

INTERNAL MEDICINE FOR PRIMARY CARE: DERMATOLOGY/GASTROENTEROLOGY/ ORTHOPEDICS

**Laguna Beach, CA - The Ritz-Carlton, Laguna Niguel
September 17 - 19, 2027**

Friday, September 17, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - Gastroenterology

Management of Lower GI Bleeding- From Occult to Massive

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

8:30 am - 9:30 am - Gastroenterology

Colorectal Cancer Screening and Surveillance

Reviews the most recent recommendations for CRC screening in the general population at average risk for CRC.

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Celiac Disease and Chronic Diarrhea

Millions of Americans are now on a gluten free diet. Only some of them actually have Celiac disease. We will review the workup of diarrhea and malabsorption with a focus on celiac disease; We will discuss how to diagnose celiac disease when a patient is already on a gluten free diet and an appropriate differential diagnosis

10:40 am - 11:40 am - Orthopedics

The Knee: Anatomy, Common Injuries, and Exam Techniques

Discussion of the anatomy and function of the knee joint; Discussion of clinical approaches to treating ACL injuries, meniscus, common sports injuries, osteoarthritis, knee bursitis, prepatellar and pes anserine bursitis, and Baker's cyst; The basics and common pitfalls of orthopedic x-ray interpretation; How and when to utilize joint aspiration and injection for the knee joint

11:40 am - 12:40 pm - Orthopedics

Ankle and Foot

This presentation will address a series of common acute and chronic injuries and pain syndromes to the foot and ankle as they would present in the primary care setting. The focus will be on developing a working differential diagnosis based on the historical mechanism of injury and exam findings.

12:40 pm

Session Adjourns

Saturday, September 18, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Orthopedics

The Shoulder: Anatomy, Common Injuries, and Exam Techniques

Discussion of the anatomy and function of the shoulder joint; Discussion of the clinical approaches to treating rotator cuff syndrome, shoulder impingement, frozen shoulder, subacromial bursitis, bicipital tendonitis, and A-C joint disease; The basics and common pitfalls of orthopedic x-ray interpretation; Discussion of how and when to utilize joint aspiration and injection for the shoulder joint

8:30 am - 9:30 am - Orthopedics

Wrist, Hand, and Fingers

Discussion of the anatomy and function of the wrist, hand, and finger joints; Discussion of clinical approaches to treating carpal tunnel, CMC arthritis of the thumb, ganglion cyst, trigger finger, de Quervains disease; The basics and common pitfalls of orthopedic x-ray interpretation; How and when to utilize joint aspiration and injection for the wrist, hand and finger joints

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Gastroenterology

Fatty Liver Disease

Definitions; epidemiology and natural history; diagnostic tests; when to refer for liver biopsy; treatments and interventions; and, prognosis and risk for cirrhosis, hepatocellular cancer, and need for liver transplantation

10:40 am - 11:40 am - Dermatology

Dermatitis

Discussion of the common subtypes of dermatitis; Recognition, diagnosis, and management considerations; Topics covered include atopic, contact, and seborrheic dermatitis, among others

11:40 am - 12:40 pm - Dermatology

Papulosquamous Diseases

Diagnostic principles of skin lesions consisting of red or purple papules; Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; Discussion of how to tell one scaly rash from another

12:40 pm

Session Adjourns

Sunday, September 19, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Dermatology

Acne and Acneiform Eruptions

Discussion of acne, rosacea, and select follicular disorders; Determination of treatment therapies based on acne grading scale; Diagnosis and treatment approaches; Topical and systemic therapy

8:30 am - 9:30 am - Dermatology

Skin Manifestations of Systemic Disease

Skin will often reflect signs of systemic diseases, be useful for diagnosis, or suffer from a complication of disease or its treatment; Diagnosis of rheumatologic, endocrine, gastrointestinal, and psychologic conditions based on cutaneous findings

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- List current treatment recommendations for the management of lower GI bleeding
- Discuss the guidelines for colonoscopic colorectal cancer screening and surveillance
- Recommend appropriate testing for the workup of celiac disease
- Recognize when to refer a patient for liver biopsy
- Describe the anatomy and function of the knee joint
- Recognize chronic injuries and pain syndromes to the foot and ankle
- Diagnose and treat shoulder injuries
- Diagnose and treat wrist, hand, and finger injuries
- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Describe the step-wise approach for the diagnosis and treatment of acne and acneiform eruptions
- Identify cutaneous findings that serve as surrogates of internal diseases

Disclosure of Relevant Financial Relationships

Medical Education Resources ensures balance, independence, objectivity, and scientific rigor in all our educational activities. In accordance with this policy, MER identifies financial relationships with its instructors, content managers, and other individuals who are in a position to control the content of an activity. All relevant financial relationships have been mitigated by MER to ensure that all scientific research referred to, reported, or used in a CE activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing learners with high-quality CE activities that promote improvements or quality in healthcare, and not the business interests of an ineligible company.

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 12 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Derm/Gastro/Ortho and deemed it acceptable for up to 12.00 Live AAFP Prescribed credit(s). Term of approval is from 9/17/2027 to 9/19/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to

the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 12 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 5 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

Physician Associates Credit Designation

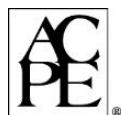
American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 12 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.