



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/GASTROENTEROLOGY/
ONCOLOGY/PSYCHIATRY**

**Disneyland® Resort, CA - Disney's Grand Californian Hotel® & Spa
May 30 - June 2, 2024**



Thursday, May 30, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Gastroenterology

Hepatitis B and C Management

HBV screening: whom to screen, whom to vaccinate; management of patients with decompensated hepatitis B related liver disease; treatment in special populations

8:30 am - 9:30 am - Gastroenterology

Abnormal Liver Function Tests Related to Drug-induced Liver Injury (DILI)

A review of how to approach abnormal liver enzymes, formulate differential diagnosis, and review indications for liver biopsy. Will discuss frequent causes of DILI and its management.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Non-alcoholic Fatty Liver Disease (NAFLD)

The "Other" Worldwide Pandemic. Review of risk factors, prevalence, evaluation, management, and hope future management.

10:40 am - 11:40 am - Oncology

Cancer Prevention

Cancer screening and clinical practices shown to prevent cancer will be reviewed

11:40 am - 12:40 pm - Oncology

Approach to the Patient with Suspected Cancer

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

12:40 pm

Session Adjourns

Friday, May 31, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Oncology

Management of Cancer Survivors

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

8:30 am - 9:30 am - Oncology

A Primary Care Review of New Antiplatelet Agents

Mechanisms of action, clinical indications, effectiveness, safety and peri-procedure management of current antiplatelet agents will be reviewed

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Cirrhosis and Indications for Liver Transplantation

Review of diagnosis, evaluation, management of complications. Will review indications for referral for evaluation of liver transplantation, transplant selection process, and national liver organ allocation policies.

10:40 am - 11:40 am - Psychiatry

The Complexity of Adult ADHD

Diagnosis and treatment of ADHD in adults with an emphasis on history taking, differential diagnosis, medical and psychiatric co-morbidity, and FDA-approved treatments

11:40 am - 12:40 pm - Psychiatry

Bipolar Spectrum Disorders

Bipolar spectrum disorders in adults compared to children and adolescents; the importance of longitudinal/developmental history; multiple medical and psychiatric co-morbidities; evidence-based treatments

12:40 pm

Session Adjourns



Saturday, June 1, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Psychiatry

Substance Abuse

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

8:30 am - 9:30 am - Psychiatry

Burnout and Physician Wellness: Surviving the New Realities of Practice

Strategies to enable physicians and other healthcare providers in coping with increased pressures and responsibilities

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology

Acute Coronary Syndromes: The Patient with Acute Chest Pain

Diagnosis and initial evaluation in the primary care setting, urgent care clinic and emergency department; Initial workup, treatment, and follow-up; Diagnosing and treating ST segment elevation and non-ST segment elevation MIs; The role of drug therapy--primary vs adjunctive to PCI; Follow up after acute coronary syndromome

10:40 am - 11:40 am - Cardiology

Primary & Secondary Prevention of CAD

AHA/ACC and other lipid guidelines updates; HDL Cholesterol: The good cholesterol?; The role of triglycerides in ASCVD--who to treat; Metabolic syndrome and/or obesity; Who needs treatment and how much; The role of lifestyle changes, exercise and cardiac rehabilitation; The use of vitamin D and supplements for cardiology patients; Drug therapy updates

11:40 am

Session Adjourns



Sunday, June 2, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Cardiology

Congestive Heart Failure

Etiologies and stages of heart failure; ACC/AHA Heart Failure guidelines; Heart failure with reduced EF (LVrEF) and heart failure with preserved EF (HFpEF); Determining patients for referral using biomarkers; Treatment options: ACE inhibitors, ARBs, beta blockers, mineralocorticoid receptor antagonists; The role of devices in treatment and Anticoagulation and antiplatelet drugs; Issues related to the hospitalized patient with acute decompensated heart failure

8:30 am - 9:30 am - Cardiology

Hypertension

The latest 2017 Multisociety Hypertension Guidelines; Updates after the guidelines; Approaches to treatment-thresholds and goals; Choices for initial and combination therapy; Resistant hypertension; Treating special populations: diabetics, the elderly, patients with renal failure

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- List current treatment recommendations for HBV and HCV
- Discuss causes and management of DILI
- Discuss evaluation and management of NAFLD
- List indications for referral to liver transplant
- Identify clinical practices shown to prevent cancer
- Discuss the diagnostic approach to the patient with suspected cancer
- Evaluate and manage risks of the cancer survivor
- Describe the mechanism of action of new antiplatelet agents
- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Describe strategies for identifying and treating substance use disorders
- Discuss options for coping with increased practice pressure with the goal of avoiding provider burnout
- Describe current diagnostic approaches and the role of drug therapy to the patient with acute chest pain
- Implement lifestyle changes as well as lipid and cholesterol guidelines for the prevention of CAD
- Implement treatment strategies reflective of recent guidelines and current evidence based medicine for CHF
- Explain current concepts in the diagnosis and treatment of hypertension



Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Cardio/Gastro/Onc/Psych*, with a beginning date of May 30, 2024 has been reviewed and is acceptable for up to 16 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.