



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:  
ALLERGY AND  
IMMUNOLOGY/DERMATOLOGY/ENDOCRINOLOG**

**Las Vegas, NV - The Cosmopolitan  
October 8 - 10, 2024**

**Tuesday, October 8, 2024**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Allergy & Immuno  
Diagnosing and Managing Food Allergies**

This presentation will review the epidemiology, diagnosis and management of children and adults with food allergy; and discuss information about the latest attempts to treat food allergy and prevent food allergy in young children

**8:30 am - 9:30 am - Allergy & Immuno  
Urticaria and Angioedema Updates for Primary Care**

This presentation will discuss the pathogenesis and epidemiology of urticaria and angioedema; review the causes of urticaria and angioedema; and discuss the treatment of urticaria and angioedema

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Allergy & Immuno  
Drug Allergies for Primary Care**

Allergic reactions account for up to 10% of all adverse drug reactions; Discussion will include an office-based approach to rashes, hives, difficulty breathing and other immune responses to medication

**10:40 am - 11:40 am - Dermatology  
Hair Loss**

Overview of scarring and non scarring alopecia; Techniques to learn recognition, diagnosis, and treatment options

**11:40 am - 12:40 pm - Dermatology  
Psoriasis**

Description coming

**12:40 pm**

**Session Adjourns**

**Wednesday, October 9, 2024**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Dermatology**

**Leg Ulcers**

Prevalence of venous ulcers; workup, treatment and debridement; healing rates and recurrence; arterial ulcers; diabetic neuropathic ulcers; pyoderma gangrenosum

**8:30 am - 9:30 am - Dermatology**

**Dermatology Cases**

Challenging case presentations in dermatology

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Allergy & Immuno**

**Allergy & Immunology Cases**

Challenging case presentations in allergy & immunology

**10:40 am - 11:40 am - Endocrinology**

**Management of Hospital Hyperglycemia**

Review Endocrine Society guidelines for inpatient management of hyperglycemia; Review of Sitagliptin's use for inpatient management of hyperglycemia; Define "new onset hyperglycemia" (glucose > 199 mg/dl) and how it increases hospital mortality 2-30 fold

**11:40 am - 12:40 pm - Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**12:40 pm**

**Session Adjourns**



**Thursday, October 10, 2024**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Endocrinology**

**Thyroid Nodules**

Diagnosis and treatment

**8:30 am - 9:30 am - Endocrinology**

**Endocrinology Cases: Thyroid Function**

Challenging case presentations in thyroid dysfunction

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Recognize the role of genetic, dietary and environmental factors in pathogenesis of food allergies
- Develop an initial treatment plan for a patient with acute urticaria and/or angioedema
- Identify common adverse drug reactions to specific high incidence medications
- Utilize case-based learning to develop treatment plans for allergic conditions
- Describe the process of diagnosis and treatment of alopecia
- Psoriasis LO coming
- Differentiate between the presentations and causes of various leg ulcers
- Utilize case-based learning to develop treatment plans for dermatologic conditions
- Discuss patient management of hyperglycemia
- Develop patient-specific treatment plans for the management of type 2 diabetes
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Utilize case-based learning to develop treatment plans for thyroid disorders

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported conflicts of interest are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in health care and not the business interest of a commercial interest.

### **Disclaimer**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



This Live activity, *Internal Medicine for Primary Care: Allergy & Immuno/Derm/Endo*, with a beginning date of October 8, 2024 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.