



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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GERIATRIC MEDICINE FOR PRIMARY CARE: GERIATRICS/PSYCHIATRY/RHEUMATOLOGY

**Yosemite, CA - Tenaya Lodge at Yosemite
August 9 - 11, 2024**

Friday, August 9, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Rheumatology

Differential Diagnosis of Inflammatory Arthritis

Clinical presentation and laboratory work-up and treatment for rheumatoid arthritis, systemic lupus erythematosus, spondyloarthropathies (SPA), infectious arthritis and systemic sclerosis; Treatment of RA with DMARDs; Treatment principles of SLE, Sjogren's, SPA and PMR

8:30 am - 9:30 am - Rheumatology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Rheumatology

Crystal Disease: Gout & Pseudogout

Properly diagnosing and treating crystal diseases such as gout and pseudogout

10:40 am - 11:40 am - Geriatrics

Heart Failure in Older Adults

Recognition of the high mortality associated with heart failure; Understanding how to diagnose heart failure and the difference between reduced ejection fraction and preserved ejection fraction heart failure; Evidence based treatments available for heart failure

11:40 am - 12:40 pm - Geriatrics

Heart Failure Discussion and Q&A

Interactive review of the principles of heart failure diagnosis and treatment in older adults, and audience questions further clarifying the topic

12:40 pm

Session Adjourns

Saturday, August 10, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Geriatrics

Controversies in the Management of Hypertension in Older Adults

Best evidence for treatment goals for hypertension in diabetics and those with previous stroke; Controversial evidence for the various guidelines for diagnosing and treating hypertension in older adults; Best evidence-based medications for hypertension

8:30 am - 9:30 am - Geriatrics

Hypertension Discussion and Q&A

Interactive review of the principles of hypertension diagnosis and treatment in older adults, and audience questions further clarifying the topic

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Rheumatology

Fibromyalgia

Differential diagnosis and treatment of this difficult-to-manage pain syndrome; Treatment options of anti-epileptics and SNRI's

10:40 am - 11:40 am - Psychiatry

Depressive Disorders

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

11:40 am - 12:40 pm - Psychiatry

Substance Use Disorders in the Elderly

Substance abuse history-taking to encourage patient honesty; accurate diagnosis; use of screening tools; co-morbidities and treatment options.

12:40 pm

Session Adjourns



Sunday, August 11, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Psychiatry

Coping with Chronic Illness

Optimization of psychiatric and medical treatment; strengthening the patient's response to psychiatric and medical treatment through optimizing adherence; behavioral strategies and specific tools to help change health behaviors

8:30 am - 9:30 am - Psychiatry

The Difficult Patient

Understanding patient who interprets benign interpersonal and social interactions in an idiosyncratic and negative way; management of such behavior and avoidance of negative feelings in the physician

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the differential diagnoses of inflammatory arthritis based on clinical presentation and laboratory workup
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Diagnose and treat gout and pseudogout
- Compare the benefits and side effect profiles of pharmacologic treatment options for fibromyalgia
- Describe the assessment and management of heart failure in older adults
- Develop evidence-based treatment plans for heart failure in geriatric patients
- Evaluate hypertension in elderly patients and recommend appropriate treatment based on individual risk factors
- Develop evidence-based treatment plans for hypertension in geriatric patients
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression
- Accurately diagnose and treat (pharmacologic and nonpharmacologic) substance abuse and depression in older adults
- Describe common obstacles and management strategies to cope with chronic illness
- Utilize suggested strategies to manage "the difficult patient"

Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



AAFP has reviewed Geriatric Medicine for Primary Care: Geri/Psych/Rheum and deemed it acceptable for up to 12.00 Live AAFP Prescribed credits. Term of Approval is from 8/9/2024 to 8/11/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-082-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.