



**INTERNAL MEDICINE FOR PRIMARY CARE:  
GASTROENTEROLOGY/NEUROLOGY/PAIN  
MANAGEMENT/PSYCHIATRY**

**Nassau, Bahamas - Atlantis Paradise Island Resort  
May 14 - 17, 2026**



**Thursday, May 14, 2026**

**7:00 am**

**Check-In and Breakfast**

**7:30 am - 8:30 am - Neurology**

**Evaluating Weakness**

Using the history and physical examination to distinguish weakness from non-specific symptoms; characteristics of neurological diseases that produce weakness; presentations of representative diseases of the nervous system

**8:30 am - 9:30 am - Neurology**

**Alzheimer's & Other Dementias**

Definition; statistics; neurological changes of normal aging; pathology; etiological theories; vascular dementias; investigations; social issues; symptomatic treatment; research therapies

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neurology**

**Parkinson's Disease & Other Movement Disorders**

Epidemiology; cardinal features; secondary features; pathology; neurochemistry; differential diagnosis; treatment; complication; other movement disorders; neuroleptic-induced movement disorders; chorea

**10:40 am - 11:40 am - Pain**

**Chronic Pain Management Options for Primary Care**

Treatment of common chronic pain conditions including chronic low back pain and neuropathic pain

**11:40 am - 12:40 pm - Pain**

**Office Procedures for Pain**

Behavioral and lifestyle modifications; Medications overview; Interventional therapies; Opioids and cannabinoids overview

**12:40 pm**

**Session Adjourns**



**Friday, May 15, 2026**

**7:00 am**

**Arrival and Breakfast**

**7:30 am - 8:30 am - Pain**

**Headaches & Migraines**

Basic headache mechanisms; headache history: characteristics, precipitating factors, medical conditions; migraine: common tension, classic, treatment, complicated, cluster, sinus; trigeminal neuralgia; Giant Cell Arteritis; brain tumor; subarachnoid hemorrhage; emergency room treatment

**8:30 am - 9:30 am - Pain**

**Opioid Pharmacologic Options in Chronic Pain Management**

Overall safety and efficacy; Selecting and monitoring patients; Pain contracts; Regulatory issues; Urine drug testing

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Neurology**

**Cerebrovascular Disorders**

Epidemiology; identifying the high-risk patient; treatment effects; transient neurological deficit: carotid, vertebrobasilar; non-specific cerebral symptoms; migraines vs. TIA; treatment options

**10:40 am - 11:40 am - Gastroenterology**

**Management of Lower GI Bleeding- From Occult to Massive**

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

**11:40 am - 12:40 pm - Gastroenterology**

**Colorectal Cancer Screening and Surveillance**

Reviews the most recent recommendations for CRC screening in the general population at average risk for CRC.

**12:40 pm**

**Session Adjourns**

**Saturday, May 16, 2026**

**7:00 am**

**Arrival and Breakfast**

**7:30 am - 8:30 am - Gastroenterology**

**Acute Pancreatitis: Etiology and Management**

Recognition of acute and chronic pancreatitis; The etiology of pancreatitis and determination of next steps in management; Discussion of complications of pancreatitis and how to counsel patients on how to prevent recurrence of pancreatitis

**8:30 am - 9:30 am - Gastroenterology**

**Pancreas Cancer Screening**

Determination of who qualifies for pancreas cancer screening and how to refer for pancreas cancer screening; Discussion of the importance of the family history and genetic counseling; Discussion of how pancreas screening is accomplished

**9:30 am - 9:40 am**

**Coffee Break**

**9:40 am - 10:40 am - Psychiatry**

**Anxiety Disorders**

The nature of anxiety; Generalized anxiety disorder, panic disorder, social anxiety disorder and post-traumatic stress disorder; etiology and diagnosis; Co-occurring conditions; Treatment options for these disabling conditions

**10:40 am - 11:40 am - Psychiatry**

**Depressive Disorders**

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

**11:40 am**

**Session Adjourns**



**Sunday, May 17, 2026**

**7:00 am**

**Arrival and Breakfast**

**7:30 am - 8:30 am - Psychiatry**

**Substance Use Disorders**

Substance abuse history-taking to encourage patient honesty; Accurate diagnosis; Use of screening tools; Brief intervention; Recovery and treatment options; Motivational interviewing; Family symptoms and codependency

**8:30 am - 9:30 am - Psychiatry**

**Bipolar Spectrum Disorders**

Bipolar spectrum disorders in adults as compared to youth; Comprehensive history-taking; Differential diagnosis; Co-occurring psychiatric and medical conditions; Phase specific treatment considerations and interventions

**9:30 am**

**Conference Adjourns**

### Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### Learning Objectives

Upon completion of this program, participants should be better able to:

- Utilize history and physical examination to distinguish weakness from non-specific symptoms
- Discuss evidence-based management options for Alzheimer's disease
- Evaluate weakness and recognize cardinal features of Parkinson's disease as well as other movement disorders
- Utilize prevention and treatment strategies for cerebrovascular disorders
- Identify strategies to overcome the challenges of treating chronic pain
- Identify pharmacologic and non-pharmacologic options for the management of pain
- Describe the differential diagnosis of headaches and migraines
- Design opioid pain management strategies
- List current treatment recommendations for the management of lower GI bleeding
- Discuss the guidelines for colonoscopic colorectal cancer screening and surveillance
- Discuss options to prevent recurring pancreatitis
- Identify patients most at risk for pancreas cancer
- Review current evidence for the treatment of anxiety disorders
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression
- Describe strategies for identifying and treating substance use disorders
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders



### **Disclosure of Relevant Financial Relationships**

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## Accreditation Statements

### Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

### Physician Credit Designation

#### AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Gastro/Neuro/Pain/Psych and deemed it acceptable for up to 16.00 Live AAFP Prescribed credit(s). Term of approval is from 5/14/2026 to 5/17/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

### American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

### Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

### **Nursing Credit Designation**

#### **American Nurses Credentialing Center (ANCC)**

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 7.75 ANCC pharmacotherapeutic contact hours.

#### **American Academy of Nurse Practitioners (AANP)**

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

#### **California Board of Registered Nursing**

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

### **Physician Associates Credit Designation**

#### **American Academy of Physician Associates (AAPA)**



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### **Pharmacy Accreditation**

#### **Accreditation Council for Pharmacy Education (ACPE)**



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-26-051-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.