



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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**INTERNAL MEDICINE FOR PRIMARY CARE:
ENDOCRINOLOGY/INFECTIOUS DISEASES/PAIN
MANAGEMENT**

**Cape Cod, MA - Wequasset Resort and Golf Club
May 15 - 17, 2026**

Friday, May 15, 2026

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - Infectious Diseases

Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

8:30 am - 9:30 am - Infectious Diseases

Respiratory Tract Infections

Discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Infectious Diseases

Genitourinary Infections

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

10:40 am - 11:40 am - Pain

Non-Opioid Pharmacologic Options in Pain Management

NSAID's; Acetaminophen; Topicals; Injections; Antidepressants; Anticonvulsants

11:40 am - 12:40 pm - Pain

Opioid Pharmacologic Options in Pain Management

Overall safety and efficacy; Selecting and monitoring patients; Pain contracts; Regulatory issues

12:40 pm

Session Adjourns

Saturday, May 16, 2026

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Endocrinology

Disorders of Calcium Metabolism

Review of calcium homeostasis; causes of hypercalcemia; diagnosis and treatment

8:30 am - 9:30 am - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Infectious Diseases

Gastrointestinal Infections & Clostridioides Difficile

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridioides difficile colitis and related updates from the ID and infection control literature

10:40 am - 11:40 am - Pain

Non-pharmacologic Pain Management Options

Procedures; Pain clinics; Nerve blocks; Shots; Epidural options; Non-interventional approaches such as CBT (cognitive behavioral therapy) and exercise for pain; Urine drug testing for primary care providers

11:40 am - 12:40 pm - Pain

Update on Cannabis as Medicine for Primary Care

Cannabis mechanism of action; Clinical effects on pain; Addiction, withdrawal and dependency; Adverse effects

12:40 pm

Session Adjourns



Sunday, May 17, 2026

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Endocrinology

Endocrinology Cases: Calcium Disorders and Osteoporosis

Challenging case presentations in calcium disorders

8:30 am - 9:30 am - Endocrinology

Thyroid Nodules and Cancer

Diagnosis and treatment

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- List common causative pathogens for various respiratory tract infections
- Diagnose and manage genitourinary infections
- Evaluate the severity of diarrhea and evaluate the need for treatment
- Design non-opioid pain management strategies
- Design opioid pain management strategies
- Describe both interventional and nonpharmacologic pain management strategies and the appropriateness of each for patients
- Discuss current evidence regarding the use of cannabis for pain management
- Discuss current diagnostic criteria and treatment approaches to disorders of calcium metabolism
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Describe the diagnostic evaluation of thyroid nodules with a focus on the utilization of ultrasound and cytology
- Utilize case-based learning to develop treatment plans for calcium disorders

Disclosure of Relevant Financial Relationships

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Endo/ID/Pain and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 5/15/2026 to 5/17/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-26-054-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.