



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

## **INTERNAL MEDICINE FOR PRIMARY CARE: NEPHROLOGY/ORTHOPEDICS/PULMONOLOGY**

**New York, NY - Kimpton Hotel Eventi  
July 18 - 20, 2025**

**Friday, July 18, 2025**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Nephrology**

**An Update on Kidney Function Tests**

Overview of renal function testing to evaluate kidney function; The role of blood tests, urine tests, and imaging studies; When to use and how to interpret; Reducing the risk of complications; Update on potential tests on the horizon

**8:30 am - 9:30 am - Nephrology**

**Kidney, Heart, and Bone: A Challenging Trifecta in CKD**

Cardiovascular calcifications are highly prevalent in patients with chronic kidney disease and contribute to morbidity and mortality. This case-based lecture introduces the complex pathophysiologic changes occurring in the bony tissue and their contribution to vascular calcifications. Early recognition of this disorder and management of calcium, phosphorus, vitamin D and parathyroid hormone imbalances are key components of CKD care.

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Nephrology**

**Glomerulonephritis 101**

Differentiating glomerulonephritis and secondary glomerulonephritis in lupus or diabetes; dealing with high blood pressure, nephrotic syndrome and other complications; the appropriateness of tests, imaging and biopsy; treatment options

**10:40 am - 11:40 am - Orthopedics**

**Low Back Pain**

Review of the diagnostic triage of spinal pain. The skills to characterize an episode of spinal pain as ominous, radicular or mechanical will be reviewed. Current international guidelines on the management of spinal pain will be covered. Simple home based exercises for spinal pain patients will be presented

**11:40 am - 12:40 pm - Orthopedics**

**Hip and Thigh**

Emphasizing the tools, physical diagnostic techniques and basic investigations available to the primary care practitioner, a practical approach to the undifferentiated hip problem will be reviewed. Diagnostic triage, historical clues and physical examination pearls pertaining to hip conditions will be covered, and evidence-based management

**12:40 pm**

**Session Adjourns**

**Saturday, July 19, 2025**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Orthopedics**

**Upper Extremities**

Tennis and golfer's elbow, olecranon bursitis, osteoarthritis, joint injection; Carpal tunnel, CMC arthritis thumb, ganglion cyst, trigger finger, de Quervains disease.

**8:30 am - 9:30 am - Orthopedics**

**Orthopedic Cases**

Challenging case presentations in orthopedics

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Nephrology**

**Nephrology Cases**

Challenging case presentations in nephrology

**10:40 am - 11:40 am - Pulmonology**

**Controversies in the Treatment of Common Respiratory Infections**

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost-effective use of antibiotics; clinical significance of drug resistance; guidelines for management

**11:40 am - 12:40 pm - Pulmonology**

**Interstitial Lung Disease**

Clinical features and diagnosis of various interstitial lung diseases

**12:40 pm**

**Session Adjourns**



**Sunday, July 20, 2025**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Pulmonology**

**COPD**

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

**8:30 am - 9:30 am - Pulmonology**

**Pulmonology Cases**

Challenging case presentations in pulmonology

**9:30 am**

**Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Discuss appropriate patient management based on renal function tests
- List steps to diagnose and treat bone disease and its cardiovascular consequences in CKD
- Describe treatment options for hematuria and glomerulonephritis
- Utilize case-based learning to develop treatment plans for nephrology conditions
- List management strategies for effective management of low back pain
- Diagnose and treat orthopedic problems in the hip, thigh, knee and shoulder
- Identify common injuries of the upper extremities
- Utilize case-based learning to develop treatment plans for orthopedic conditions
- Design treatment strategies reflective of current evidence-based medicine for common respiratory infections
- Clinical manifestations, evaluation, and diagnosis of interstitial lung disease
- Describe the current therapeutic management of COPD
- Utilize case-based learning to develop treatment plans for pulmonology conditions



### **Disclosure of Conflicts of Interest**

Medical Education Resources ensures balance, independence, objective, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies relevant financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Reported relevant financial relationships are mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis, MER is committed to providing learners with high-quality CE activities that promote improvements or quality in healthcare, and not the business interests of an ineligible company.

### **Disclaimer**

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)



AAFP has reviewed Internal Medicine for Primary Care: Nephro/Ortho/Pulm and deemed it acceptable for up to 12.00 Live AAFP Prescribed credits. Term of Approval is from 7/18/2025 to 7/20/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### **Physician Assistant Credit Designation**

#### **American Academy of Physician Assistants (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-25-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.