



**INTERNAL MEDICINE FOR PRIMARY CARE:  
DERMATOLOGY/EMERGENCY MEDICINE/  
GASTROENTEROLOGY/NECK & SPINE**

**Walt Disney World® Resort, FL - Disney's Contemporary Resort  
March 10 - 14, 2024**



**Sunday, March 10, 2024**

**2:30 pm**

**Registration**

**3:00 pm - 4:00 pm - Dermatology**

**Dermatitis**

Overview of the causes and forms of skin irritants; Contact, atopic, irritant, nummular, seborrheic and exfoliative; Treatment of blistering, oozing, crusting and flaking; Diagnostic principles and management strategies

**4:00 pm - 5:00 pm - Dermatology**

**Papulosquamous Diseases**

Diagnostic principles of skin lesions consisting of red or purple papules; Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; Discussion of how to tell one scaly rash from another

**5:00 pm - 6:00 pm - Dermatology**

**Common Infections of the Skin**

Diagnosis and management of fungal, viral and bacterial skin infections; Overview and comparison of treatment options

**6:00 pm**

**Session Adjourns**



**Monday, March 11, 2024**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Neck & Spine**

**Diagnosis and Treatment of Lumbar Spine Disorders**

A practical approach to the diagnosis and early management of lumbar spine disorders will be presented. Anatomy, differential diagnosis, as well as physical examination concepts will be covered.

**8:30 am - 9:30 am - Neck & Spine**

**Diagnosis and Treatment of Cervical Spine and Select Upper Extremity Disorders**

A practical approach to the diagnosis and early management of cervical spine and selected upper extremity disorders will be presented. Anatomy, differential diagnosis, as well as physical examination concepts will be covered.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neck & Spine**

**Physical Examination of the Lumbar Spine, Hip, and Sacroiliac Joint**

Exam techniques will be demonstrated and discussed

**10:40 am - 11:40 am - Dermatology**

**Benign Skin Tumors**

Proper diagnosis and treatment of common benign tumors; Biopsies and histopathologic examination; Nevi, seborrheic keratosis keloids, hemangiomas and miscellaneous tumors; When to refer

**11:40 am - 12:40 pm - Dermatology**

**Premalignant and Malignant Skin Tumors**

Recognition of precursors of malignancies; Excisional and punch biopsies; Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors; Risk reduction education

**12:40 pm**

**Session Adjourns**

**Tuesday, March 12, 2024**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Gastroenterology**

**Management of Lower GI Bleeding- From Occult to Massive**

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

**8:30 am - 9:30 am - Gastroenterology**

**Celiac Disease and Chronic Diarrhea**

Millions of Americans are now on a gluten free diet. Only some of them actually have Celiac disease. We will review the workup of diarrhea and malabsorption with a focus on celiac disease; We will discuss how to diagnose celiac disease when a patient is already on a gluten free diet and an appropriate differential diagnosis

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Gastroenterology**

**Colorectal Cancer Screening and Surveillance**

Reviews the most recent recommendations for CRC screening in the general population at average risk for CRC.

**10:40 am - 11:40 am - Neck & Spine**

**Non-surgical Treatment of Low Back Pain**

Comprehensive overview of various options for activity modification; The role and maximum benefit of physical therapy and the various modalities; Medications; Discussion of interventional treatments

**11:40 am - 12:40 pm - Neck & Spine**

**Non-Opioid Pharmacologic Options in Pain Management**

NSAIDs, acetaminophen, topicals, injections, antidepressants, anticonvulsants, medical marijuana

**12:40 pm**

**Session Adjourns**

**Wednesday, March 13, 2024**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Emergency Med**

**Approach to the Patient Who Becomes Unstable in the Office**

Some patients come to the clinic and become unstable. What needs to be done prior to arrival of the ambulance. This course discusses the evaluation and treatment of unstable patient, initial resuscitation and transfer process.

**8:30 am - 9:30 am - Emergency Med**

**Common Office-Based Emergencies**

Office-based evaluation of shortness of breath, chest pains, abdominal pain, syncope, seizure and endocrine related problems. Criteria for transfer to an emergency department will also be discussed.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Emergency Med**

**Uncommon Office-Based Emergencies**

Patients may present to the clinic with uncommon but easily treatable disorders. These conditions include anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns. Criteria for transfer to an emergency department will also be discussed.

**10:40 am - 11:40 am - Gastroenterology**

**Bootcamp for Elevated Liver Function Tests**

The elevation of elevated liver function tests can be challenging, how much testing is needed?; Discussion of common sources of elevated liver function tests; Recognition of Non Alcoholic Fatty Liver Disease; Hepatitis B evaluation and treatment; Hemochromatosis evaluation; A primary care perspective on Hepatitis C

**11:40 am - 12:40 pm - Gastroenterology**

**Approach to Abnormal Liver Function Tests and Non-Alcoholic Fatty Liver Disease (NAFLD)**

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

**12:40 pm**

**Session Adjourns**



**Thursday, March 14, 2024**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Emergency Med**

**Toxicology Emergencies Commonly Seen in the Office**

Patients may walk into the clinic who have taken a toxic substance or drug overdose. It is important to do a detailed history, look for physical clues and determine if the patient has a toxidrome. The presentation will aid in determining who needs to go to emergency room and who can be treated in the office.

**8:30 am - 9:30 am - Emergency Med**

**OB/GYN and Male Emergencies in the Office Practice**

Patients with vaginal bleeding need a pregnancy assessment to determine whether this presentation is an emergency or can be handled in the office. Vaginal bleeding related to pregnancy and unrelated to pregnancy, STDs, toxic shock syndrome and sexual assault will be discussed in this talk. Male sexual disorders such as testicular torsion and epididymitis will also be discussed.

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Compare the different treatment options for fungal skin infections and nail infections
- Differentiate benign and malignant skin tumors and employ appropriate interoffice procedures
- Detect pre-cancerous and cancerous skin lesions
- Identify early treatment options for the management of lumbar spine disorders
- Utilize observation, palpation, range of motion and neurologic exams to diagnose cervical spine disorders
- Evaluate abnormal gait patterns
- Describe the role of physical therapy and activity modification for treating low back pain
- Design non-opioid pain management strategies
- List current treatment recommendations for the management of lower GI bleeding
- Recommend appropriate testing for the workup of celiac disease
- Discuss the guidelines for colonoscopic colorectal cancer screening and surveillance
- Describe needed testing for elevated liver function tests
- Identify risk factors for the development of non-alcoholic fatty liver disease
- Evaluate a patient who becomes unstable in the office and prepare for transport via ambulance
- Recognize when common complaints such as abdominal pain require urgent referral to the emergency department
- Describe the in office management of anaphylaxis, hyper and hypothermia, animal and insect bites and stings and thermal burns
- Utilize history and physical exam to determine if a patient has a toxidrome
- Distinguish when vaginal bleeding and other OB/GYN emergencies, as well as select male emergencies can be handled in office as opposed to the emergency department

### **Disclosure of Conflicts of Interest**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Derm/Emergency Med/Gastro/Neck & Spine*, with a beginning date of March 10, 2024 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.