



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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CARDIOLOGY & PULMONOLOGY FOR PRIMARY CARE

**Savannah, GA - Hyatt Regency Savannah
October 11 - 13, 2024**

Friday, October 11, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Cardiology

Arrhythmias

Types and symptoms of arrhythmias; Approach to the patient: when to treat, when to refer, when to admit; Evaluation of the patient with palpitations; Atrial fibrillation: the use of anticoagulants indications, CVA risk scores, warfarin vs newer oral anticoagulants, controlling heart rate vs rhythm; Ventricular and other arrhythmias: when are they serious

8:30 am - 9:30 am - Cardiology

Mitral Valve Disease

Timing of surgical intervention and minimally-invasive treatment options for MR, treatment of rheumatic heart disease

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology

Interactive EKG Refresher

A case-based refresher including challenging EKG readings

10:40 am - 11:40 am - Pulmonology

Pulmonary Function Testing

Indications and interpretation of spirometry/pulmonary function tests in primary care

11:40 am - 12:40 pm - Pulmonology

Sleep Apnea

Systemic consequences of untreated disease; polysomnography: what patient should expect and how to read the report; treatment options.

12:40 pm

Session Adjourns

Saturday, October 12, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Pulmonology

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

8:30 am - 9:30 am - Pulmonology

Pulmonology Cases

Challenging case presentations in pulmonology

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology

Cardiology Cases

Challenging case presentations in cardiology

10:40 am - 11:40 am - Cardiology

Exercise As Medicine

Effects of regular dynamic exercise on normal hearts; Comparing aerobic and anaerobic exercise; ACSM exercise recommendations in a range of adults; Physical activity counseling in clinical practice

11:40 am - 12:40 pm - Cardiology

Heart Failure Update with a Focus on the Elderly

Diagnostic and management challenges in the geriatric population, new therapies for systolic HF, home-based management, end-of-life care for a CHF patient

12:40 pm

Session Adjourns



Sunday, October 13, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Cardiology

Hypertension

The latest 2017 Multisociety Hypertension Guidelines; Updates after the guidelines; Approaches to treatment-thresholds and goals; Choices for initial and combination therapy; Resistant hypertension; Treating special populations: diabetics, the elderly, patients with renal failure

8:30 am - 9:30 am - Cardiology

Cardiology Cases

Challenging case presentations in cardiology

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe current diagnostic and treatment approaches to arrhythmias and atrial fibrillation
- Identify indications for anticoagulation in patients with valvular heart disease or with prosthetic valves
- Discuss best practices for reading and interpreting EKGs
- Utilize case-based learning to develop treatment plans for cardiovascular conditions
- Perform a variety of pulmonary function tests to aid in the diagnosis of lung diseases
- Discuss systemic consequences and treatment options for sleep apnea
- Diagnose and manage patients with asthma
- Utilize case-based learning to develop treatment plans for pulmonology conditions
- List strategies to promote exercise and physical activity in the general patient population
- Recognize and manage the unique challenges of the geriatric heart failure population
- Explain current concepts in the diagnosis and treatment of hypertension
- Utilize case-based learning to develop treatment plans for cardiovascular conditions

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Cardiology & Pulmonology for Primary Care*, with a beginning date of October 11, 2024 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.