



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**MEN'S AND WOMEN'S HEALTH FOR PRIMARY
CARE: GYNECOLOGY/MEN'S
UROLOGY/OBSTETRICS**

**San Diego, CA - Hotel del Coronado
October 4 - 6, 2024**

Friday, October 4, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Gynecology

Cervical Cancer Screening Including HPV Management

Current recommendations for cervical cancer screening; incorporating the ASCCP consensus guidelines for management of cytologic cervical abnormalities (including ASCUS, LGSIL, HGSIL and atypical glandular cells) into practice; Algorithm for the appropriate use of HPV testing and managing results; Determining appropriate candidates for the use of the HPV vaccine

8:30 am - 9:30 am - Gynecology

Breast Cancer Screening in Average and High Risk Women

Comparison of recent breast cancer screening recommendations from the U.S. Preventive Services Task Force, ACOG, American Cancer Society and National Comprehensive Cancer Network in average and high risk women; Discussion of recommendations based on both risks and benefits at various ages; Understanding implications of breast density and current and emerging recommendations for management

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gynecology

Implementing Trauma Informed Care into Medical Practice

Discussion of the relevance and importance of identifying ACES in the patient population; Strategies for implementing modifications to the physical exam in patients with a history of trauma; Strategies for implementing trauma informed care

10:40 am - 11:40 am - Men's Urology

Benign Male Genitourinary Conditions

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

11:40 am - 12:40 pm - Men's Urology

Male Hypogonadism and Impotence

Diagnosis of both primary and secondary hypogonadism in men; Advantages and disadvantages of all testosterone preparations; Effective testosterone replacement monitoring plans; Major risk factors for erectile dysfunction as well as first- and second-line therapy options; Proper treatment of Peyronie's Disease

12:40 pm

Session Adjourns

Saturday, October 5, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Men's Urology

Sexually Transmitted Infections in Men

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

8:30 am - 9:30 am - Men's Urology

Men's Urology Cases

Challenging case presentations in men's urology

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gynecology

Gynecologic Cases

Challenging case presentations in gynecology

10:40 am - 11:40 am - Obstetrics

Pre-Conception Optimization of Women with Medical Disorders

An overview of preconception health assessment; Proper counseling for endocrine, cardiac, pulmonary, and other medical disorders; Strategies for incorporating healthy habits to minimize preexisting medical conditions

11:40 am - 12:40 pm - Obstetrics

Substance Use Disorders in Pregnancy

Discuss marijuana and opioid use in pregnancy; Discuss risks of in-utero exposure to these drugs in pregnancy; Understand recommendations for opioid assisted treatment in pregnancy

12:40 pm

Session Adjourns



Sunday, October 6, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Obstetrics

Treating Psychiatric Disorders in Pregnancy; Postpartum Psychiatric Disorders

Epidemiology of mood disorders in pregnancy; treatment of major depression during pregnancy; use of psychotropics in pregnancy; treatment of postpartum mood disorders; psychotropics and lactation; non-hormonal treatment of vasomotor instability

8:30 am - 9:30 am - Obstetrics

OBGYN Cases

Challenging case presentations in obstetrics

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the management of HPV infection and abnormal pap smear results
- Discuss recommendations for breast cancer screening based on both risks and benefits at various ages
- Describe modifications to the physical exam in patients with a history of trauma
- Utilize case-based learning to develop treatment plans for gynecologic conditions
- Differentiate between benign prostate conditions and prostate cancers
- Describe the pathophysiology of male hypogonadism
- Evaluate and manage sexually-transmitted infections in men
- Utilize case-based learning to develop treatment plans for men's urological conditions
- Discuss medical disorders that may affect conception
- Discuss risks and treatment options for in-utero risks of substance use in pregnancy
- Describe the pros and cons of available pharmacologic treatment options for major depression during pregnancy
- Utilize case-based learning to develop treatment plans for perinatal conditions

Disclosure of Conflicts of Interest

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



This Live activity, *Men's & Women's Health for Primary Care: Gyn/Men's Uro/OB*, with a beginning date of October 4, 2024 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.