



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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INTERNAL MEDICINE FOR PRIMARY CARE: ADDICTION/PAIN MANAGEMENT/PALLIATIVE

**Savannah, GA - The DeSoto Savannah
October 6 - 8, 2023**

Friday, October 6, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Addiction

Addiction 101

The disease model of addiction and its underlying neurobiology; Screening for unhealthy use of substances and diagnosis of substance use disorders; Non-pharmacologic interventions for use disorders

8:30 am - 9:30 am - Addiction

Certain Substances

The concept of addiction liability; A survey of the various classes of addictive substances; Clinical pearls of urine drug testing

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Addiction

Pharmacotherapy

A survey of medications used to treat various substance use disorders with a focus on nicotine replacement, bupropion, varenicline, disulfiram, naltrexone, acamprosate, methadone and buprenorphine

10:40 am - 11:40 am - Pain

Non-Opioid Pharmacologic Options in Pain Management

NSAID's, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

11:40 am - 12:40 pm - Pain

Opioid Pharmacologic Options in Pain Management

Overall safety and efficacy, selecting and monitoring patients, pain contracts, regulatory issues

12:40 pm

Session Adjourns

Saturday, October 7, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Pain

Interventional Pain Management Options

Procedures, pain clinics, nerve blocks, shots, epidural options, and urine drug testing for primary care practitioners

8:30 am - 9:30 am - Pain

Fibromyalgia

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Addiction

Chronic Pain and Addictions

Treatment of pain in the context of opioid use disorder; The impact of alcohol and sedatives on acute and chronic pain

10:40 am - 11:40 am - Palliative

Overview of the Medicare Hospice Benefit

Which patients are eligible? What is palliative care? What does the Medicare benefit provide for patients and families?

11:40 am - 12:40 pm - Palliative

Palliative Care for the PCP: Symptom Management

Symptom management; Symptom management of dyspnea and cough, pain, nausea and vomiting, constipation, and agitation, at the end of life

12:40 pm

Session Adjourns



Sunday, October 8, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Palliative

Prognostication for the PCP

Estimating life expectancy for patients with life-limiting illnesses such as CHF, Alzheimer's dementia, Parkinson's disease, end stage renal disease

8:30 am - 9:30 am - Palliative

Addressing Goals of Care

Definition of POA, DNR, DNI, DNH, MOLST, POLST; Techniques on how to address goals of care, both in acute crisis as well as when the patient has chronic issues

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the neurobiology of addiction
- Review the effects of addictive drugs including hallucinogens, stimulants, inhalants, sedatives, tobacco and alcohol
- List FDA approved medications for addiction treatment and examine the role of each
- Discuss options for patients with chronic pain addictions
- Design non-opioid pain management strategies
- Design opioid pain management strategies
- Describe interventional pain management strategies
- Compare the benefits and side effect profiles of pharmacologic treatment options for fibromyalgia
- Describe how to maximize hospice care for all patients
- Describe the primary care approach to palliative medicine including symptom management
- Recognize the importance of prognosis in decision making for seriously ill patients
- Define and establish goals of care with patients and their families

Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Addiction/Pain/Palliative*, with a beginning date of October 6, 2023 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-23-093-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.