



**INTERNAL MEDICINE FOR PRIMARY CARE:  
EMERGENCY MEDICINE/GYNECOLOGY/  
INFECTIOUS DISEASES/PAIN MANAGEMENT**

**Maui, HI - The Westin Maui Resort & Spa Kaanapali  
May 19 - 23, 2024**



**Sunday, May 19, 2024**

**2:30 pm**

**Registration**

**3:00 pm - 4:00 pm - Infectious Diseases**

**Skin & Soft Tissue Infections**

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

**4:00 pm - 5:00 pm - Infectious Diseases**

**Respiratory Tract Infections**

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

**5:00 pm - 6:00 pm - Infectious Diseases**

**Genitourinary Infections**

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

**6:00 pm**

**Session Adjourns**

**Monday, May 20, 2024**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Gynecology**

**The New Annual Exam for Women**

Best practices in offering annual pelvic examinations in asymptomatic non-pregnant women; Determination of who should be offered a clinical breast exam as a routine part of the annual women's health exam; The principal elements of the annual women's health visit: screening, vaccinations, evaluation of health risks and needs, counseling; Evidence-based tools to guide components of the annual women's health visit based on age and health needs

**8:30 am - 9:30 am - Gynecology**

**Abnormal Uterine Bleeding**

Overview of normal/abnormal menstrual physiology/profile; Menstrual disturbances; Ovulatory and anovulatory uterine bleeding; Other menstrual abnormalities; Diagnosis and appropriate treatment options

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Gynecology**

**Abnormal Pap Smears and High Risk HPV**

Current recommendations for cervical cancer screening; Incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into your practice; Algorithm for the appropriate use of HPV testing; History of HPV and effectiveness of its use; Recommendations for missed doses; Storage and administration of HPV vaccines

**10:40 am - 11:40 am - Infectious Diseases**

**Gastrointestinal Infections & Clostridioides Difficile**

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridioides difficile colitis and related updates from the ID and infection control literature

**11:40 am - 12:40 pm - Infectious Diseases**

**Antimicrobial Stewardship and Multidrug Resistance**

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

**12:40 pm**

**Session Adjourns**



**Tuesday, May 21, 2024**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Pain**

**Non-Opioid Pharmacologic Options in Pain Management**

NSAID's, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

**8:30 am - 9:30 am - Pain**

**Opioid Pharmacologic Options in Pain Management**

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Pain**

**The Interface of Pain and Addiction**

The disease model of addiction; Strategies for managing patients with both chronic pain and addiction

**10:40 am - 11:40 am - Gynecology**

**Contraception: A Primary Care Review of Best Practice**

Coverage of the effectiveness, side effects and non-contraceptive benefits of available contraceptive options in the U.S.; Discussion of contraceptive counseling that is patient-centric including communicating without coercion; Management strategies for medically complex contraceptive decisions (patients with a history of VTE, breast cancer, hypertension)

**11:40 am - 12:40 pm - Gynecology**

**Breast Cancer Screening and Recent USPSTF Guidelines Update**

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

**12:40 pm**

**Session Adjourns**

**Wednesday, May 22, 2024**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Emergency Med**

**Approach to the Patient Who Becomes Unstable in the Office**

Some patients come to the clinic and become unstable. What needs to be done prior to arrival of the ambulance. This course discusses the evaluation and treatment of unstable patient, initial resuscitation and transfer process.

**8:30 am - 9:30 am - Emergency Med**

**Common Office-Based Emergencies**

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Emergency Med**

**Uncommon Office-Based Emergencies**

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

**10:40 am - 11:40 am - Pain**

**Work-up of the Patient with Low Back Pain**

Understanding the magnitude of the problem in the patient population; Review of anatomy; Classification of pain; Key elements of history and the clinical exam; Medications, manual therapies, injections, as well as psychological and other approaches to pain management

**11:40 am - 12:40 pm - Pain**

**Fibromyalgia**

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

**12:40 pm**

**Session Adjourns**



**Thursday, May 23, 2024**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Emergency Med  
Psychiatric Emergencies in Primary Care**

Most patients with a mental illness come to the office for evaluation and treatment of their complaint. This presentation will review those common psychiatric conditions including depression, anxiety, and substance use disorder. Suicide risk assessment is essential to this evaluation process.

**8:30 am - 9:30 am - Emergency Med  
Wound Care for the Primary Care Office**

The office is an appropriate setting for the treatment of minor wounds. This presentation will provide an understanding of how to evaluate wounds, to properly suture wounds, and subsequent wound management. Criteria for transfer to an emergency department will also be discussed.

**9:30 am**

**Conference Adjourns**



### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- List common causative pathogens for various respiratory tract infections
- Diagnose and manage genitourinary infections
- Evaluate the severity of diarrhea and evaluate the need for treatment
- List goals of an antimicrobial stewardship program and strategies for antimicrobial treatment
- Identify evidence-based tools to determine best practices in incorporating all necessary elements in the annual women's health visit
- Assess and manage abnormal uterine bleeding
- Describe the management of abnormal pap smears and HPV
- Describe approaches to counseling patients for making complex contraceptive decisions
- Discuss the current evidence and recommendations regarding breast cancer screening
- Design non-opioid pain management strategies
- Design opioid pain management strategies
- Identify strategies for managing patients with both chronic pain and addiction
- Discuss key concepts in the evaluation and treatment options of low back pain
- Compare the benefits and side effect profiles of pharmacologic treatment options for fibromyalgia
- Evaluate a patient who becomes unstable in the office and prepare for transport via ambulance
- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department
- Describe the in office management of anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns
- Discuss the importance of suicide risk assessment in patients presenting with psychiatric emergencies
- Evaluate and manage minor wounds

### **Disclosure of Conflicts of Interest**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Emergency Med/Gyn/ID/Pain*, with a beginning date of May 19, 2024 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.0 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.