



**INTERNAL MEDICINE FOR PRIMARY CARE:  
CARDIOLOGY/INFECTIOUS DISEASES/  
PSYCHIATRY/RISK MANAGEMENT**

**Kauai, HI - Grand Hyatt Kauai Resort & Spa  
October 12 - 16, 2025**



**Sunday, October 12, 2025**

**2:30 pm**

**Registration**

**3:00 pm - 4:00 pm - Infectious Diseases**

**Skin & Soft Tissue Infections**

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

**4:00 pm - 5:00 pm - Infectious Diseases**

**Gastrointestinal Infections & Clostridiodes Difficile**

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridiodes difficile colitis and related updates from the ID and infection control literature

**5:00 pm - 6:00 pm - Infectious Diseases**

**Genitourinary Infections**

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

**6:00 pm**

**Session Adjourns**

**Monday, October 13, 2025**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Cardiology**

**Acute Coronary Syndromes: The Patient with Acute Chest Pain**

Diagnosis and initial evaluation in the primary care setting, urgent care clinic and emergency department; Initial workup, treatment, and follow-up; Diagnosing and treating ST segment elevation and non-ST segment elevation MIs; The role of drug therapy--primary vs adjunctive to PCI; Follow up after acute coronary syndromome

**8:30 am - 9:30 am - Cardiology**

**Work-up of Patients with Suspected CAD**

Risk factor evaluation and risk assessment models; Test selection including ECG, echo, nuclear and newer imaging modalities (including discussion of appropriate use criteria--AUC); The usefulness of CT scanning; The role of bio markers and EBCT; Suspected CAD in special populations (women, diabetics, the elderly)

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Cardiology**

**Primary & Secondary Prevention of CAD**

AHA/ACC and other lipid guidelines updates; HDL Cholesterol: The good cholesterol?; The role of triglycerides in ASCVD--who to treat; Metabolic syndrome and/or obesity; Who needs treatment and how much; The role of lifestyle changes, exercise and cardiac rehabilitation; The use of vitamin D and supplements for cardiology patients; Drug therapy updates

**10:40 am - 11:40 am - Infectious Diseases**

**Respiratory Tract Infections**

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

**11:40 am - 12:40 pm - Infectious Diseases**

**Antimicrobial Stewardship and Multidrug Resistance**

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

**12:40 pm**

**Session Adjourns**

**Tuesday, October 14, 2025**

**7:00 am**

**Registration and Hot Breakfast**

**7:30 am - 8:30 am - Psychiatry**

**The Complexity of Adult ADHD**

ADHD in adults with an emphasis on symptom identification; Co-occurring conditions; Psychiatric and medical differential diagnosis; evidence-based and FDA approved pharmacological treatments

**8:30 am - 9:30 am - Psychiatry**

**Bipolar Spectrum Disorders**

Bipolar spectrum disorders in adults as compared to youth; Comprehensive history-taking; Differential diagnosis; Co-occurring psychiatric and medical conditions; Phase specific treatment considerations and interventions

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Psychiatry**

**Anxiety Disorders**

The nature of anxiety; Generalized anxiety disorder, panic disorder, social anxiety disorder and post-traumatic stress disorder; etiology and diagnosis; Co-occurring conditions; Treatment options for these disabling conditions

**10:40 am - 11:40 am - Cardiology**

**Hypertension**

The latest 2017 Multisociety Hypertension Guidelines; Updates after the guidelines; Approaches to treatment-thresholds and goals; Choices for initial and combination therapy; Resistant hypertension; Treating special populations: diabetics, the elderly, patients with renal failure

**11:40 am - 12:40 pm - Cardiology**

**Arrhythmias**

Types and symptoms of arrhythmias; Approach to the patient: when to treat, when to refer, when to admit; Evaluation of the patient with palpitations; Atrial fibrillation: the use of anticoagulants indications, CVA risk scores, warfarin vs newer oral anticoagulants, controlling heart rate vs rhythm; Ventricular and other arrhythmias: when are they serious

**12:40 pm**

**Session Adjourns**



**Wednesday, October 15, 2025**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Risk Management**

**The Anatomy of Medical Malpractice**

Identify the key elements of a malpractice claim in the practice setting; Assess the risk of malpractice in common and unusual situations; Identify risk management strategies for preventing claims

**8:30 am - 9:30 am - Risk Management**

**Risky Business: Consent and Communication**

Describe the necessary elements of an informed consent process; Discover why the shared decision making process represents an opportunity rather than an obligation for the provider; Discuss the importance of early disclosure of unanticipated outcomes; Learn methods to disclose and reconcile events with patients, families and providers

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Risk Management**

**Documentation: Effective Strategies and Pitfalls**

Articulate major patient safety and lawsuit risk areas abetted by the quality of documentation; Discuss what is considered adequate documentation in a given clinical encounter; Anticipate when more thorough documentation and direct communication with other providers may reduce adverse outcomes; Describe clinical situations where documentation may enhance shared decision making to improve patient safety

**10:40 am - 11:40 am - Psychiatry**

**Substance Use Disorders**

Substance abuse history-taking to encourage patient honesty; Accurate diagnosis; Use of screening tools; Brief intervention; Recovery and treatment options; Motivational interviewing; Family symptoms and codependency

**11:40 am - 12:40 pm - Psychiatry**

**Suicide and Violence**

Risk assessment for suicide and violence; the relationship between psychotropic medications and suicide or violent behavior; management of the suicidal and violent patient

**12:40 pm**

**Session Adjourns**



**Thursday, October 16, 2025**

**7:00 am**

**Registration and Continental Breakfast**

**7:30 am - 8:30 am - Risk Management**

**Non-Verbal Communication in Medicine**

Define nonverbal communication and its function; Identify the subtypes of nonverbal communication; Articulate how to utilize various forms of nonverbal communication; Discuss how effective nonverbal communication can improve your practice of medicine

**8:30 am - 9:30 am - Risk Management**

**Healing the Healer: Finding Meaning and Wellness in Patient Care**

Describe the signs and symptoms of burnout in healthcare; Articulate the causes of the epidemic of burnout; Describe strategies for rediscovering the joy in the practice of medicine

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- Evaluate the severity of diarrhea and evaluate the need for treatment
- Diagnose and manage genitourinary infections
- List common causative pathogens for various respiratory tract infections
- List goals of an antimicrobial stewardship program and strategies for antimicrobial treatment
- Describe current diagnostic approaches and the role of drug therapy to the patient with acute chest pain
- Describe the work-up, risk assessment and test selection of patients with suspected CAD
- Implement lifestyle changes as well as lipid and cholesterol guidelines for the prevention of CAD
- Explain current concepts in the diagnosis and treatment of hypertension
- Describe current diagnostic and treatment approaches to arrhythmias and atrial fibrillation
- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Review current evidence for the treatment of anxiety disorders
- Describe strategies for identifying and treating substance use disorders
- Assess patients at risk for suicide and violence and intervene to make timely referrals to combat hopelessness
- Develop strategies for mitigating risky malpractice situations in practice
- Describe how informed consent and shared decision making reduces risk for the provider
- Identify adequate documentation samples that reduce risk to the provider
- List types of nonverbal communication and describe the effects of nonverbal communication in practice
- Describe strategies for rediscovering the joy in the practice of medicine



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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 20 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 20 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### American Osteopathic Association (AOA)

These programs are approved for 20 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 20 hours of ACEP Category I credit.

### Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 20 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6.0 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 20 contact hours.

### **Physician Associates Credit Designation**

#### **American Academy of Physician Associates (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 20 contact hours (2.0 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-25-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.