



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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## **NEUROLOGY & PSYCHIATRY FOR PRIMARY CARE**

**Aruba - The Ritz-Carlton, Aruba  
November 2 - 5, 2023**

Thursday, November 2, 2023

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Neurology - 1**

**The Neurological Exam**

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

**8:30 am - 9:30 am - Neurology - 1**

**Alzheimer's & Other Dementias**

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neurology - 1**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**10:40 am - 11:40 am - Neurology - 2**

**Stoke and TIA: Prevention and Acute Intervention Strategies**

Epidemiology; identifying the high-risk patient; treatment effects; transient neurological deficit: carotid, vertebrobasilar; non-specific cerebral symptoms; migraines vs. TIA; treatment options

**11:40 am - 12:40 pm - Neurology - 2**

**Headaches & Migraines**

Basic headache mechanisms; headache history: characteristics, precipitating factors, medical conditions; migraine: common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; Giant Cell Arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

**12:40 pm**

**Session Adjourns**

**Friday, November 3, 2023**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Neurology - 2**

**Neuropathy and Neuropathic Pain**

Discussion of the spectrum of neuropathic signs, symptoms and causes; the approach to bedside examination; discussion of the mechanism of neuropathic pain; effective therapies

**8:30 am - 9:30 am - Neurology - 2**

**Dizziness & Vertigo**

Definition of terms; concepts; physiologic mechanisms; medical, neurological and laboratory evaluation of the patient; diseases that present with a complaint of dizziness; acute paroxysmal vertigo; acute positional vertigo; Meniere's disease; acoustic neuroma; cerebellar hemorrhage, etc.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neurology - 1**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**10:40 am - 11:40 am - Psychiatry - 1**

**The Complexity of Adult ADHD**

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

**11:40 am - 12:40 pm - Psychiatry - 1**

**Suicide and Violence**

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

**12:40 pm**

**Session Adjourns**

**Saturday, November 4, 2023**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Psychiatry - 1**

**Depressive Disorders**

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

**8:30 am - 9:30 am - Psychiatry - 1**

**The Difficult Patient**

Understanding patient who interprets benign interpersonal and social interactions in an idiosyncratic and negative way; management of such behavior and avoidance of negative feelings in the physician

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Psychiatry - 2**

**Bipolar Spectrum Disorders**

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

**10:40 am - 11:40 am - Psychiatry - 2**

**Substance Abuse**

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

**11:40 am**

**Session Adjourns**



**Sunday, November 5, 2023**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Psychiatry - 2**

**Anxiety Disorders**

Symptoms and diagnoses; treatment options

**8:30 am - 9:30 am - Psychiatry - 2**

**Coping with Chronic Illness**

Optimization of psychiatric and medical treatment; strengthening the patient's response to psychiatric and medical treatment through optimizing adherence; behavioral strategies and specific tools to help change health behaviors

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Perform a neurological exam
- Discuss evidence-based management options for Alzheimer's disease
- Evaluate weakness and recognize cardinal features of Parkinson's disease as well as other movement disorders
- Utilize history and physical examination to distinguish weakness from non-specific symptoms
- Utilize prevention and treatment strategies for cerebrovascular disorders
- Describe the differential diagnosis of headaches and migraines
- Discuss the mechanism of neuropathic pain
- Recognize diseases that present with a complaint of dizziness
- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression
- Utilize suggested strategies to manage "the difficult patient"
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Describe strategies for identifying and treating substance use disorders
- Review current evidence for the treatment of anxiety disorders
- Describe common obstacles and management strategies to cope with chronic illness



### **Disclosure of Conflicts of Interest**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Neurology & Psychiatry for Primary Care*, with a beginning date of November 2, 2023 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.





### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-23-105-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.