



**PRIMARY CARE CONFERENCES**  
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**MEN'S & WOMEN'S HEALTH FOR PRIMARY CARE:  
ENDOCRINOLOGY/GYNECOLOGY/MEN'S  
UROLOGY**

**Las Vegas, NV - The Cosmopolitan  
March 16 - 18, 2026**

**Monday, March 16, 2026**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Endocrinology**

**Obesity Management**

Diagnosis; etiology; complications; use of appetite suppressant medications; lifestyle modifications; when surgery should be performed

**8:30 am - 9:30 am - Endocrinology**

**Type 2 Diabetes Mellitus**

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Endocrinology**

**Thyroid Disorders in Women**

Management of thyroid disorders; postpartum thyroiditis

**10:40 am - 11:40 am - Gynecology**

**Annual Exam for Women**

Best practices in offering annual pelvic examinations in asymptomatic non-pregnant women; Determination of who should be offered a clinical breast exam as a routine part of the annual women's health exam; The principal elements of the annual women's health visit: screening, vaccinations, evaluation of health risks and needs, counseling; Evidence-based tools to guide components of the annual women's health visit based on age and health needs

**11:40 am - 12:40 pm - Gynecology**

**Implementing Trauma Informed Care into Medical Practice**

Discussion of the relevance and importance of identifying ACES in the patient population; Strategies for implementing modifications to the physical exam in patients with a history of trauma; Strategies for implementing trauma informed care

**12:40 pm**

**Session Adjourns**

**Tuesday, March 17, 2026**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Gynecology**

**Premenstrual Dysphoric Disorder (PMDD)**

Recognizing key differences between premenstrual dysphoric disorder (PMDD) and premenstrual syndrome (PMS); Timing of symptoms related to hormone levels; Treatment options including behavioral and pharmacologic strategies

**8:30 am - 9:30 am - Gynecology**

**Gynecologic Cases**

Challenging case presentations in gynecology

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Endocrinology**

**Endocrinology Cases: Thyroid Function**

Challenging case presentations in thyroid dysfunction

**10:40 am - 11:40 am - Men's Urology**

**Benign Male Genitourinary Conditions**

Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

**11:40 am - 12:40 pm - Men's Urology**

**Male Malignancies (Prostate & Testicular)**

Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

**12:40 pm**

**Session Adjourns**



**Wednesday, March 18, 2026**

**7:00 am**

**Registration and Breakfast**

**7:30 am - 8:30 am - Men's Urology**

**Sexually Transmitted Infections in Men**

Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

**8:30 am - 9:30 am - Men's Urology**

**Men's Urology Cases**

Challenging case presentations in men's urology

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the pathophysiology surrounding obesity and the risks and benefits of the various weight management options
- Develop patient-specific treatment plans for the management of type 2 diabetes
- Distinguish sex-based differences in the pathophysiology, presentation, and diagnosis of thyroid disorder
- Utilize case-based learning to develop treatment plans for thyroid disorders
- Identify evidence-based tools to determine best practices in incorporating all necessary elements in the annual women's health visit
- Describe modifications to the physical exam in patients with a history of trauma
- Discuss symptoms and treatment options for premenstrual dysphoric disorder
- Utilize case-based learning to develop treatment plans for gynecologic conditions
- Differentiate between benign prostate conditions and prostate cancers
- Discuss the biology and screening, and treatment options of prostate and testicular cancer
- Evaluate and manage sexually-transmitted infections in men
- Utilize case-based learning to develop treatment plans for men's urological conditions



### **Disclosure of Relevant Financial Relationships**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

### Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for X ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### **Physician Associates Credit Designation**

#### **American Academy of Physician Associates (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.