



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
ENDOCRINOLOGY/INFECTIOUS
DISEASE/PSYCHIATRY**

**New York, NY - New York Marriott Marquis
October 18 - 20, 2024**

Friday, October 18, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Endocrinology

Female Hyperandrogenic Disorders

Clinical manifestations of hyperandrogenism, biochemical testing, and differential diagnosis of female hyperandrogenic disorders.

8:30 am - 9:30 am - Endocrinology

Obesity Management

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Type 1 Diabetes

T1DM has an overall incidence of 1:300 in the US. While it primarily affects young children, it is an autoimmune disease that can affect young adults as well. The purpose of this talk is to define type 1 diabetes, describe the pathophysiology of diabetic ketoacidosis, and discuss the various insulin regimens available.

10:40 am - 11:40 am - Infectious Diseases

Evidence-Based Infectious Diseases

Presentation providing a practical approach to the evaluation of the infectious diseases (ID) literatures (e.g. diagnostic tests); emphasis on key highlights in recent ID publications and specific syndromes of clinical relevance; brief overview of the clinical approaches to solving ID problems

11:40 am - 12:40 pm - Infectious Diseases

Immunizations

Presentation on key vaccine preventable diseases and their presentations with an emphasis on the latest recommendations including newest schedules, safety and efficacy information

12:40 pm

Session Adjourns

Saturday, October 19, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Infectious Diseases

Antimicrobial Stewardship and Multidrug Resistance

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

8:30 am - 9:30 am - Infectious Diseases

Infectious Disease Cases

Challenging case presentations in infectious diseases

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Endocrinology Cases: Calcium Disorders

Challenging case presentations in calcium disorders

10:40 am - 11:40 am - Psychiatry

Eating Disorders

A primary care perspective on treating anorexia nervosa, bulimia nervosa and binge-eating disorder and their variants; treatment strategies for the adverse psychological, physical and social consequences of disturbance in eating behavior and weight regulation

11:40 am - 12:40 pm - Psychiatry

Suicide and Violence

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

12:40 pm

Session Adjourns



Sunday, October 20, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Psychiatry

Anxiety Disorders

Symptoms and diagnoses; treatment options

8:30 am - 9:30 am - Psychiatry

Psychiatric Cases

Challenging case presentations in psychiatry

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe diagnosis and management of female hyperandrogenic disorders
- Describe the pathophysiology surrounding obesity and the risks and benefits of the various weight management options
- Discuss symptoms and treatment options for metabolic syndrome and type 1 diabetes in adolescents
- Utilize case-based learning to develop treatment plans for calcium disorders
- List methods to reduce antibiotic over-prescribing in the office setting
- Recommend appropriate immunizations based on patient specific risk factors
- List goals of an antimicrobial stewardship program and strategies for antimicrobial treatment
- Utilize case-based learning to develop treatment plans for various infectious diseases
- Manage adverse psychological, physical and social consequences of eating disorders
- Assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Review current evidence for the treatment of anxiety disorders
- Utilize case-based learning to develop treatment plans for psychiatric conditions

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Endo/ID/Psych*, with a beginning date of October 18, 2024 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.