



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

**INTERNAL MEDICINE FOR PRIMARY CARE:
CARDIOLOGY/NEUROLOGY/PAIN
MANAGEMENT/VASCULAR MEDICINE**

**Hilton Head, SC - The Westin Hilton Head Island Resort & Spa
April 10 - 13, 2025**

Thursday, April 10, 2025

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Vascular Medicine

Peripheral Vascular Disease and Medical Therapy

Defining the spectrum of maladies under the umbrella of Peripheral Vascular Disease including the pathophysiology of atherosclerosis and treatments highlighting lipid lowering agents and antiplatelet therapy

8:30 am - 9:30 am - Vascular Medicine

Stroke: Initial Presentation to Medical and Surgical Treatment

An overview of embolic stroke including diagnosis and medical, surgical, and interventional therapy

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Vascular Medicine

Aortic and Peripheral Aneurysms

A guide for primary care outlining diagnosis, management, and therapeutic options

10:40 am - 11:40 am - Pain

Chronic Pain Types and Osteoarthritis

Chronic pain is much more complex than just acute pain that lasts a long time; The physiology and categorization of chronic pain will be explored; Osteoarthritis has characteristics of more than one category of chronic pain; Characteristics that affect treatment planning

11:40 am - 12:40 pm - Pain

Back Pain

Back pain is a common cause of long term disability; Non-pharmacologic and pharmacologic interventions will be discussed for a variety of causes of back pain including failed back surgery syndrome

12:40 pm

Session Adjourns



Friday, April 11, 2025

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Pain

Fibromyalgia and Cannabinoids for Chronic Pain

Fibromyalgia is a classic example of the nociplastic chronic pain category; A variety of treatment modalities will be discussed; In addition, the evidence regarding the use of cannabinoids for chronic pain will be presented

8:30 am - 9:30 am - Pain

Safe Opioid Prescribing

The role of opioids in the management of chronic pain will be addressed in the contexts of the updated CDC guidelines and the increasing prevalence of opioid use disorder

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Vascular Medicine

Management of Venous Thrombosis

A discussion focusing on the variety of venous thrombotic diagnoses and the multiple available treatment options

10:40 am - 11:40 am - Neurology

Performing and Interpreting the Neurological Exam

Characteristics and objectives of the examination; exam phases; assessing general mental status; long-term predications; examination of infants; demonstration on conducting an exam

11:40 am - 12:40 pm - Neurology

A Clinical Approach to Weakness

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

12:40 pm

Session Adjourns



Saturday, April 12, 2025

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Neurology

Alzheimer's & Other Dementias

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

8:30 am - 9:30 am - Neurology

Parkinson's Disease & Other Movement Disorders

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Cardiology

Acute Coronary Syndromes: The Patient with Acute Chest Pain

Diagnosis and initial evaluation in the primary care setting, urgent care clinic and emergency department; Initial workup, treatment, and follow-up; Diagnosing and treating ST segment elevation and non-ST segment elevation MIs; The role of drug therapy--primary vs adjunctive to PCI; Follow up after acute coronary syndromome

10:40 am - 11:40 am - Cardiology

Primary & Secondary Prevention of CAD

Definitions; AHA/ACC and other lipid guidelines updates; HDL Cholesterol: The good cholesterol?; Metabolic syndrome and/or obesity; Who needs treatment and how much; The role of lifestyle changes, exercise and cardiac rehabilitation; Drug therapy updates; Risk calculation

11:40 am

Session Adjourns



Sunday, April 13, 2025

7:00 am

Registration and Breakfast

7:30 am - 8:30 am - Cardiology

Heart Failure

Etiologies and stages of heart failure; ACC/AHA Heart Failure Guidelines; Heart failure with reduced EF (HFrEF) and heart failure with preserved EF (HFpEF); Determining patients for referral using biomarkers, eg NT Pro BNP; Treatment options: ACE inhibitors, ARBs, ARNI, beta blockers, mineralocorticoid receptor antagonists, SGLT2i; The role of devices in treatment and antiplatelet drugs; Issues related to the hospitalized patient with acute decompensated heart failure and readmissions

8:30 am - 9:30 am - Cardiology

Hypertension

The 2017 AHA/ACC Hypertension Guidelines; The 2024 ESC Guidelines for hypertension; Approaches to treatment thresholds and goals; Choices for initial and combination therapy; Resistant hypertension; Treating special populations: diabetics, the elderly, patients with renal failure

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the spectrum of maladies included in peripheral vascular disease
- Discuss presentation and interventional treatment of stroke patients
- List current pharmacologic options for the management of aneurysms
- Describe the evaluation and treatment of venous thrombosis
- Identify strategies to overcome the challenges of treating chronic pain
- Discuss techniques for conducting an efficient physical exam of the low back
- Compare the benefits and side effect profiles of pharmacologic treatment options for fibromyalgia
- Design opioid pain management strategies
- Perform a neurological exam
- Utilize history and physical examination to distinguish weakness from non-specific symptoms
- Discuss evidence-based management options for Alzheimer's disease
- Evaluate weakness and recognize cardinal features of Parkinson's disease as well as other movement disorders
- Describe current diagnostic approaches and the role of drug therapy to the patient with acute chest pain
- Implement lifestyle changes as well as lipid and cholesterol guidelines for the prevention of CAD
- Implement treatment strategies reflective of recent guidelines and current evidence based medicine for heart failure
- Explain current concepts in the diagnosis and treatment of hypertension



Disclosure of Relevant Financial Relationships

Medical Education Resources ensures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. All relevant financial relationships have been mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in healthcare, and not the business interests of an ineligible company.

Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-25-033-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.