



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**MEN'S & WOMEN'S HEALTH FOR PRIMARY CARE:
ENDOCRINOLOGY/GYNECOLOGY/MEN'S UROLOGY/OBSTETRICS**

**San Juan, Puerto Rico - The Royal Sonesta San Juan
March 14 - 17, 2024**



Thursday, March 14, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Gynecology

Abnormal Bleeding in the Adolescent

Review normal and abnormal uterine bleeding (UAB) in teens and adolescents; Discuss the diagnostic criteria and treatment options for UAB and PCOS in the adolescent patient

8:30 am - 9:30 am - Gynecology

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into practice; Algorithm for the appropriate use of HPV testing and managing results; Determining appropriate candidates for the use of the HPV vaccine

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gynecology

Menopause Transition and Hormone Replacement Therapy

Symptoms of menopause, including hot flashes, night sweats, and atrophy; Menopause syndromes, including osteoporosis, breast cancer, cardiac disease, and colon cancer; Estrogen analogs; Counseling patients in options and alternatives to hormone therapy; Designer estrogens; SERMs; HRTs; Discussion of risks and benefits, especially in breast cancer and CHD

10:40 am - 11:40 am - Endocrinology

Disorders of Thyroid Function

Prevalence, diagnosis and treatment

11:40 am - 12:40 pm - Endocrinology

Thyroid Nodules and Cancer

Diagnosis and treatment

12:40 pm

Session Adjourns



Friday, March 15, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Endocrinology

Evaluation and Management of Pituitary Disease

Diagnosis and treatment of pituitary disorders

8:30 am - 9:30 am - Endocrinology

Adrenal Disorders in Primary Care

Evaluation and management of adrenal hyper and hypofunction; Endocrine hypertension

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gynecology

Breast Cancer Screening and Recent USPSTF Guidelines Update

Comparison of recent breast cancer screening recommendations from U.S. Preventive Services Task Force, ACOG/ACS/NCCN, including a discussion of risks and benefits of screening at various ages; Review of the new USPSTF guideline on BRCA-related cancer: risk assessment, genetic counseling, and genetic testing, including risk assessment tools for women with a personal or family history of breast, ovarian and related cancers

10:40 am - 11:40 am - Obstetrics

Preconception Counseling

Screening and evaluation prior to a planned pregnancy; Review of current recommendations for carrier testing and when to refer a patient for specialty evaluation prior to conception

11:40 am - 12:40 pm - Obstetrics

Preexisting Disease and Pregnancy

Review of management of common disorders during pregnancy, such as hypertension, pre-gestational diabetes, asthma, obesity, thyroid disease, depression; Discussion of the impact of pregnancy on disease state as well as impact of the disease on pregnancy well-being and outcomes, with a focus on management recommendations during pregnancy

12:40 pm

Session Adjourns



Saturday, March 16, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Obstetrics

Substance Use Disorders in Pregnancy

Discuss marijuana and opioid use in pregnancy; Discuss risks of in-utero exposure to these drugs in pregnancy; Understand recommendations for opioid assisted treatment in pregnancy

8:30 am - 9:30 am - Obstetrics

Postpartum Depression

Presentation detailing multi-faceted complexities of this challenging medical dilemma; practical approaches to guide new mothers through the treatment and recovery process

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Men's Urology

Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

10:40 am - 11:40 am - Men's Urology

Androgen Replacement and Sexual Function

Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

11:40 am

Session Adjourns



Sunday, March 17, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Men's Urology

Male Malignancies (Prostate & Testicular)

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

8:30 am - 9:30 am - Men's Urology

Prostate Cancer Screening and Treatment

Review and clarification of the often confusing and political literature regarding prostate cancer screening, risks, and benefits of screening for prostate cancer and strategies for decreasing the risk of over treatment

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Evaluate abnormal uterine bleeding, including PCOS, in the adolescent patient
- Describe the management of HPV infection and abnormal pap smear results
- Discuss menopausal transition and the risks/benefits of treatment options
- Discuss the current evidence and recommendations regarding breast cancer screening
- Identify the risks of abnormal thyroid function
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Describe treatment options for pituitary disorders
- List management strategies of adrenal hyper and hypofunction
- Identify preconception interventions that can enhance pregnancy outcomes
- Monitor for preexisting disease and potential complications in pregnancy
- Discuss risks and treatment options for in-utero risks of substance use in pregnancy
- Identify ways in which postpartum depression impacts pregnancy, birth outcomes, and the postpartum period
- Differentiate between benign prostate conditions and prostate cancers
- Discuss medical management of male sexual health
- Discuss the biology and screening, and treatment options of prostate and testicular cancer
- Discuss the biology, screening, and treatment options of prostate cancer



Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Men's & Women's Health for Primary Care: Endo/Gyn/Men's Uro/OB*, with a beginning date of March 14, 2024 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.