INTERNAL MEDICINE FOR PRIMARY CARE: GASTROENTEROLOGY/MEN'S UROLOGY/ PSYCHIATRY

Colorado Springs, CO - The Broadmoor
June 19 - 21, 2026

Friday, June 19, 2026

7:00 am

Check-In
Conference will be held in the Rocky Mountain Ballroom

7:30 am - 8:30 am - **Gastroenterology**
Hepatitis B and C Viruses: Review for Primary Care Clinicians
Hepatitis C virus: Review of background, screening recommendations, and treatment by the primary care provider; Hepatitis B virus: Review of HBV screening, interpretation of testing, vaccinations guidelines and impact, and indications for treatment including for special populations

8:30 am - 9:30 am - **Gastroenterology**
Abnormal Liver "Function" Tests and Drug Induced Liver Injury (DILI)
Elevation of elevated LFT's are a common problem, but how should we interpret them? How much testing is necessary and when to refer? Review of indications for referral and liver biopsy; Drug-induced liver injury (DILI) will be reviewed including resources to help evaluate

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Gastroenterology**
Non-alcoholic Fatty Liver Disease: A New Name and Common Problem
Review of new nomenclature and definitions of non-alcoholic fatty liver disease (MASLD); Discussion of screening, available diagnostic testing, indications for liver biopsy, and risks associated with the disease; Discussion of newly available and future treatments for MASLD/MASH

10:40 am - 11:40 am - **Men's Urology**
Androgen Replacement and Sexual Function
Treatment algorithm and safety profiles for the treatment of erectile dysfunction; testosterone supplementation for the treatment of ED or hypogonadism

11:40 am - 12:40 pm - **Men's Urology**
Sexually Transmitted Infections in Men
Presenting symptoms, lesions, latencies, diagnostic work-ups and therapies of the common sexually transmitted diseases

12:40 pm

Session Adjourns

Saturday, June 20, 2026

7:00 am

Arrival
Conference will be held in the Rocky Mountain Ballroom

7:30 am - 8:30 am - **Men's Urology**
Benign Male Genitourinary Conditions
Appropriate primary medical management of lower urinary tract symptoms (LUTS) (also known as BPH) as well as identification of patients with complex or refractory cases that warrant referral; diagnosis and treatment of epididymitis, testicular pain, prostatitis and other benign findings

8:30 am - 9:30 am - **Men's Urology**
Male Malignancies (Prostate & Testicular)
Biology and treatment options using current medical technology of prostate cancer; evaluation and treatment of testicular cancer and long-term ramifications after cure

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Gastroenterology**
Cirrhosis and Indications for Liver Transplantation
Overall review of several of the potentially lethal complications of portal hypertension and end-stage liver disease including varices, hepatic encephalopathy and ascites; Review of the role of liver transplantation, including indications for referral to a transplant center and contraindications to transplant; Review of the transplant selection process, including for patients with alcoholic cirrhosis

10:40 am - 11:40 am - **Psychiatry**
The Complexity of Adult ADHD
ADHD in adults with an emphasis on symptom identification; Co-occurring conditions; Psychiatric and medical differential diagnosis; evidence-based and FDA approved pharmacological treatments

11:40 am - 12:40 pm - **Psychiatry**
Bipolar Spectrum Disorders
Bipolar spectrum disorders in adults as compared to youth; Comprehensive history-taking; Differential diagnosis; Co-occurring psychiatric and medical conditions; Phase specific treatment considerations and interventions

12:40 pm

Session Adjourns

Sunday, June 21, 2026

7:00 am

Arrival

Conference will move to the Main Ballroom

7:30 am - 8:30 am - **Psychiatry**

Substance Use Disorders

Substance abuse history-taking to encourage patient honesty; Accurate diagnosis; Use of screening tools; Brief intervention; Recovery and treatment options; Motivational interviewing; Family symptoms and codependency

8:30 am - 9:30 am - **Psychiatry**

Depressive Disorders

History taking, diagnosis and treatment of depression across the lifespan; pharmacologic and non-pharmacologic treatment options; rational polypharmacy

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- List current treatment recommendations for HBV and HCV
- Describe needed testing for elevated liver function tests
- Recognize when to refer a patient for liver biopsy
- List indications for referral to liver transplant
- Discuss medical management of male sexual health
- Evaluate and manage sexually-transmitted infections in men
- Differentiate between benign prostate conditions and prostate cancers
- Discuss the biology and screening, and treatment options of prostate and testicular cancer
- Compare the benefits and side effect profiles of pharmacologic treatment options for ADHD
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Describe strategies for identifying and treating substance use disorders
- Recommend appropriate pharmacologic and non-pharmacologic treatment for depression

Disclosure of Relevant Financial Relationships

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

ABIM CME MOC ACCREDITED

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Gastro/Men's Uro/Psych and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 6/19/2026 to 6/21/2026. Physicians should claim only the credit commensurate with the extent of the their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation
American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5.75 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation
American Academy of Physician Associates (AAPA)

Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation
Accreditation Council for Pharmacy Education (ACPE)

Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-26-131-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.