PEDIATRIC & ADOLESCENT MEDICINE FOR PRIMARY CARE: INFECTIOUS DISEASES/ NEUROLOGY/RHEUMATOLOGY

Sedona, AZ - Hilton Sedona Resort at Bell Rock
May 29 - 31, 2026

Friday, May 29, 2026

7:00 am

Check-In

7:30 am - 8:30 am - **Neurology**

Movement Disorders and Weakness in Children

Cerebral palsy (CP); Tics, tremors, chorea/ballismus, dystonia; Sydenham chorea

8:30 am - 9:30 am - **Neurology**

Diagnosis of Pediatric Seizures vs Non-Epileptic Events

Identification and recognition of common seizure types; Differentiation between seizures and pseudoseizures; Diagnostic approaches to seizures and epilepsy

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Neurology**

Primary Care Approach to Treatment of Pediatric Epilepsy

First line seizure medications; The role of diet; Surgical alternatives; Medical marijuana in the pediatric patient

10:40 am - 11:40 am - **Infectious Diseases**

Avoiding Diagnostic Pitfalls in Pediatrics

Relevant and clinically practical approaches to diagnosing the pediatric patient; discussion will focus on Kawasaki disease, neonatal HSV, complications of sinusitis/otitis and other diagnoses that should not be missed

11:40 am - 12:40 pm - **Infectious Diseases**

Respiratory Tract Infections in Children

A case-based interactive discussion highlighting critical points regarding the diagnosis and management of pneumonia, bronchitis, otitis media, and pharyngitis – with a focus on the impact of multidrug resistant pathogens

12:40 pm

Session Adjourns

Saturday, May 30, 2026

7:00 am

Arrival

7:30 am - 8:30 am - **Infectious Diseases**

Animal Bites & Related Syndromes

Presentation on the common and uncommon syndromes related to animal bites, their clinical presentations, diagnostic and therapeutic management strategies and important clinical pearls related to these potentially life-threatening conditions.

8:30 am - 9:30 am - **Infectious Diseases**

Genitourinary Diseases in Children

A discussion of genitourinary diseases commonly seen in pediatric patients, with emphasis on evaluation and management strategies

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Neurology**

Headaches in Children and Adolescents

Diagnosis of migraines; Tumors; Treatment of increased intracranial pressure

10:40 am - 11:40 am - **Rheumatology**

Juvenile Idiopathic Arthritis (JIA)

Risk factors for developing JIA; Diagnostic principles, Clinical presentation and diagnosis including inflammatory markers, liver function tests, ANA testing; Radiographic changes and other imaging modalities; Treatment approaches based on severity of the disease

11:40 am - 12:40 pm - **Rheumatology**

Juvenile Lupus and Other Connective Tissue Diseases

Systemic Lupus Erythematosus (SLE) causes, symptoms, diagnosis and treatment as well as principles of self-care; Pediatric mixed connective tissue disease (MCTD) as a separate autoimmune disorder

12:40 pm

Session Adjourns

Sunday, May 31, 2026

7:00 am

Arrival

7:30 am - 8:30 am - **Rheumatology**

Chronic Pain Syndromes in Children and Adolescents

Diagnosing and understanding the experience of pain in children and adolescents; Recognizing non-physiologic pain and who is at risk; Diagnosis clues needed for an accurate diagnosis and effective communication to patients; Treatment strategies for complex regional pain syndromes (CRPS)

8:30 am - 9:30 am - **Rheumatology**

Juvenile Rheumatic Diseases that Manifest in the Skin

Early recognition of cutaneous signs of rheumatic disease; Differential features of psoriasis and psoriatic arthritis; Cutaneous complications of rheumatic diseases and treatments

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Evaluate and treat common disorders in children related to weakness and movement
- List diagnostic tools for pediatric epilepsy and how to differentiate non-epileptic events
- Compare the benefits and side effect profiles of pharmacologic treatment options for pediatric epilepsy
- Differentially diagnose the cause of headaches in children and adolescents
- Recognize signs and symptoms of Kawasaki disease
- Discuss the impact of multidrug resistant pathogens in pediatric respiratory tract infections
- Review bite-related infections and syndromes
- Diagnose and manage important infectious disease syndromes in a range of organ-based systems
- Describe diagnostic principles and treatment options of juvenile arthritic
- Describe diagnostic principles and treatment options of connective tissue disorders
- Compare the benefits and side effect profiles of pharmacologic treatment options for pediatric chronic pain syndromes
- Recognize cutaneous signs of rheumatic diseases

Disclosure of Relevant Financial Relationships

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

ABIM CME MOC ACCREDITED

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)

Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)

Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.