



**INTERNAL MEDICINE FOR PRIMARY CARE:
ENDOCRINOLOGY/INFECTIOUS DISEASES/
ONCOLOGY/OPHTHALMOLOGY**

**Oahu, HI - Aulani, A Disney Resort & Spa
March 9 - 13, 2025**



Sunday, March 9, 2025

2:30 pm

Registration

3:00 pm - 4:00 pm - Endocrinology

Type 2 Diabetes Mellitus

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

4:00 pm - 5:00 pm - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

5:00 pm - 6:00 pm - Endocrinology

Obesity Treatments and Their Role in the Management of Hypertension

Diagnosis; etiology; complications; use of nutrition counseling and appetite suppressant medications; lifestyle modifications; Medications related to hypertension management

6:00 pm

Session Adjourns

Monday, March 10, 2025

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Infectious Diseases

Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

8:30 am - 9:30 am - Infectious Diseases

Respiratory Tract Infections

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Infectious Diseases

Genitourinary Infections

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

10:40 am - 11:40 am - Endocrinology

Thyroid Function, Nodules, and Cancer

Prevalence, diagnosis and treatment options of hypothyroidism and hyperthyroidism, thyroid nodules, and suspected cancers

11:40 am - 12:40 pm - Endocrinology

Management of Hospital Hyperglycemia and Clinical Nutrition Pearls

Review Endocrine Society guidelines for inpatient management of hyperglycemia; Review of Sitagliptin's use for inpatient management of hyperglycemia; Define "new onset hyperglycemia" (glucose > 199 mg/dl) and how it increases hospital mortality 2-30 fold; Use of nutrition in the acute care setting

12:40 pm

Session Adjourns

Tuesday, March 11, 2025

7:00 am

Registration and Hot Breakfast

7:30 am - 8:30 am - Oncology

Cancer Prevention

Cancer screening and clinical practices shown to prevent cancer will be reviewed

8:30 am - 9:30 am - Oncology

Approach to the Patient with Suspected Cancer

Symptoms, signs and diagnoses that raise the suspicion of cancer will be reviewed, and an approach to evaluating these patients will be presented

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Oncology

Management of Cancer Survivors

Medical issues related to cancer survivorship and approaches to surveillance for cancer recurrence will be reviewed

10:40 am - 11:40 am - Infectious Diseases

Immunizations

Presentation on key vaccine preventable diseases and their presentations with an emphasis on the latest recommendations including newest schedules, safety and efficacy information

11:40 am - 12:40 pm - Infectious Diseases

Antimicrobial Stewardship and Multidrug Resistance

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

12:40 pm

Session Adjourns



Wednesday, March 12, 2025

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Ophthalmology
Approach to the Patient with Red Eye

The red eye is one of the primary patient complaints in primary care. Lecture will explore the many facets of this common presentation with attention to the various entities it might represent. Treatment and diagnostic methods for acute conjunctivitis will be the primary focus.

8:30 am - 9:30 am - Ophthalmology
Blurred Vision

Blurred vision is a common problem seen in primary care and the emergency room. Lecture will develop an algorithm to evaluate, triage and treat these patients. When should someone with a complaint of blurred vision be sent to an ophthalmologist? When should an imaging study be done? What could be causing this problem in the first place? Lecture will address these questions and others.

9:30 am - 9:40 am
Coffee Break

9:40 am - 10:40 am - Ophthalmology
Macular Degeneration and Glaucoma Management

A significant number of treatment options are now available, an overview of your patient's options

10:40 am - 11:40 am - Oncology
A Primary Care Review of New Oral Anticoagulants

Mechanisms of action, clinical indications, therapeutic indices, perioperative management and approaches to reversal of new anticoagulant and antiplatelet medications will be reviewed

11:40 am - 12:40 pm - Oncology
A Primary Care Review of New Antiplatelet Agents

Mechanisms of action, clinical indications, effectiveness, safety and peri-procedure management of current antiplatelet agents will be reviewed

12:40 pm
Session Adjourns



Thursday, March 13, 2025

7:00 am

Registration and Continental Breakfast

7:30 am - 8:30 am - Ophthalmology

A Primary Care Primer on Cataract Surgery

A guide to the preoperative evaluation, advances in cataract surgery, and postoperative care and complications

8:30 am - 9:30 am - Ophthalmology

Stem Cell Basics & Advances in Stem Cell Therapy

Overall presentation of stem cell science; Discussion of the rationale for stem cell therapy, and the latest developments of stem cell applications; Coverage of the controversies surrounding the current FDA sentiments on stem cell medicine

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Develop patient-specific treatment plans for the management of type 2 diabetes
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Describe the pathophysiology surrounding obesity and the risks and benefits of the various weight management options
- Identify the risks of abnormal thyroid function
- Discuss patient management of hyperglycemia
- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- List common causative pathogens for various respiratory tract infections
- Diagnose and manage genitourinary infections
- Recommend appropriate immunizations based on patient specific risk factors
- List goals of an antimicrobial stewardship program and strategies for antimicrobial treatment
- Identify clinical practices shown to prevent cancer
- Discuss the diagnostic approach to the patient with suspected cancer
- Evaluate and manage risks of the cancer survivor
- Manage patients on new oral anticoagulants
- Describe the mechanism of action of new antiplatelet agents
- Discuss a comprehensive approach to the patient with a red eye
- Identify common causes of blurred vision
- Review the pros and cons of glaucoma management options
- Recognize potential complications following cataract surgery
- Review the biology of stem cells and potential benefits of their use



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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.0 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-25-020-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.