INTERNAL MEDICINE FOR PRIMARY CARE: INFECTIOUS DISEASES/ORTHOPEDICS/ PULMONOLOGY

Glacier National Park, MT - Grouse Mountain Lodge
June 11 - 13, 2027

Friday, June 11, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - **Pulmonology**

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

8:30 am - 9:30 am - **Pulmonology**

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost- effective use of antibiotics; clinical significance of drug resistance; guidelines for management

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Pulmonology**

COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

10:40 am - 11:40 am - **Infectious Diseases**

Skin & Soft Tissue Infections

Presentation on important skin and soft-tissue infections and their prompt recognition, emphasizing evaluation and management strategies

11:40 am - 12:40 pm - **Infectious Diseases**

Gastrointestinal Infections & Clostridiodes Difficile

Presentation on important enteric pathogens and their recognition, diagnosis and management; special emphasis on clostridiodes difficile colitis and related updates from the ID and infection control literature

12:40 pm

Session Adjourns

Saturday, June 12, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - **Infectious Diseases**

Genitourinary Infections

Presentation on a relevant and clinically practical approach to the patient with genitourinary complaints focusing on the latest guidelines for the range of urinary tract infections and highlights of selected and important sexually-transmitted disease syndromes.

8:30 am - 9:30 am - **Infectious Diseases**

Antimicrobial Stewardship and Multidrug Resistance

Definition of an antimicrobial stewardship program (ASP); Concepts of the antimicrobial stewardship program; Four goals of antimicrobial stewardship; Most recent additions to the antimicrobial armamentarium

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - **Pulmonology**

Lung Cancer Screening & Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

10:40 am - 11:40 am - **Orthopedics**

The Shoulder: Anatomy, Common Injuries, and Exam Techniques

Discussion of the anatomy and function of the shoulder joint; Discussion of the clinical approaches to treating rotator cuff syndrome, shoulder impingement, frozen shoulder, subacromial bursitis, bicipital tendonitis, and A-C joint disease; The basics and common pitfalls of orthopedic x-ray interpretation; Discussion of how and when to utilize joint aspiration and injection for the shoulder joint

11:40 am - 12:40 pm - **Orthopedics**

The Shoulder (Continued)

Anatomy, common injuries, and exam techniques

12:40 pm

Session Adjourns

Sunday, June 13, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - **Orthopedics**

The Knee: Anatomy, Common Injuries, and Exam Techniques

Discussion of the anatomy and function of the knee joint; Discussion of clinical approaches to treating ACL injuries, meniscus, common sports injuries, osteoarthritis, knee bursitis, prepatellar and pes anserine bursitis, and Baker's cyst; The basics and common pitfalls of orthopedic x-ray interpretation; How and when to utilize joint aspiration and injection for the knee joint

8:30 am - 9:30 am - **Orthopedics**

Wrist, Hand, and Fingers

Discussion of the anatomy and function of the wrist, hand, and finger joints; Discussion of clinical approaches to treating carpal tunnel, CMC arthritis of the thumb, ganglion cyst, trigger finger, de Quervains disease; The basics and common pitfalls of orthopedic x-ray interpretation; How and when to utilize joint aspiration and injection for the wrist, hand and finger joints

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Diagnose and manage patients with asthma
- Design treatment strategies reflective of current evidence-based medicine for common respiratory infections
- Describe the current therapeutic management of COPD
- Discuss diagnosis and screening strategies as well as treatment plans for lung nodules and lung cancer
- Review epidemiology and microbiology of skin and soft tissue infections (SSTI)
- Evaluate the severity of diarrhea and evaluate the need for treatment
- Diagnose and manage genitourinary infections
- List goals of an antimicrobial stewardship program and strategies for antimicrobial treatment
- Diagnose and treat shoulder injuries
- Diagnose and treat shoulder injuries
- Describe the anatomy and function of the knee joint
- Diagnose and treat wrist, hand, and finger injuries

Disclosure of Relevant Financial Relationships

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Disclaimer

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education

JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)

ABIM CME MOC ACCREDITED

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: ID/Ortho/Pulm and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 6/11/2027 to 6/13/2027. Physicians should claim only the credit commensurate with the extent of the their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation
American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation
American Academy of Physician Associates (AAPA)

Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation
Accreditation Council for Pharmacy Education (ACPE)

Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.