



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

WWW.MER.ORG

**PEDIATRIC & ADOLESCENT MEDICINE FOR
PRIMARY CARE: DERMATOLOGY/ENT/SPORTS
MEDICINE**

**Phoenix, AZ - JW Marriott Phoenix Desert Ridge Resort & Spa
April 9 - 11, 2027**

Friday, April 9, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - Dermatology

Bacterial Infections of the Skin

Discussion of clinical presentation, diagnosis, and management of selected bacterial infections of the skin; Gram positive, Gram negative, and Spirochete infections

8:30 am - 9:30 am - Dermatology

Viral Infections of the Skin

Proper diagnosis and differences in viral skin presentation; Herpes simplex, varicella-zoster, viral exanthems; Molluscum and warts; Treating lasting post-herpetic neuralgia; Symptom management and referral to dermatology

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Dermatology

Fungal Infections of the Skin

Discussion of the clinical findings, diagnosis and treatment of common superficial fungal and yeast infections of the skin, hair and nails, along with select cutaneous deep fungal infections

10:40 am - 11:40 am - ENT

Identifying Pathology in the Ear by Otoscopy

Examination of the Tympanic membrane requires understanding of the normal anatomy, common pathologic findings, and recognition of serious conditions requiring referral to a surgeon. A rapid and thorough method for performing this exam and discussion of the worrisome conditions is discussed with many examples allowing every participant to feel confident in identifying these pathologic conditions.

11:40 am - 12:40 pm - ENT

Non-Allergic Rhinitis, Allergic Rhinitis, Sinusitis, and Nasal Polyps

This presentation will discuss the pathogenesis of non-allergic and allergic rhinitis; review the causes and differential diagnoses of rhinitis; and discuss the treatment of non-allergic and allergic rhinitis including sinusitis and nasal polyps.

12:40 pm

Session Adjourns

Saturday, April 10, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - ENT

Tonsillitis: When is Tonsilectomy Indicated?

A general review will be given of the different forms of tonsillitis (chronic vs. acute), modes of anti-microbial therapy based on common pathogens, with emphasis on the different disease mechanisms that form the indications for tonsillectomy (obstruction, abscess, chronic and recurrent infections, etc.).

8:30 am - 9:30 am - ENT

ENT Cases

Challenging case presentations of the ear, nose, and throat.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Dermatology

Dermatology Cases

Challenging case presentations in dermatology

10:40 am - 11:40 am - Sports Med

Recognition and Treatment of Common Injuries to the Lower Leg, Ankle and Foot

This case-based presentation will address a series of common acute and chronic injuries and pain syndromes to the lower leg, foot and ankle as they would present in the primary care setting. The focus will be on developing a working differential diagnosis based on the historical mechanism of injury and exam findings. The session will conclude with a hands-on examination skills workshop.

11:40 am - 12:40 pm - Sports Med

Shoulder Problems in Weekend Warriors

The common area of rotator cuff disorders, shoulder instability and acute injuries. Anatomy, physical examination, exercise prescription and injection techniques will all be mastered by the learner

12:40 pm

Session Adjourns



Sunday, April 11, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Sports Med

Exercise Prescriptions for Primary Care Practitioners

Discussion of the health risks of obesity and a sedentary lifestyle; Up-to-date evidence for the health benefits of weight management and the risks and benefits of exercise; Exercise-related terminology used in the science of exercise physiology; Tools to confidently risk stratify the patient wishing to begin an exercise program; Basic components on an individual exercise prescription; Tips for becoming more proactive in prescribing exercise to their patients

8:30 am - 9:30 am - Sports Med

Sports Medicine Cases

Challenging case presentations in sports medicine

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Perform a differential diagnosis of common bacterial skin infections and recommend appropriate treatment
- Discriminate between various viral skin infections and treatment strategies
- Compare the different treatment options for fungal skin infections and nail infections
- Utilize case-based learning to develop treatment plans for dermatologic conditions
- Identify and describe treatment options for disorders of the ear canal and tympanic membrane
- Describe how to efficiently and cost effectively manage patients with rhinitis and nasal polyps
- List treatment options for tonsillitis
- Utilize case-based learning to develop treatment plans for conditions of the ears, nose, and throat
- Differentiate between common injuries to the lower leg, ankle, and foot using history and physical exam findings
- Recommend appropriate exercise prescriptions for common shoulder injuries
- Identify appropriate exercise prescriptions for a variety of sports injuries
- Utilize case-based learning to develop treatment plans for patients with sports injuries



Disclosure of Relevant Financial Relationships

Medical Education Resources ensures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. All relevant financial relationships have been mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis, MER is committed to providing learners with high-quality CE activities that promote improvements or quality in healthcare, and not the business interests of an ineligible company.

Disclaimer

The content, views and opinions presented in this educational activity are those of the authors and do not necessarily reflect those of Medical Education Resources. The authors have disclosed if there is any discussion of published and/or investigational uses of agents that are not indicated by the FDA in their presentations. Before prescribing any medicine, primary references and full prescribing information should be consulted. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities. The information presented in this activity is not meant to serve as a guideline for patient management.

Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Pediatric & Adolescent Medicine for Primary Care: Derm/ENT/Sports Med and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 4/9/2027 to 4/11/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 4.75 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.