization of chronic pain will be explored; Osteoarthritis has characteristics of more than one category of chronic pain; Characteristics that affect treatment planning

**11:40 am - 12:40 pm - Pain**

**Back Pain**

Back pain is a common cause of long term disability; Non-pharmacologic and pharmacologic interventions will be discussed for a variety of causes of back pain including failed back surgery syndrome

**12:40 pm**

**Session Adjourns**



**Sunday, December 3, 2023**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Pain**

**Fibromyalgia and Cannabinoids for Chronic Pain**

Fibromyalgia is a classic example of the nociplastic chronic pain category; A variety of treatment modalities will be discussed; In addition, the evidence regarding the use of cannabinoids for chronic pain will be presented

**8:30 am - 9:30 am - Pain**

**Safe Opioid Prescribing**

The role of opioids in the management of chronic pain will be addressed in the contexts of the updated CDC guidelines and the increasing prevalence of opioid use disorder

**9:30 am**

**Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Perform a neurological exam
- Explain the differential diagnosis of seizures
- Compare the side effect and clinical pharmacology profiles of anti-epileptic drugs
- Evaluate weakness and recognize cardinal features of Parkinson's disease as well as other movement disorders
- Describe strategies for identifying and treating substance use disorders
- Identify therapies, including nonpharmacological pain treatment strategies, that can reduce the dose of opioids to control pain
- Recognize the basic biological, behavioral, and social factors that underly the mechanisms of drug abuse risk and other related problems
- Discuss options for patients with chronic pain addictions
- Identify strategies to overcome the challenges of treating chronic pain
- Discuss techniques for conducting an efficient physical exam of the low back
- Discuss current evidence regarding the use of cannabis for pain management
- Design opioid pain management strategies

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Addiction/Neuro/Pain*, with a beginning date of December 1, 2023 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 4.5 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-144-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.