



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
ALLERGY & IMMUNOLOGY/ENDOCRINOLOGY/
PSYCHIATRY**

**Manchester, VT - The Equinox Golf Resort & Spa
September 27 - 29, 2024**

Friday, September 27, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Endocrinology

Type 2 Diabetes Mellitus

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

8:30 am - 9:30 am - Endocrinology

Lipid Metabolism and Treatment

Review of the most recent American Heart Association Dietary and Lipid Guidelines; Discussion of the most recent ADA guidelines for lipid management for both primary and secondary CV prevention; Detail of treatments for elevated triglycerides and the lack of cardiovascular benefit from fish oil

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

10:40 am - 11:40 am - Psychiatry

The Complexity of Adult ADHD

ADHD in adults with an emphasis on symptom identification; Co-occurring conditions; Psychiatric and medical differential diagnosis; evidence-based and FDA approved pharmacological treatments

11:40 am - 12:40 pm - Psychiatry

Substance Use Disorders

Substance abuse history-taking to encourage patient honesty; Accurate diagnosis; Use of screening tools; Brief intervention; Recovery and treatment options; Motivational interviewing; Family symptoms and codependency

12:40 pm

Session Adjourns

Saturday, September 28, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Psychiatry

Treating the Traumatized Patient in the Primary Care Setting

Addressing the mental health needs of patients who have suffered traumatic, life-altering events; Discussion of both pharmacological and non-pharmacological strategies

8:30 am - 9:30 am - Psychiatry

Bipolar Spectrum Disorders

Bipolar spectrum disorders in adults as compared to youth; Comprehensive history-taking; Differential diagnosis; Co-occurring psychiatric and medical conditions; Phase specific treatment considerations and interventions

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Disorders of Thyroid Function

Prevalence, diagnosis and treatment options of hypothyroidism and hyperthyroidism

10:40 am - 11:40 am - Allergy & Immuno

Primary Care Management of Asthma

This presentation will review the diagnostic features of asthma; discuss the management of comorbid complicating conditions; review guideline-driven therapy including the utility of biologics for the management of patients with severe asthma

11:40 am - 12:40 pm - Allergy & Immuno

Drug Allergies for Primary Care

Allergic reactions account for up to 10% of all adverse drug reactions; Discussion will include an office-based approach to rashes, hives, difficulty breathing and other immune responses to medication

12:40 pm

Session Adjourns



Sunday, September 29, 2024

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Allergy & Immuno

Food Allergies and Hymenoptera Allergies

Primary care focused discussion of food and venom allergies including gaining a working knowledge of how to efficiently and cost effectively manage patients with hymenoptera hypersensitivity

8:30 am - 9:30 am - Allergy & Immuno

Burnout and Physician Wellness

Strategies that clinicians and healthcare providers can institute with ease to combat the challenges and pitfalls of the current healthcare system

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Develop patient-specific treatment plans for the management of type 2 diabetes
- Interpret the diagnostic criteria for dyslipidemia and design individualized treatment
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Identify the risks of abnormal thyroid function
- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Describe strategies for identifying and treating substance use disorders
- List the mental health needs of patients who have suffered traumatic events
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Discuss advantages and disadvantages of available asthma therapies
- Identify common adverse drug reactions to specific high incidence medications
- Outline the management of anaphylactic reactions and indications for immunotherapy
- Discuss techniques to improve the health and wellness of the medical provider



Disclosure of Conflicts of Interest

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)



AAFP has reviewed Internal Medicine for Primary Care: Allergy & Immuno/Endo/Psych and deemed it acceptable for up to 12.00 Live AAFP Prescribed credits. Term of Approval is from 9/27/2024 to 9/29/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Assistant Credit Designation

American Academy of Physician Assistants (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-24-097-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.