# GERIATRIC MEDICINE FOR PRIMARY CARE: GERIATRICS/PULMONOLOGY/VASCULAR

Las Vegas, NV - Waldorf Astoria Las Vegas February 16 - 18, 2024

#### Friday, February 16, 2024

#### 7:00 am

#### **Registration and Breakfast**

#### 7:30 am - 8:30 am - Geriatrics

#### **Approach to the Geriatric Patient**

The demographics of aging and the physiologic changes in the elderly patient; Medication use in the elderly including changes in age-related pharmacokinetics and pharmacodynamics and medication adherence; Review of risky medications often used in elderly patients

#### 8:30 am - 9:30 am - Geriatrics

#### **Urological Disorders**

Review of two very common conditions seen in the elderly population: benign prostatic hyperplasia (BPH), and urinary incontinence; Pathogenesis, clinical symptoms, recommended evaluation and management options for BPH; Review of the anatomy and mechanism of normal urinary function, causes of incontinence, the evaluation and management

#### 9:30 am - 9:40 am

#### **Coffee Break**

#### 9:40 am - 10:40 am - Geriatrics

#### Alzheimer's & Other Dementias

Review of normal age-related changes in cognitive function as well as disorders of memory and cognition as part of dementing illness; Mental status exams, including their limitations in evaluating memory; Various types of dementia and the importance of an accurate diagnosis; Current treatment options for various kinds of dementia; Potentially reversible dementias; The responsibilities of healthcare providers in managing patients with dementia

#### 10:40 am - 11:40 am - Vascular Medicine

#### Peripheral Vascular Disease and Approaching Abdominal Aortic Aneurysms

Defining the spectrum of maladies included in peripheral vascular disease and understanding underlying arterial pathology including atherosclerosis; abdominal aortic aneurysm diagnosis, evaluation and treatment is also included

#### 11:40 am - 12:40 pm - Vascular Medicine

Stroke: Initial Presentation to Medical and Surgical Treatment

Carotid occlusive disease and stroke

#### 12:40 pm

#### **Session Adjourns**

#### Saturday, February 17, 2024

#### 7:00 am

#### **Registration and Breakfast**

7:30 am - 8:30 am - Vascular Medicine

Venous Thrombosis Through the Eyes of an Interventionalist

Venous Thrombosis: Diagnosis, evaluation and treatment

8:30 am - 9:30 am - Vascular Medicine

The Dysvascular Limb: How to Approach Swelling and Ulcers

The swollen limb and the ulcerated foot: organizational approach to the differential diagnosis, data gathering and evaluation, treatment options and follow-up

9:30 am - 9:40 am

#### **Coffee Break**

#### 9:40 am - 10:40 am - Geriatrics

#### **Managing Behavior Problems in Dementia Patients**

Review of common behavior disorders often seen in patients with dementia; Behavioral techniques which have shown to be effective in managing some of the behavior disorders in patients with Alzheimer's and other dementias, focusing on the management of these patients without the use of psychotropic medications; Examples of behavior disturbances along with the behavior management technique which was effective in managing the patient with the behavior problem; Review of the potential adverse effects of the psychotropic medications usually used to manage behavior

# 10:40 am - 11:40 am - Pulmonology

#### COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

#### 11:40 am - 12:40 pm - Pulmonology

# **Lung Cancer Screening & Pulmonary Nodules**

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

#### 12:40 pm

#### **Session Adjourns**

#### Sunday, February 18, 2024

#### 7:00 am

#### **Registration and Breakfast**

7:30 am - 8:30 am - Pulmonology

### **Deep Vein Thrombosis & Pulmonary Embolism**

Clinical presentation: The great masquerader; diagnostic controversies; acute treatment; chronic therapy and complications; ACCP Guidelines.

8:30 am - 9:30 am - Pulmonology

#### Sleep Apnea

Systemic consequences of untreated disease; polysomnography: what patient should expect and how to read the report; treatment options.

9:30 am

**Conference Adjourns** 

#### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

#### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive geriatric assessment to identify potential issues in the elderly patient
- Describe the primary care work-up of incontinence in older adults
- Diagnose and treat cognitive impairment, dementias, and Alzheimer's disease
- Discuss strategies for the management of difficult behaviors in patients with dementia without the use of psychotropic medications
- Describe the spectrum of maladies included in peripheral vascular disease
- Discuss presentation and interventional treatment of stroke patients
- Describe the evaluation and treatment of venous thrombosis
- Discuss presentation and interventional treatment of swelling and ulcers of dysvascular limbs
- Describe the current therapeutic management of COPD
- Discuss diagnosis and screening strategies as well as treatment plans for lung nodules and lung cancer
- Diagnose deep vein thrombosis and pulmonary embolism and discuss appropriate therapeutic options
- Discuss systemic consequences and treatment options for sleep apnea

# **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

#### **Disclaimer**

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.



# PRIMARY CARE CONFERENCES EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

#### **Accreditation Statements**

#### Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

# Physician Credit Designation AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

# **American Academy of Family Physicians (AAFP)**



This Live activity, *Geriatric Medicine for Primary Care: Geri/Pulm/Vasc*, with a beginning date of February 16, 2024 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

# **American Osteopathic Association (AOA)**

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

# **American College of Emergency Physicians (ACEP)**

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

# **Canadian Physicians**

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

# **Nursing Credit Designation**

# **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

# Physician Assistant Credit Designation American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

# Pharmacy Accreditation Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.