



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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INTERNAL MEDICINE FOR PRIMARY CARE: ADDICTION/GERIATRICS/PSYCHIATRY

**Lake Placid Saranac Lake, NY - Saranac Waterfront Lodge, Trademark
Collection by Wyndham
June 7 - 9, 2024**

Friday, June 7, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Psychiatry

Medical Evaluation of the Patient with Psychiatric Presentations

The signs and symptoms of psychiatric problems in a patient that presents in the primary care setting; Key elements of history and the clinical exam; Treatment options including cognitive behavioral therapy and medication use in the psychiatric patient; Tips on when to refer to psychiatry

8:30 am - 9:30 am - Psychiatry

Anxiety Disorders

The nature of anxiety; Generalized anxiety disorder, panic disorder, social anxiety disorder and post-traumatic stress disorder; etiology and diagnosis; Co-occurring conditions; Treatment options for these disabling conditions

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Psychiatry

Substance Use Disorders

Substance abuse history-taking to encourage patient honesty; Accurate diagnosis; Use of screening tools; Brief intervention; Recovery and treatment options; Motivational interviewing; Family symptoms and codependency

10:40 am - 11:40 am - Psychiatry

Depression and Suicide

Assessment of depressive symptoms in adults; Assessment and mitigation of suicide risk; Treatment of depression

11:40 am - 12:40 pm - Geriatrics

Approach to the Geriatric Patient

The demographics of aging and the physiologic changes in the elderly patient; Medication use in the elderly including changes in age-related pharmacokinetics and pharmacodynamics and medication adherence; Review of risky medications often used in elderly patients

12:40 pm

Session Adjourns

Saturday, June 8, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Geriatrics

Controversies in the Management of Hypertension in Older Adults: How Low is Too Low?

Best evidence for treatment goals for hypertension in diabetics and those with previous stroke; Controversial evidence for the various guidelines for diagnosing and treating hypertension in older adults; Best evidence-based medications for hypertension

8:30 am - 9:30 am - Geriatrics

Alzheimer's & Other Dementias

Review of normal age-related changes in cognitive function as well as disorders of memory and cognition as part of dementing illness; Mental status exams, including their limitations in evaluating memory; Various types of dementia and the importance of an accurate diagnosis; Current treatment options for various kinds of dementia; Potentially reversible dementias; The responsibilities of healthcare providers in managing patients with dementia

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Geriatrics

Managing Behavior Problems in Dementia Patients

Review of common behavior disorders often seen in patients with dementia; Behavioral techniques which have shown to be effective in managing some of the behavior disorders in patients with Alzheimer's and other dementias, focusing on the management of these patients without the use of psychotropic medications; Examples of behavior disturbances along with the behavior management technique which was effective in managing the patient with the behavior problem; Review of the potential adverse effects of the psychotropic medications usually used to manage behavior

10:40 am - 11:40 am - Addiction

Addiction 101

The disease model of addiction and its underlying neurobiology; Screening for unhealthy use of substances and diagnosis of substance use disorders; Non-pharmacologic interventions for use disorders

11:40 am - 12:40 pm - Addiction

Certain Substances

The concept of addiction liability; A survey of the various classes of addictive substances; Clinical pearls of urine drug testing

12:40 pm

Session Adjourns

Sunday, June 9, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Addiction

Pharmacotherapy

A survey of medications used to treat various substance use disorders with a focus on nicotine replacement, bupropion, varenicline, disulfiram, naltrexone, acamprosate, methadone and buprenorphine

8:30 am - 9:30 am - Addiction

Chronic Pain and Addictions

Treatment of pain in the context of opioid use disorder; The impact of alcohol and sedatives on acute and chronic pain

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Utilize a comprehensive assessment to identify and diagnose patients with psychiatric presentations
- Review current evidence for the treatment of anxiety disorders
- Describe strategies for identifying and treating substance use disorders
- Describe symptoms that move depression to plans for suicide
- Utilize a comprehensive geriatric assessment to identify potential issues in the elderly patient
- Evaluate hypertension in elderly patients and recommend appropriate treatment based on individual risk factors
- Diagnose and treat cognitive impairment, dementias, and Alzheimer's disease
- Discuss strategies for the management of difficult behaviors in patients with dementia without the use of psychotropic medications
- Describe the neurobiology of addiction
- Review the effects of addictive drugs including hallucinogens, stimulants, inhalants, sedatives, tobacco and alcohol
- List FDA approved medications for addiction treatment and examine the role of each
- Discuss options for patients with chronic pain addictions



Disclosure of Conflicts of Interest

Medical Education Resources ensures balance, independence, objective, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies relevant financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported relevant financial relationships are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis, MER is committed to providing learners with high-quality CE activities that promote improvements or quality in healthcare, and not the business interests of an ineligible company.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



AAFP has reviewed Internal Medicine for Primary Care: Addiction/Geri/Psych and deemed it acceptable for up to 12.00 Live AAFP Prescribed credits. Term of Approval is from 6/7/2024 to 6/9/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-050-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.