



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
ENDOCRINOLOGY/GASTROENTEROLOGY/INFEC
TIOUS DISEASES/PALLIATIVE**

**Big Island, HI - Fairmont Orchid
July 21 - 25, 2024**



Sunday, July 21, 2024

2:30 pm

Registration

3:00 pm - 4:00 pm - Endocrinology

Type 2 Diabetes Mellitus

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

4:00 pm - 5:00 pm - Endocrinology

Insulin Therapy for Diabetes

Treating T2DM with insulin; T1DM

5:00 pm - 6:00 pm - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

6:00 pm

Session Adjourns

Monday, July 22, 2024

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Infectious Diseases

Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

8:30 am - 9:30 am - Infectious Diseases

Respiratory Tract Infections

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Infectious Diseases

Gastrointestinal Infections & Clostridiodes Difficile

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridiodes difficile colitis and related updates from the ID and infection control literature

10:40 am - 11:40 am - Endocrinology

Metabolic Bone Disease

Disorders of bone strength caused by abnormalities of minerals, vitamin D, bone mass and structure; The role of calcium and phosphorus; Osteomalacia, Paget's disease and parathyroid disorders

11:40 am - 12:40 pm - Endocrinology

Disorders of Thyroid Function

Prevalence, diagnosis and treatment

12:40 pm

Session Adjourns

Tuesday, July 23, 2024

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Palliative

Overview of the Medicare Hospice Benefit

Which patients are eligible? What is palliative care? What does the Medicare benefit provide for patients and families?

8:30 am - 9:30 am - Palliative

Palliative Care for the PCP: Symptom Management

Symptom management; Symptom management of dyspnea and cough, pain, nausea and vomiting, constipation, and agitation, at the end of life

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Palliative

Prognostication for the PCP

Estimating life expectancy for patients with life-limiting illnesses such as CHF, Alzheimer's dementia, Parkinson's disease, end stage renal disease

10:40 am - 11:40 am - Infectious Diseases

Genitourinary Infections

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

11:40 am - 12:40 pm - Infectious Diseases

Antimicrobial Stewardship and Multidrug Resistance

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

12:40 pm

Session Adjourns

Wednesday, July 24, 2024

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Gastroenterology

Management of Lower GI Bleeding- From Occult to Massive

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approached to the spectrum of patients presenting with hematochezia

8:30 am - 9:30 am - Gastroenterology

Celiac Disease and Chronic Diarrhea

Millions of Americans are now on a gluten free diet. Only some of them actually have Celiac disease. We will review the workup of diarrhea and malabsorption with a focus on celiac disease; We will discuss how to diagnose celiac disease when a patient is already on a gluten free diet and an appropriate differential diagnosis

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Colorectal Cancer Screening and Surveillance

Reviews the most recent recommendations for CRC screening in the general population at average risk for CRC.

10:40 am - 11:40 am - Palliative

Addressing Goals of Care

Definition of POA, DNR, DNI, DNH, MOLST, POLST; Techniques on how to address goals of care, both in acute crisis as well as when the patient has chronic issues

11:40 am - 12:40 pm - Palliative

Advanced Pain Management in the Palliative Care Patient

Treatment of pain with both nonopioid and opioid medications; New guidelines related to opioid prescribing; Side effects management

12:40 pm

Session Adjourns



Thursday, July 25, 2024

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Gastroenterology

Approach to Abnormal Liver Function Tests and Non-Alcoholic Fatty Liver Disease (NAFLD)

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

8:30 am - 9:30 am - Gastroenterology

Probiotics: Fulfilling the Promise & Understanding and Treating C difficile

Our patients are being inundated with the promise of probiotics; Course will review the proven GI uses of probiotics; Course will analyze "best practices" of diagnosing C difficile; Latest treatment regimens will be compared and contrasted; Discussion of fecal transplants, the "ultimate" probiotic

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Develop patient-specific treatment plans for the management of type 2 diabetes
- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Review the diagnostic criteria and therapeutic approaches to osteoporosis and other calcium related disorders
- Identify the risks of abnormal thyroid function
- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- List common causative pathogens for various respiratory tract infections
- Evaluate the severity of diarrhea and evaluate the need for treatment
- Diagnose and manage genitourinary infections
- List goals of an antimicrobial stewardship program and strategies for antimicrobial treatment
- Describe how to maximize hospice care for all patients
- Describe the primary care approach to palliative medicine including symptom management
- Recognize the importance of prognosis in decision making for seriously ill patients
- Define and establish goals of care with patients and their families
- Discuss pain management options with both nonopioid and opioid medications
- List current treatment recommendations for the management of lower GI bleeding
- Recommend appropriate testing for the workup of celiac disease
- Discuss the guidelines for colonoscopic colorectal cancer screening and surveillance
- Identify risk factors for the development of non-alcoholic fatty liver disease
- List the proven GI uses of probiotics

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Endo/Gastro/ID/Palliative*, with a beginning date of July 21, 2024 has been reviewed and is acceptable for up to 20 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1

credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.