



ENDOCRINOLOGY FOR PRIMARY CARE

**Disneyland® Resort, CA - Disney's Grand Californian Hotel® & Spa
October 5 - 8, 2023**



Thursday, October 5, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Endocrinology
GLP-1 and Insulin Therapy for Diabetes

Treating T2DM with insulin; T1DM

8:30 am - 9:30 am - Endocrinology
Management of Hospital Hyperglycemia

Review Endocrine Society guidelines for inpatient management of hyperglycemia; Review of Sitagliptin's use for inpatient management of hyperglycemia; Define "new onset hyperglycemia" (glucose > 199 mg/dl) and how it increases hospital mortality 2-30 fold

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Dyslipidemias

Cholesterol disorders; triglyceride disorders; AHA/ACCF guidelines; new tests and current therapies

10:40 am - 11:40 am - Endocrinology

Disorders of Calcium Metabolism

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

11:40 am - 12:40 pm - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

12:40 pm

Session Adjourns

Friday, October 6, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Endocrinology

Metabolic Bone Disease

Disorders of bone strength caused by abnormalities of minerals, vitamin D, bone mass and structure; The role of calcium and phosphorus; Osteomalacia, Paget's disease and parathyroid disorders

8:30 am - 9:30 am - Endocrinology

Endocrinology Cases: Calcium Disorders

Challenging case presentations in calcium disorders

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Hospital Clinical Nutrition: How to Improve Your Patients' Hospital Survival

Admission Serum Albumin is a great marker of injury/infection or inflammation, the lower the level the higher the hospital mortality risk; Discussion of patients with a 5% weight loss upon admission to the hospital; Review body weight loss and how to diagnose moderate malnutrition and explore the cause for the increased mortality risk; Identification of those patients who will benefit from additional calorie intake in the hospital

10:40 am - 11:40 am - Endocrinology

Top Questions in the Diagnosis and Management of Hypothyroidism

Prevalence, diagnosis and treatment

11:40 am - 12:40 pm - Endocrinology

Top Questions in the Diagnosis and Management of Hyperthyroidism

Diagnosis and treatment

12:40 pm

Session Adjourns



Saturday, October 7, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Endocrinology

Top Questions in the Diagnosis and Management of Thyroid Nodules and Cancer

Diagnosis and treatment

8:30 am - 9:30 am - Endocrinology

Clinical Cases in Hypothyroidism, Hyperthyroidism, Thyroid Nodules and Cancers

Challenging case presentations in thyroid dysfunction

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Evaluation and Management of Pituitary Disease

Diagnosis and treatment of pituitary disorders

10:40 am - 11:40 am - Endocrinology

Adrenal Disorders in Primary Care

Evaluation and management of adrenal hyper and hypofunction; Endocrine hypertension

11:40 am

Session Adjourns



Sunday, October 8, 2023

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Endocrinology

Male Hypogonadism

Evaluation of primary and secondary hypogonadism in men; Advantages and disadvantages of all testosterone preparations; Effective testosterone replacement monitoring plans

8:30 am - 9:30 am - Endocrinology

Female Hyperandrogenic Disorders

Clinical manifestations of hyperandrogenism, biochemical testing, and differential diagnosis of female hyperandrogenic disorders.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Discuss patient management of hyperglycemia
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment
- Identify the most effective strategies for treating patients needing additional calorie intake in the hospital
- Discuss current diagnostic criteria and treatment approaches to disorders of calcium metabolism
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Utilize case-based learning to develop treatment plans for calcium disorders
- Identify the risks of abnormal thyroid function
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Utilize case-based learning to develop treatment plans for thyroid disorders
- Describe treatment options for pituitary disorders
- List management strategies of adrenal hyper and hypofunction
- Review data regarding prostate cancer and testosterone replacement
- Describe diagnosis and management of female hyperandrogenic disorders



Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Endocrinology for Primary Care*, with a beginning date of October 5, 2023 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-23-092-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.