



CARDIOLOGY & PULMONOLOGY FOR PRIMARY CARE

Disneyland® Resort, CA - Disney's Grand Californian Hotel® & Spa
March 20 - 22, 2026

Participating Faculty

Stella Ogake, MD

Eugene E. Wolfel, MD



Stella Ogake, MD

Assistant Professor of Medicine
Pulmonary and Critical Care
The Ohio State University

Dr. Stella Ogake is a board-certified pulmonologist and critical care physician, as well as a dedicated medical educator. She is an Assistant Professor of Medicine at The Ohio State University and serves as an Associate Program Director of the Pulmonary and Critical Care Medicine Fellowship Program.

Dr. Ogake is actively involved in clinical care, teaching, and curriculum development, with particular focus areas in lung cancer screening, lung nodule management and procedural training for fellows. She regularly speaks at national conferences and is known for delivering practical, engaging, and evidence-based presentations that support high-quality patient care.



Eugene E. Wolfel, MD

Emeritus Professor of Medicine
Division of Cardiology - Department of Medicine
University of Colorado School of Medicine
Anschutz Medical Campus
Aurora, Colorado

Dr. Wolfel received his undergraduate degree (BS) from Villanova University, his M.A. degree from Bryn Mawr College, and his MD degree from Jefferson Medical College (now Sidney Kimmel College of Medicine) in Philadelphia. He completed his residency in Internal Medicine at the Ohio State University Hospital where he also spent an additional year as a combined Cardiology/Pulmonary fellow. He then completed a four-year clinical and research fellowship in the Division of Cardiology at the University of Colorado.

Dr. Wolfel is an Emeritus Professor of Medicine at the University of Colorado School of Medicine. He was a member of the Advanced Heart Failure and Transplant Cardiology Section in the Division of Cardiology for 32.5 years. He was the former Director of the Cardiology Fellowship Program, the interim head of the Division of Cardiology and the medical director of both the Cardiac Rehabilitation Program and the Cardiology Stress Laboratory at the University of Colorado Hospital.

Dr. Wolfel is a fellow of the American Heart Association and the Heart Failure Society of America. He is also a long-standing member of the International Society of Heart and Lung Transplantation. His research endeavors included the physiology and medical aspects of heart failure, heart transplantation, exercise, and high-altitude adaptation.

Dr. Wolfel has been a member of the faculty at Medical Education Resources since 2006.

Friday, March 20, 2026

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - Eugene E. Wolfel, MD

Work-up of Patients with Suspected CAD

Risk factor evaluation and risk assessment models; Test selection including ECG, echo, nuclear and newer imaging modalities (including discussion of appropriate use criteria--AUC); The usefulness of CT scanning; The role of bio markers and EBCT; Suspected CAD in special populations (women, diabetics, the elderly)

8:30 am - 9:30 am - Eugene E. Wolfel, MD

Acute Coronary Syndromes: The Patient with Acute Chest Pain

Diagnosis and initial evaluation in the primary care setting, urgent care clinic and emergency department; Initial workup, treatment, and follow-up; Diagnosing and treating ST segment elevation and non-ST segment elevation MIs; The role of drug therapy--primary vs adjunctive to PCI; Follow up after acute coronary syndromome

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Eugene E. Wolfel, MD

Arrhythmias

Types and symptoms of arrhythmias; Approach to the patient: when to treat, when to refer, when to admit; Evaluation of the patient with palpitations; Atrial fibrillation: the use of anticoagulants indications, CVA risk scores, warfarin vs newer oral anticoagulants, controlling heart rate vs rhythm; Ventricular and other arrhythmias: when are they serious

10:40 am - 11:40 am - Stella Ogake, MD

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

11:40 am - 12:40 pm - Stella Ogake, MD

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost- effective use of antibiotics; clinical significance of drug resistance; guidelines for management

12:40 pm

Session Adjourns



Saturday, March 21, 2026

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Stella Ogake, MD

COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

8:30 am - 9:30 am - Stella Ogake, MD

Lung Cancer Screening & Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Eugene E. Wolfel, MD

Cardiology Cases

Challenging case presentations in cardiology

10:40 am - 11:40 am - Eugene E. Wolfel, MD

Hypertension

The 2017 AHA/ACC Hypertension Guidelines; The 2024 ESC Guidelines for hypertension; Approaches to treatment thresholds and goals; Choices for initial and combination therapy; Resistant hypertension; Treating special populations: diabetics, the elderly, patients with renal failure

11:40 am - 12:40 pm - Eugene E. Wolfel, MD

Heart Failure

Etiologies and stages of heart failure; ACC/AHA Heart Failure Guidelines; Heart failure with reduced EF (HFrEF) and heart failure with preserved EF (HFpEF); Determining patients for referral using biomarkers, eg NT Pro BNP; Treatment options: ACE inhibitors, ARBs, ARNI, beta blockers, mineralocorticoid receptor antagonists, SGLT2i; The role of devices in treatment and antiplatelet drugs; Issues related to the hospitalized patient with acute decompensated heart failure and readmissions

12:40 pm

Session Adjourns



Sunday, March 22, 2026

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Eugene E. Wolfel, MD

Primary & Secondary Prevention of CAD

Definitions; AHA/ACC and other lipid guidelines updates; HDL Cholesterol: The good cholesterol?; Metabolic syndrome and/or obesity; Who needs treatment and how much; The role of lifestyle changes, exercise and cardiac rehabilitation; Drug therapy updates; Risk calculation

8:30 am - 9:30 am - Eugene E. Wolfel, MD

Cardiology Cases

Challenging case presentations in cardiology

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Describe the work-up, risk assessment and test selection of patients with suspected CAD
- Describe current diagnostic approaches and the role of drug therapy to the patient with acute chest pain
- Describe current diagnostic and treatment approaches to arrhythmias and atrial fibrillation
- Utilize case-based learning to develop treatment plans for cardiovascular conditions
- Diagnose and manage patients with asthma
- Design treatment strategies reflective of current evidence-based medicine for common respiratory infections
- Describe the current therapeutic management of COPD
- Discuss diagnosis and screening strategies as well as treatment plans for lung nodules and lung cancer
- Explain current concepts in the diagnosis and treatment of hypertension
- Implement treatment strategies reflective of recent guidelines and current evidence based medicine for heart failure
- Implement lifestyle changes as well as lipid and cholesterol guidelines for the prevention of CAD
- Utilize case-based learning to develop treatment plans for cardiovascular conditions



Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Cardiology & Pulmonology for Primary Care and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 3/20/2026 to 3/22/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

Members of the College of Family Physicians of Canada are eligible to receive Mainpro+ Certified, Certified Assessment, or Non-Certified credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.75 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-025-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.