



PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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INTERNAL MEDICINE FOR PRIMARY CARE: ALLERGY & IMMUNOLOGY/INFECTIOUS DISEASES/ PSYCHIATRY

**Breckenridge, CO - Hotel Alpenrock
January 29 - 31, 2027**

Friday, January 29, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - Infectious Diseases

Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

8:30 am - 9:30 am - Infectious Diseases

Respiratory Tract Infections

A case-based interactive discussion highlighting critical points regarding the diagnosis and management of pneumonia and bronchitis – with a focus on the impact of multidrug resistant pathogens

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Infectious Diseases

Antimicrobial Stewardship and Multidrug Resistance

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

10:40 am - 11:40 am - Psychiatry

Bipolar Spectrum Disorders

Bipolar spectrum disorders in adults as compared to youth; Comprehensive history-taking; Differential diagnosis; Co-occurring psychiatric and medical conditions; Phase specific treatment considerations and interventions

11:40 am - 12:40 pm - Psychiatry

Substance Use Disorders

Substance abuse history-taking to encourage patient honesty; Accurate diagnosis; Use of screening tools; Brief intervention; Recovery and treatment options; Motivational interviewing; Family symptoms and codependency

12:40 pm

Session Adjourns

Saturday, January 30, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Psychiatry

Depression and Suicide

Assessment of depressive symptoms in adults; Assessment and mitigation of suicide risk; Treatment of depression

8:30 am - 9:30 am - Psychiatry

Anxiety Disorders

The nature of anxiety; Generalized anxiety disorder, panic disorder, social anxiety disorder and post-traumatic stress disorder; etiology and diagnosis; Co-occurring conditions; Treatment options for these disabling conditions

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Infectious Diseases

Infectious Diseases in the Special Host

Case-based interactive discussion involving important infectious disease syndromes in three special hosts: the diabetic patient, the HIV/AIDS patient and the pregnant woman

10:40 am - 11:40 am - Allergy & Immuno

Asthma, Allergic Rhinitis, and Sinusitis for Primary Care

Lecture focused on gaining a working knowledge of how to efficiently and cost effectively manage patients with asthma, rhinitis, and sinusitis

11:40 am - 12:40 pm - Allergy & Immuno

Food Allergies and Hymenoptera Allergies

Primary care focused discussion of food and venom allergies including gaining a working knowledge of how to efficiently and cost effectively manage patients with hymenoptera hypersensitivity

12:40 pm

Session Adjourns

Sunday, January 31, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Allergy & Immuno

Urticaria, Angioedema, Eczema and Contact Dermatitis

Lecture focused on gaining a working knowledge of how to efficiently and cost effectively manage patients with various atopic skin conditions

8:30 am - 9:30 am - Allergy & Immuno

Burnout and Clinician Wellness

Describe the signs and symptoms of burnout in healthcare; Articulate the causes of the epidemic of burnout; Describe strategies for rediscovering the joy in the practice of medicine

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- Utilize case-based learning to develop treatment plans for various respiratory tract infections
- List goals of an antimicrobial stewardship program and strategies for antimicrobial treatment
- Describe evaluation strategies for infections in immunocompromised hosts
- Discuss mood stabilizing psychosocial and pharmacologic treatments of bipolar disorder as well as frequent co-morbid psychiatric disorders
- Describe strategies for identifying and treating substance use disorders
- Describe symptoms that move depression to plans for suicide
- Review current evidence for the treatment of anxiety disorders
- Describe how to efficiently and cost effectively manage patients with asthma, rhinitis, and sinusitis
- Outline the management of anaphylactic reactions and indications for immunotherapy
- Discuss epidemiology, risk factors, and causes of atopic dermatitis
- Describe strategies for rediscovering the joy in the practice of medicine

Disclosure of Relevant Financial Relationships

Medical Education Resources ensures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. All relevant financial relationships have been mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in healthcare, and not the business interests of an ineligible company.

Disclaimer

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Allergy & Immuno/ID/Psych and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 1/29/2027 to 1/31/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 6 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

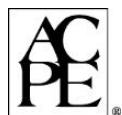
American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.