



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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PEDIATRIC & ADOLESCENT MEDICINE FOR PRIMARY CARE: EMERGENCY MEDICINE/ ENDOCRINOLOGY/GASTROENTEROLOGY

**Asheville, NC - The Omni Grove Park Inn
May 21 - 23, 2027**

Friday, May 21, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - Gastroenterology

Chronic Abdominal Pain in Children

Physiology and differential diagnosis of chronic abdominal pain in children; testing (laboratory, radiographic, endoscopic) techniques available for the treatment of chronic abdominal pain in children; treatment options for chronic abdominal pain, including treatment for recurrent abdominal pain of childhood and irritable bowel syndrome

8:30 am - 9:30 am - Gastroenterology

Gastroesophageal Reflux in Children

The Physiology of pediatric gastroesophageal reflux (GER) and how to differentiate GER from gastroesophageal reflux disease (GERD); testing techniques to diagnose pediatric GER; treatment options for pediatric GER and pediatric GERD

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Constipation in Children

The pathophysiology and differential diagnosis of pediatric constipation; testing techniques used to diagnose complications associated with pediatric constipation; treatment options

10:40 am - 11:40 am - Endocrinology

Metabolic Syndrome in Children

With the increased incidence of obesity in the US, children and adolescents are now at increased risk for the development of metabolic syndrome and frank type 2 diabetes. What used to be considered an adult condition is now unfortunately becoming more prevalent in younger age categories. The purpose of this talk is to define metabolic syndrome, identify screening methodology, and discuss potential treatment strategies.

11:40 am - 12:40 pm - Endocrinology

Type 1 Diabetes

T1DM has an overall incidence of 1:300 in the US. While it primarily affects young children, it is an autoimmune disease that can affect young adults as well. The purpose of this talk is to define type 1 diabetes, describe the pathophysiology of diabetic ketoacidosis, and discuss the various insulin regimens available.

12:40 pm

Session Adjourns

Saturday, May 22, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Endocrinology

Pediatric Thyroid Disorders

The purpose of this talk is to gain an understanding of the physiology of thyroid hormone. Specific conditions include congenital hypothyroidism, acquired hypothyroidism, hyperthyroidism, as well as distinguishing between central and primary hypothyroidism. Finally, session will cover how to interpret thyroid lab values and determine whether they represent true or a pseudo-disease state.

8:30 am - 9:30 am - Endocrinology

Short Stature and Poor Growth: A Primary Care Perspective

Growth in pediatrics is a key indicator of general health, and early identification of abnormal growth patterns is critical. Growth disorders can have both non-endocrine and endocrine etiologies. The purpose of this talk is to define abnormal growth patterns, discuss the differential diagnosis and initial evaluation from the PCP perspective, and then focus on the common endocrine disorders leading to poor growth.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Pediatric Gastrointestinal Foreign Body Ingestion

Complications of various gastrointestinal (GI) foreign bodies in children; testing techniques to diagnose GI foreign bodies in children; treatment options (observational versus removal)

10:40 am - 11:40 am - Emergency Med

Pediatric Emergencies in Primary Care

Parents frequently bring their children with various complaints. This presentation will review the approach to children with fever, seizure, vomiting and diarrhea or trouble breathing. What can be cared for in the clinic and what needs to go to an ER will be presented.

11:40 am - 12:40 pm - Emergency Med

Overdoses and Intoxications in Pediatric Medicine

Overdoses and intoxications that are increasing in the pediatric population; Common signs and symptoms of overdose to both guide treatment as well as therapy; Toddlers who ingest common household items to the teenager who intentionally overdoses, epidemiology regarding most common agents at each age; Tools to best manage these patients.

12:40 pm

Session Adjourns

Sunday, May 23, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Emergency Med

Special Considerations in Pediatric Airways

Airway management in children; Basic airway skills; Clear concepts and strategies to maintain oxygenation and ventilation in children; Understanding the differences between pediatric and adult airways; Early assessment and understanding of pediatric airway disease as well as presentation to help guide therapy modalities

8:30 am - 9:30 am - Emergency Med

The First Hour: Preparation for Pediatric Critical Care Transport

Mobile pediatric/neonatal intensive care units that can be brought directly to the referring hospital; Preparation and stabilization in the prehospital setting; Improving overall patient outcomes.

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Discuss symptoms and treatment of chronic abdominal pain and gastroesophageal reflux in children
- Compare and contrast the clinical presentations of GER vs GERD in pediatric patients
- Present a practical approach for management of constipation
- Review the epidemiology of foreign body ingestions in children
- Identify an approach to the evaluation of the obese child
- Discuss symptoms and treatment options for metabolic syndrome and type 1 diabetes in adolescents
- Interpret thyroid lab values and their relationship to true or pseudo-disease state
- Identify indications for growth hormone therapy
- Review the approach to children with fever, seizure, or vomiting and diarrhea
- Describe treatment options for common pediatric intoxications
- Identify the differences between pediatric and adult airways
- Prepare a pediatric patient for critical care transport

Disclosure of Relevant Financial Relationships

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Pediatric & Adolescent Medicine for Primary Care: Emergency/Endo/Gastro and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 5/21/2027 to 5/23/2027. Physicians should claim only the credit commensurate with the extent of the their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 3.5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

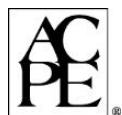
American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.